

real women.
real harmony.
real fun. 

InTune

North by Northwest Region 13  Sweet Adelines International

REGION 13 CONVENTION INFORMATION



Region 13's 62nd convention will be held Thursday through Saturday, **April 4-6, 2019**, in Spokane, WA. Please check our website for information at www.r13convention.org. As the details of our weekend unfold, we are adding new information almost daily, so check back often.

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2019 ARRANGERS' WORKSHOP AT HCNW

A Preconference to Harmony College Northwest
June 13 & 14, 2019
University of Puget Sound Campus

"Great arrangers didn't just drop out of the sky. They developed over time. They started with a seed of appreciating chords that were luscious and saw how chords helped tell the story. They nurtured that awareness with curiosity. They learned, and learned some more, and then they tried their hand at arranging."— Carl VanHoff

You can begin or add to your own experience of these same steps at the **2019 Arrangers WorkShop** being held on Thursday and Friday, June 13 and 14, 2019, just before the **Harmony College Northwest (HCNW)** weekend begins. The **WorkShop** sessions are for both SAI and BHS members who are just getting started with arranging, as well as seasoned arrangers who want to grow and share their skills.

Nikki Blackmer and **Kevin Keller** will be joining the Faculty for the first time in 2019, along with returning Faculty **Mike Menefee**, **Chuck Roegiers**, and **Janice Wheeler**. All of the 2019 Faculty love arranging and are eager to share their enthusiasm through *classroom sessions* and *hands on guidance*, as you pursue your arranging interests.

The **Arrangers WorkShop**, co-sponsored by **NxNW Region 13** and **HCNW**, is considered a separate event, with its own registration process and fee. All the details for registering will soon be available at the **HCNW** website at www.harmonycollege.org.

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Now you can visit us on our Region 13 page, even if you're not a member of Facebook.

Simply visit us at facebook.com/Region13—no sign-up required—and catch up on all the latest goings-on in North by Northwest Region 13.

ARRANGERS' WORKSHOP CONTINUED...

The 2019 Flyer and preliminary schedule are already posted there -- just click on the [Arrangers WorkShop](#) tab. Contact Janice Wheeler at janicejfw@aol.com if you have any questions.

Submitted by Janice Wheeler

NEW REGIONAL DIRECTORY

With **Sue Middleton's** help, the REC has developed a new, online **Resource Staff Directory**. This will give everyone trying to contact North by Northwest Region 13 an easier way to identify who might be able to help them.

To get to the directory:

Go to sairegion13.org/contact. This page shows contact information for our REC, **Nancy Kurth, Debra Aungst, and Sharon Stockstad**.

You can find information for other regional leaders by going to sairegion13.org/regl-leaders (you'll need to sign in to the Members Only site). Here you are able to see the names, regional positions held, chorus affiliations, and email addresses of our Resource Staff.

The directory also includes a link to a short, one-sentence summary of each of our regional job descriptions, as well as an application for a regional position. In the paragraph below the REC photos, there are links to access an applications. To view the responsibilities of each position, click on the words [**Please click here**] under REC pictures. Check it out!

Submitted by Nancy Connell, Regional Secretary

CHAPTER AT LARGE MEMBER RECOGNITION

As we approach the countdown for contest season and face the snowy weather, our Chapter-At-Large (CAL) members need a special shout out! One of the great things I get to do as the Alternate Membership Coordinator is celebrate our members for their longevity in Sweet Adelines. The following ladies will receive their longevity awards in Spokane:

- ◆ Five Years – Karen Garrett and Stacy Lake
- ◆ Fifteen Years – Jan Simpson and Faye Vlieger
- ◆ Twenty Years – Ann Marie Rohaly
- ◆ Twenty-Five Years – Laurie O'Brien and Joani Teutsch
- ◆ Forty Years – Connie Downen
- ◆ Forty-Five Years – Betty Jo Kraus

Congratulations to all our CAL members who are celebrating a huge milestone with our wonderful organization!

Submitted by Andren Moyer, Alternate Membership Coordinator

MARK YOUR CALENDARS FOR SET

Summer Enrichment Training (SET) is scheduled for Thursday, August 15 to Sunday August 18, 2019 at Seattle Pacific University, 3307 3rd Avenue West, in Seattle, WA. Classes and housing are available on campus. Registration begins at 3:00pm on Thursday August 15, followed by a welcome reception at approximately 6:30pm. Watch for details on the Region 13 website (sairegion13.org) and at April's Region 13 competition in Spokane.

We are very pleased to announce that **Erin Howden**, Master 700 Director of North Metro Chorus, will teach classes on Friday and Saturday! Given her choreography and directing background, her classes promise to be filled with ideas and tools useful for every chorus member. You can read more about Erin on the next page.

In addition to Erin's offerings, both days include a series of breakout sessions focused on administrative leaders, front line directors, general membership, quartets, and visual leaders. While all faculty has not yet been defined, we know that Region 13 will be well-represented by **LouAnn Hommel, Janice McKenna, Patti Martin, Paula Davis, and Debra Aungst**.

PVIs and quartet coaching is available all weekend! Watch for details on reserving time for these sessions. There is also a Coaching Under Glass session scheduled for Friday afternoon that you will enjoy attending.

A Novice Quartet/VLQ Extravaganza is planned for Saturday evening, followed by the Champs Show and a social "Glimmer" after the show. It will be a wonderful opportunity to connect with your singing sisters, as well as share a song or two!

On Sunday morning, **Paula Davis** and **Nancy Kurth** will offer Leadership Workshops. Topics will include Building and Maintaining Trust: Every Leader's Responsibility, and Building a Vision That Everyone Can Support. Plan to attend to lend your ear *and* voice to building the future of Region 13.

The weekend wraps up at noon on Sunday. Mark your calendars, and plan to attend this action-packed, fun-filled weekend! See you in Seattle!

Submitted by BethAnn Bock representing the 2019 SET Planning Team:

Debra Aungst, LouAnn Hommel, Cherie Letts, Denise Thompson, BethAnn Bock, and Sue Beck

ERIN HOWDEN



Erin Howden, North Metro Chorus Director – 35 Years ago, Erin (Dale) Howden joined North Metro Chorus. In February 2016, she became the director of this award-winning chorus after her mother June Dale, Director Emeritus, suffered a debilitating fall. That year, Erin led the chorus in her first regional competition to a score of 727! Erin’s mom officially retired from competitive directing in 2017.

Over the years, Erin has developed into an outstanding choreographer and director, a coach of great distinction in the barbershop world, and a member of SAI’s International Teaching Faculty.



Erin has also developed a *Visual Leadership Program* for Sweet Adelines, running weekend workshops for chorus leaders – many of whom had travelled thousands of miles from other countries to attend.

After a celebrated 50-year history, **North Metro Chorus** shows no sign of slowing down– in fact, based on the most recent choreography Erin has been creating, it looks like they are actually speeding up!!



KITSAP PINES DIRECTOR SEARCH

Kitsap Pines Chorus is a friendly group of women who are hard-working, fun-loving, and eager to learn. We are looking for an outgoing, dynamic leader with strong musical, vocal, and performance skills to guide us along our path to success. Our goal is to “tap into our abundant potential to see how high we can soar!”

For more information, please contact Sandi Voigt at sandilouv@yahoo.com or 360- 509-6112.

Submitted by Sandi Voigt

PROTECT YOUR VOICE FROM COLD TEMPERATURES

In Through the Nose and Out Thru the Mouth

Try to breathe in only through the nose and out through the nose and mouth. This gives the air a chance to warm and moisturize before hitting your larynx and lungs. If you must talk outside, let your listener know you'll be breathing in nasally which may slow your conversation down a bit.

Wear a Scarf and Hat

Seventy to eighty percent of body heat loss happens through the neck and head. This is why it's easy to spot the singers in New York City. They're the ones wearing scarfs and hats even in mildly cool weather. They consider themselves vocal athletes and know the importance of vocal health. It's no different than other athletes wearing warming sleeves or heavy hoodies when they're on the bench. It keeps them ready to do what they do. Isn't that what you want?

Stay Hydrated

Cold air is usually very dry and requires us to hydrate more than normal. Remember the rule: Half your body weight in ounces of water daily is what's needed, i.e., 150 lbs. = 75 ounces of water... at least.

Because heated air from a furnace or even fireplace is drier air, consider using a humidifier. Any time your home's humidity is lower than thirty-five percent, it's too low for singers and very drying to the vocal tract. When your throat is dry, consider taking a long, hot shower or using a Vick's Personal Steam Inhaler. It's a great way to counter drying and even mild swelling of the vocal folds due to too much singing or speaking.

A Little Extra Help for Your Instrument

A topical moisturizer like [Entertainer's Secret Throat Spray](#) can instantly moisturize the nasal passages, sinuses, upper throat and oral cavity. This is a really good start to keeping moist. It doesn't take the place of good hydrating, but it does its job well, and it's used by thousands of singers and speakers worldwide.

A warm drink will help to warm areas around the larynx, but remember – **caffeine is a diuretic and can dry you out.** Staying with decaffeinated drinks (still some caffeine there), or better yet no-caffeine drinks is better on singing days. Something like 'Throat Coat' tea is filled with interesting flavors, and is very good for singers.

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PROTECT YOUR VOICE CONTINUED...

Acclimate Before Singing

Arrive 20–30 minutes early where you'll be singing to allow your body, larynx and lungs to 'get up to temp.' Guitar players and photographers allow their equipment to adjust to room temperature and humidity before beginning an event; your vocal instrument is even more fragile.

Warm Up Smart

Smart singers begin every day with some humming and light vocal exercises, so they are never too far from being ready to sing. When coming in out of the cold, don't just show up hoping to get your vocal mechanism in gear during the first few songs. Instead, as soon as your body begins to get comfortable, begin lightly humming throughout your range. Then move into scales and lip-trills. (*Hint: Putting some [Vocal Coach warm-up exercises](#) on your MP3 player or smart phone will always give you a predictable, familiar routine.*)

Eat Smart

If you are outside a lot in cold weather, you burn more calories just staying warm. On the other hand, if you are much less physically active in the winter months, adjust your calorie intake accordingly. The way you eat and your overall health has a lot to do with your singing health. Try and plan ahead.

When You Have to Sing Outside

Are you part of any outdoor performances, or are you doing any caroling at Christmas? There's no need to sacrifice your voice as you enjoy this special time of the year, so remember:

- Warm up yourself and your voice before going outside.
- Your throat and head need to be covered.
- A cup or thermos of non-caffeinated tea or hot cider is a great idea.

Take more frequent, smaller breaths through nose and mouth than normal. Big, gasping breaths through the mouth will tend to chill the larynx.

Submitted by Nancy Kurth

REGIONAL GOVERNANCE PILOT PROGRAM ENDS

For the last two-and-a-half years, your Regional Governance has been focused on a *Pilot Program* using a 3-person Executive Committee and three active Resource Staff positions. The pilot vote by all regions was held in early January, with a split down the middle – 12 regions voted *for* the new governance model, and 12 regions voted *against* the new governance model. (A two-thirds majority was needed to make this change.) So what does this mean for Region 13? "Everything Old is New Again."

We learned many lessons during the pilot, and we will be keeping as many of these as possible, as we return to the **Regional Management Team (RMT)**. All Resource Staff positions will remain in place, reporting to their respective Regional Coordinator, as the Regional Management Team returns to these eight positions:

• Communication Coordinator	• Finance Coordinator
• Director Coordinator	• Marketing Coordinator
• Education Coordinator	• Membership Coordinator
• Events Coordinator	• Team Coordinator

This new regional team will be introduced at Regional Convention during Thursday Night’s Kick-Off. More information will follow after the first RMT meeting on May 3 -4, 2019, as the team updates the *Region 13 Strategic Plan* and kicks off the new fiscal year with renewed energy and focus.

Submitted by Nancy Kurth, Regional Administrative Director

HARMONY COLLEGE NORTHWEST (HCNW)

SIGNATURE More information: www.harmonycollege.org **FRENZY**

HCNW is one of the premier barbershop educational events in the country, and EVG is one of only three BHS districts in the country that has this type of workshop, so spread the word and generate excitement.

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HCNW CONTINUED...

Our 2019 headliner quartets will be **Signature** (BHS), and **Frenzy** (SAI). Featured faculty includes barbershop stars like Lori Lyford, Kevin Keller, Jana Gutenson, Ryan Heller, Jan Carley, Tori Postma, Lea Beverley, Don and Amy Rose, Ron Black, Duncan Gilman, Chris Rimple, and many more!

Your experience at HCNW with the high-caliber faculty will feature: (1) classes for every type of barbershop enthusiast, (2) reconnecting with old friends and meeting new ones, (3) amazing coaching and networking, (4) a fabulous Saturday night show, (5) singing tags into the wee hours, and (6) great food! All of which is happening on the beautiful campus of the University of Puget Sound!



Over 100 classes are tailored for a wide variety of interests: chorus singers, quartetters, marketing and membership teams, arrangers, people new to barbershop singing, coaches, even techno-geeks. And there are over 30 classes designed specifically for directors and music team members.

Here's what you can do now:

- Mark the date on your calendar: JUNE 14-16, 2019
- Tell your chapter members!
 - * Encourage all your singers to attend HCNW with you
 - * Come for chorus coaching
 - * Classes for every interest
- Send your chorus director.
- Bring your quartet for coaching.

Registration will open in early March. Early bird fees are:

- \$225 - Residents (staying on campus)
- \$160 – Commuters (driving from home)

If you wait later than midnight on April 30 to register, the price goes up \$20. So sign up early!

Harmony College Northwest has an active [Facebook](#) page; and as with all Facebook pages, the more members a page has and the more “Likes” given to each post, the more likely all members will receive posts.

As faculty and classes are confirmed, the HCNW website (harmonycollege.org) is being updated. So check there often, and mark the page as a “Favorites” for the latest information in the coming weeks. You can also browse through handouts and pictures from HCNW’s of the past.

Submitted by Kathy Scheel, HCNW Marketing Coordinator
Kathy.scheel@oregonspirit.org

CHORUS CHATTER

Cascade Harmony Chorus

Great Expectations phrase! While this sounds a bit ambitious, “*If you don’t shoot for the stars, it just ain’t gonna happen!*”



CHC has adopted a personal accountability focus...honing our individual singing skills. Members have put together quartets and ensembles to assist in independent part singing, scheduled regular sectionals in each of the four parts, and welcomed evaluating sessions to help each singer improve her own contribution to our chorus sound and performance.

CHC welcomed new and “old” singers to join us for the holiday chorus. This year’s was a great success, both in making new singing pals and spreading the holiday spirit around Portland, including the ear-inspiring acoustics of *The Grotto*. The holiday performances were topped off with our Friends & Family Show.

And, we moved! Due to the closing of our singing home at Marylhurst University in West Linn, CHC relocated in October 2018 to Neveh Shalom Synagogue off Beaverton-Hillsdale in SW Portland. It is such a

good fit for the membership, and our guests are really enjoying our new environment. Fresh restarts are great!

New members...new accountability culture...new home...**ONWARD**, Cascade Harmony Chorus!

*Submitted by Karen Erickson
CHC Board VP*

Coeur d’Alene Chorus

It WAS the most wonderful time of the year! We had a (near record) 20+ performances over the holidays for the magnificent Coeur d’Alene Resort. Our annual **Caroling of the Belles Elves** concert was one of our best ever!

No rest for the weary. On February 9, we had a fantastic coaching session with **Lea Beverly**...THANK YOU, LEA!

One of the ways we gear up for contest is by holding our weekly **Secret Sister Event**. It’s from March 4 through contest and is a way for members to celebrate and lift each other up during the time of the year that we need it the most!

On Monday, March 25, 2019 our **Friends and Family Show** will be held at 7:00 pm. Come check us out if you happen to be in our neck of the woods! We are working on our contest package and look forward to sharing it with our amazing Region 13. In August, we are giving

REGIONAL EVENTS

APRIL

April 4-6: R13 2019 Convention and Competition

JUNE

June 14-16: Harmony College Northwest

June 8: Cascade Harmony Chorus Show, *For the Love of Harmony*

June 23: Song of Seattle Show, *Mystery at Rosita’s Cabaret Show*

AUGUST

August 8-10: SAI Director’s Seminar

August 15-18: SET with Erin Howden

SEPTEMBER

September 16-21: 2019 International Convention and Competitions

[Click here to see more upcoming regional events!](#)

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CHORUS CHATTER

Coeur d'Alene continued...

back to our community by having a one-hour show and combining it with a membership drive. More on that in the next issue of the InTune!

Submitted by Cherie Letts
PR Manager

Columbia River Chorus

Columbia River Chorus had a busy holiday season. In November, we sang for the **Ridgefield American Legion Veterans Day Ceremony**; **Washougal Senior Center Meals on Wheels**; a former member's beautiful wedding at the Fort Vancouver Marshall House, and The Grotto's **Festival of Lights**. We had such an amazing Christmas Chorus season. We were thrilled that so many guests sang with us for the residents and their guests at the **Quarry in Vancouver**, the **Chevron Retirees Association**, the **Victorian Belle's Festival of Lights** in Portland, and for the residents and guests at **Willamette View** in their beautiful new auditorium.

Elizabeth Davies coached our February retreat. We had an extraordinary day expanding our minds and hearts as we prepared to premier two songs composed by our director, **Paul Olguin**, at our upcoming send-off show. Paul dedicated one song, *This Path We Walk Together* to Sandy Detroit and Gertie Worthington, two dearly loved members who recently passed away. Gertie's heart-warming memorial service happened on a cold, snow-packed day, but many of us managed to get there to sing. We shared delightful memories of our dear sister, her warm hugs, and her corny jokes.

Submitted by Laura Hiserote

Five Valley Chorus

We hope you're all safe and warm during this very wintery winter! Five Valley Chorus' holiday singing season, **A Cappella Christmas**, was one of our most enjoyable. We had 11 women from the community join us as guests. They rehearsed with us from mid-October through November, and they sang with us at our 14 holiday performances in December! This included performances at two senior residences every Tuesday evening, our annual holiday concert at the Southgate Mall, and our annual performance at **Missoula's First Night Celebration** on New Year's Eve. The chorus, risers, and our guests drove over an hour to Superior, MT to perform as the December featured guests of the **Mineral County Arts Council**. A beautiful winter drive and a fine and fun audience made the drive worthwhile.

We were invited to sing the national anthem at both the men's and women's basketball games at the University of Montana in January.

We have a mission statement! "Five Valley Chorus is a family of joyful women bonded together by our love of singing and performing four-part a cappella harmony."

See you all in Spokane!!

Submitted by Cindy Morin
Management Team Leader

Grand Olympics Chorus

We had a great holiday season singing at various venues. The most fun was singing at the Lake Crescent Lodge for the **Lighting of the Lake** on the Saturday after Thanksgiving. Santa and families were there, and many stopped to listen to the entire program. Children loved our Jerie Louie (Rudolph with shiny nose). Santa arrived in

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CHORUS CHATTER CONTINUED

Grand Olympics continued...

a canoe, turned on the lights at the Lodge, and we sang *Santa Claus is Coming to Town*.

During November and December, teamwork by a special group of women and men helped move our rehearsal hall.

In January, we started our contest preparation and had an amazing, intense weekend of coaching with **Darlene Rogers** on January 19-21. We learned so many techniques for better vocal production. We had the full chorus for six hours on Saturday, hour-long sectionals on Sunday, and our regular 6:45-9:15pm rehearsal on Monday, when Darlene did riser placement and follow-up. Light bulbs went on all weekend with many "Aha!" moments. On March 2, **Ted Chamberlain** will coach us, as we look forward to more learning experiences.

Our director **Connie Alward** is now a **Certified Director!** We're so proud! Her quartet, **Wink**, will compete in Spokane, where we will be cheering her on. It should be a great contest weekend! See you there.

Submitted by Wendy Foster
PR Chair

Helena Xpress Singers Chorus

The **Helena Xpress Singers** enjoyed a wildly successful holiday season! Starting In October, we were overjoyed to welcome fifteen guests to join our Christmas Chorus! Throughout the season, we sang our hearts out at several singing engagements, flash mobs, and our Christmas cookie fundraiser. The highlight, of course, was our annual Christmas concert. Filled with incredible instrumental talent and topnotch singers from within the chorus and local areas, our community packed the house to see the show. We joyfully ended 2018 by welcoming

enthusiastic new members from our guest chorus, and we look forward to everything that 2019 has in store.

We kicked off the New Year by adding additional, wonderful new members! As we excitedly prepare for April's Regional Competition, our focus will be on several key points; but most importantly, on keeping a song in our hearts, a dance in our step, and the Sister in Sisterhood!

Submitted by Hanna Hollatz
Marketing Coordinator

Kitsap Pines Chorus

The times, they are a changin'!

Over the past months, KPC made a resolution to improve our vocal and performance techniques through several coaching events.

At our 6-week, summer **Barbershop Boot Camp**, the incomparable **Alena Hemmingway** led us through vocal exercises, techniques, and fun, providing us with insight, demonstrations and crazy antics!

Melanie McGuire and **Paula Davis** have helped us with directing, planning and strategizing. We are so grateful to have such an amazing support team.

During the holidays, we performed at the annual North Kitsap Abate Motorcycle Club Toy Drive, Brother Don's Bar & Grill Songwriters Showcase, Flowers-to-Go Flower Shop, Vintage Care facility, and The Arbor Memory Care facility. Finally, we sang for/with our former chorus founder, director, leader, role model, recruiter, and all-around amazing woman, **Jean Markovich**. Whew!

Many members also rehearsed and performed with our brother barbershoppers, the **West Sound Chorus**, in their annual **Come Sing With Us** Chorus. We learned six songs and performed

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CHORUS CHATTER CONTINUED

Kitsap Pines Continued...

with them on their annual holiday show. What a blast, we can't wait to do it again next year!

Future plans include concentrating on finding our new director, improving our sound and recruiting more members!

Submitted by Sandi Voigt

Northwest Harmony Chorus

After a busy December, we jumped right in with **Sing Your Part Smart** with **Lift Off! Quartet**. They gave us so many great tips to help us produce a more blended, fuller sound. The 45 members who attended thought it was one of the most positive, educational experiences we have ever had.

Ryan Heller is back as our guest coach for our Advance weekend. His energy helps us improve our vocal and performance skills. Fun continued by celebrating Nancy's 50 years in Sweet Adelines. We had a blast singing for **Claudia Ross'** 70th birthday bash. The wonderful **Paula Davis** will coach us in February. Members not presently singing with us receive weekly calls to show our love and support.

Director, **Nancy Kurth**, has been busy coaching Helena Xpress Singers, Capital City Sound and Blue Mountain Choruses. Her new quartet, **RAVE**, includes **Gail Shelton**, **Shirley Price** (Pride of Portland) and **Katie Rollings** (Cascade Harmony). We are excited to hear them perform at our Sendoff Show!

Our March 25 **Competition Sendoff Show** with Columbia River Chorus will include five of our fabulous quartets: **Up To Something**, **In Cahoots**, **Moonglow**, **2+2**, and **RAVE!** Then on to Spokane!

Submitted by Jo Ripley
Marketing Coordinator

Olympia Chorus

SAVE THE DATE – October 19, 2019! Olympia Chorus is journeying into the 20s! Backward... Forward... Who knows! You do NOT want to miss this show in Olympia.



Regionally celebrated quartets and special guests will be performing, featuring your favorite 20s and swing music favorites. More information to come! See you then!

Submitted by Jo Sahlin

Pacific Sound Chorus

The Christmas season kept us on our toes performing on the Argosy Cruise ship, selling Singing Christmas Cards, and performing at several retirement homes.

As we enter the new year, we are continuing our director search and have several highly talented candidates progressing through our interview and audition processes. Bonnie Willis has generously agreed to fill in as Interim Director, and we have an ambitious schedule of performances throughout the coming months.

We love our new motto, "*Life is Joyful When We Sing!*"

Submitted by Nancy Rabel
Communications Manager

CHORUS CHATTER CONTINUED

Pride of Portland

We are in full swing for participation in Region 13's contest. Our rehearsals are electric and satisfying, despite some weather-related disruptions.

We look forward to meeting with our friends and colleagues at our annual, fun-filled time together. The chorus will present a free performance of the chorus and quartets' competition packages at March 27's **Friends and Family Night**. More information is coming.

This year, we are celebrating our final contest with **Ryan Heller**, our illustrious director and mentor for sixteen years, who has seen many performances and competitions. We have grown together to become the chorus we are today, and we will always be grateful for this time. It's hard to let Ryan go, but we are so grateful that he was our director all those years. We look forward to a bright future because of our terrific history with Ryan, and we all wish him the very best.

Pride has been busy working on a package to choose a new director. In the course of that undertaking, the Director Search Committee has advertised our opening in many publications, has sent out numerous emails, and has made lots and lots of phone calls outlining requirements for the position.

*Submitted by Judi Haynes
Communications Coordinator*

Seattle Shores Chorus

Last October, we sponsored another **Operation Smile** performance to benefit the worldwide organization that provides free surgeries to correct facial deformities. **Operation Smile** was founded in 1982 by Dr. William Magee, Jr. and wife Kathy. Its global mission is:

"To reduce the occurrence of cleft lip/palate and other facial deformities, sponsor a worldwide care program, develop ambassadorships regarding the awareness of cleft issues, organize chapters and foundations that assist countries to become self-sufficient in cleft surgeries, develop and administer worldwide education regarding cleft issues, and organize student leadership programs."

Most countries don't have the professionals or the training to assist with these surgeries. **Operation Smile's** medical professionals travel worldwide to evaluate people of all ages, and provide surgeries to change appearances that are sources of ridicule and bullying, resulting in individuals becoming outcasts, even by family.

Seattle Shores presents its annual benefit program with the Seattle SeaChordsmen BHS chorus and quartets to raise money for **Operation Smile**. Audiences enjoy a wonderful evening of barbershop harmony, and we are proud to have the opportunity to provide much-needed medical care to people with facial deformities.

To date, donations total \$41,274.50 (171.9 operations). Our goal is to allow people to lead lives without ridicule and loneliness, and to be able to sing...just as we sing for them.

Submitted by Linea Croly

Spirit of Spokane Chorus

What is *Spirit of Spokane* doing these days?
Practicing, practicing, practicing

Competition is coming up fast and furious, and we are working hard on our package. We've got many new members and are excited for them to head to competition with us. We are working on old songs, adding some new ones, and working

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REGIONAL EXECUTIVE COMMITTEE



Regional Administrative Director

Nancy Kurth
503-524-0522

RAD@sairegion13.org



Regional Education Director

Debra Aungst
253-942-3841

RED@sairegion13.org



Regional Membership Director

Sharon Stockstad
406-431-5039

RMD@sairegion13.org



InTune is published three times a year for members of North by Northwest Region 13, Sweet Adelines International.

For questions or comments, please contact Beth Churchill
beth@virtualchurchill.com

The next issue will be distributed in June, **deadline is June 14, 2019**
Send articles to Carol Drew
caroladrew@aol.com

CHORUS CHATTER CONTINUED

Spirit of Spokane Continued...

on songs for the big show as well. It's a very exciting time for SOS!

Our big show is a mere eight months away. On October 12, 2019, we are celebrating our 30th anniversary. We have such big plans for this show; we couldn't even attempt to list it all here. Suffice it to say: It's going to be FANTASTIC!!

We've also been working on a new "Vision" and some "Core Values" for our chorus. A unified chorus makes for a high-performing chorus. Our new vision is "We are a high-level chorus on a joyful musical journey of learning, loving, and performing." We agreed on two Core Values: Excellence and Community, Education, Musicianship, Physicality, Competition, Celebration and Respect. All those supporting values are combined into the two. We are well on our way to unification. Competition – here we come!

Submitted by Carrie Webbenhurst

QUARTET CORNER

Sparkle!



Cheers, Region 13! After a break for the holidays, we the ground running! Despite the volume of snow in Minneapolis AND Seattle, we've been able to rehearse as scheduled. Our adventure continues as we work to refine our music and sharpen our performance skills. This year we're making it a priority to have some fun social time too. But first things first: a

new, sparkly dress (or two)!

In our short time together, we've worked with several wonderful coaches, including **Scott Kvigne, Mary Dick, Sandy Marron, Judy Pozsgay, and Beth Smith**. This year we are thrilled to be adding a new coach: **Jean Barford**. We are honored to have her as part of our coaching team.

Before you know it, regional contest time will be here. Unfortunately, Sparkle isn't able to attend Region 13's contest this year. Instead, the Minnesotans will be watching and cheering via the webcast. Sparkle! wishes all competitors the best of luck and a fantastic weekend. Follow us on [Facebook](#) for Sparkle! news.

There's no such thing as too much Sparkle!

Barb, Julie, Lisa & Marcia