

## 20 Polishing Exercises

1. Face off chorus in 3 groups -- 2 lines each; sing to each other. Give face, heart, and soul
2. Link arms on uptune for solid sound
3. Dynamics -- think extremes -- 1 or 10 on uptune
4. Restate with every breath
5. Use a difficult passage in a song as part of the warm-up routine
6. All use hands to direct lifts on sustained notes
7. All vowels in the tall "ah" space
8. Talk the songs for faces
9. What makes choppy? Not choreography ...you forget to sing right
10. Look at the director
11. Bring rows down for choreography check-off
12. Raise your "average" performance level. Never sing at a lower level
13. "Talk" to the audience during your entire performance
14. Move constantly while singing – inflate the arms – use your knees
15. Sing in circles ... get creative!
16. Work only the beginning and ending of each song in your repertoire. Practice taking the pitches in quick series using various orders of songs. Tag out each song finding the portion of the music that begins the end of each song.
17. Clap the notes instead of singing them – helps chorus members understand the duration of the rhythms
18. Pretend you are singing to a deaf audience; to a blind audience.
19. Cut the volume in half and then in half again until it is as soft as you want.
20. Have the chorus shift sides on the risers occasionally to develop versatility.