

## REGION 13 COMMUNICATIONS

*(What's What, part deux)*

Upon learning that the information in this article that ran in the last InTune was not completely clear to everyone, we decided to make some edits and run it again. If you have any questions, please contact me, Sandy Smith, at [sandy\\_j\\_smith@hotmail.com](mailto:sandy_j_smith@hotmail.com) or 406-465-1460. Thank you.

Region 13 communicates with its members in one of three (3) ways. The names for these communications are listed below with explanations of how/when they are used.

1. An **eBlast** may be distributed to members at any time and is primarily used to deliver time-sensitive material and information. Fliers to promote R13 chorus shows, fundraisers, etc. should be submitted to the eBlast editor at [eblast.editor@gmail.com](mailto:eblast.editor@gmail.com) for distribution to our members in a timely manner.
2. The **InTune** (eNewsletter) is distributed three (3) times per year (Spring/Summer/Fall) to notify members about what's happening within our Regional Management Team, our choruses, and our quartets. Email reminders will be sent two weeks before an upcoming deadline, and articles may be submitted directly to Carol Drew, [caroladrew@aol.com](mailto:caroladrew@aol.com) on or before the deadline. (NOTE: Any fliers that promote upcoming chorus or quartet events cannot be run in the InTune due to space requirements, and should be sent to the eBlast editor at the email shown above.)
3. **Email lists** from the Region 13 website are used to communicate primarily with chapter leadership, directors, resource staff members, and quartets. All Region 13 members are encouraged to maintain their member profiles on this site with the most current information.

The **eBlast** and the **InTune** are distributed through our **Region 13 iContact** distribution list, maintained by Mindy Engelberg. This list is maintained separately from your member profile on the Members Only page of our website.

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Now you can visit us on our Region 13 page, even if you're not a member of Facebook.

Simply visit us at [facebook.com/Region13](https://facebook.com/Region13)—no sign-up required—and catch up on all the latest goings-on in North by Northwest Region 13.

## REGION 13 COMMUNICATIONS CONT'D

However, to ensure that Region 13 members receive **all** R13 communications, every member should update their contact information (email, phone, etc.) in the My Account section on Region 13's Members Only site. In addition, after updating your member profile, we ask that you please notify Mindy at [mindy.engelberg@gmail.com](mailto:mindy.engelberg@gmail.com) with these changes, so she can also update the iContact member database, which is used to distribute the eBlast and InTune.

### 2020 dates for the two (2) remaining InTune publications:

InTune Editions	Email reminder sent on these dates	Deadline for submitting articles	ePublication Dates
SUMMER	May 15	May 29	Jun 30
FALL	Sep 18	Oct 2	Oct 31

*Submitted by Sandy Smith, R13 Communications Coordinator*

## RMT CONNECTS WITH INTERNATIONAL



**Back row L-R** – Judy Galloway, *Team Coordinator*; BethAnn Bock, *Marketing Coordinator*; Nancy Field, *International Regional Leadership Committee*; Jody Allen, *Events Coordinator*; Sharon Stockstad, *Membership Coordinator*; Janice Wheeler, *Management Team Associate Member*.

**Front row L-R** – Sandy Smith, *Communications Coordinator*; Nancy Kurth, *Education Coordinator*; Sally Ryerson, *Incoming Team Coordinator*; Patty Martin, *Director Coordinator*; Sherry Morrison, *Finance Coordinator*.

North by Northwest Region 13's Regional Management Team (RMT) holds only two (2) in-person meetings each fiscal year. The remaining meetings are held monthly via conference call. The January meeting is usually spent discussing the Regional budget and updating the Region 13 Strategic Plan. This year, we were blessed with a special visitor, **Nancy Field**, who is our contact with the International Regional Leadership Committee (our connection to the International Board of Directors). International was able to pay for her travel, housing, and meals for most of the weekend.

Perhaps the name Nancy Field sounds familiar to you. Nancy was selected in 2017 by then International President, Paula Davis, to receive the *Lifetime Achievement Award for Sweet Adelines*

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## RMT CONNECTS CONT'D

*International* in Las Vegas. She is the Director of the *Vocal Matrix Chorus* in Greenville, NC who has been to International Chorus Competition twice. Nancy is the Education Coordinator for her region and serves as a Certified Expression Judge in the SAI Judging program. She's been in Sweet Adelines since 1966, always in a leadership role of some type, including serving on the International Board of Directors. This variety of experiences and knowledge was shared with us during the entire weekend.

Nancy was a wonderful resource giving us new approaches, different concepts, asking the hard questions, giving us tips for dealing with change and transition, identifying lessons learned, and coaching us to be a more productive team. The weekend flew by quickly, and we hardly noticed the seven inches of newly fallen snow on the ground.

***Submitted by Nancy Kurth, Education Coordinator***

## REGION 13 FACULTY TRAINING

Fifteen members of the Region 13 Faculty attended a Faculty Training Workshop on January 18 in Vancouver, WA. The day consisted of classes in the following areas:

- *Instructional Framework and Lesson Plans*, taught by Cheryl Allen
- *Problem Solving Scenarios*, taught by Nancy Kurth
- *Guidelines and Best Practices for Coaching*, taught by Sandy Cahill
- Plus a full afternoon of *Coaching the Coach* with evaluations
- *Update on Region 13 Programs and Processes*

Special thanks go to our coaching demonstration chorus and quartets:

- Northwest Harmony Chorus
- Moonglow Quartet
- Happenstance Quartet

In attendance were:

Peggy Benton	Sandy Cahill	Paula Davis
Nancy Kurth	Debra Aungst	Patty Martin
Gail Shelton	Carol Vecchio	Cheryl Allen
Janice Wheeler	Sue Beck	Sue Middleton
Beth Smith	Tawni Miller	Elissa Riman
Sorena Wagner, onsite facilities coordinator		

***Submitted by Nancy Kurth, Education Coordinator***

## NEW R13 MANAGEMENT TEAM

*We are very excited to introduce you to the May 2020—April 2021 Region 13 RMT!*



**Sally Ryerson**  
Team Coordinator  
*Olympia Chorus*  
360.349.8682  
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**Jody Allen**  
CRC/Events Coordinator  
*Spirit of Spokane Chorus*  
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**Sandy Smith**  
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406.465.1460  
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**Sherry Morrison**  
Finance Coordinator  
*Spirit of Spokane Chorus*  
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**BethAnn Bock**  
Marketing Coordinator  
*Northwest Harmony Chorus*  
360.773.5638  
[bockbethann@gmail.com](mailto:bockbethann@gmail.com)



**Sharon Stockstad**  
Membership Coordinator  
*Helena Xpress Singers Chorus*  
406.431.5039  
[sasnjs@msn.com](mailto:sasnjs@msn.com)



**Rhonda Gould**  
Associate RMT  
*Blue Mountain Chorus*  
262.758.0234  
[rhondakgould@gmail.com](mailto:rhondakgould@gmail.com)

One of the main communication goals is to “**Redesign communications systems to support RMT activities in supporting the region’s singers.**” A survey will be sent to members in May requesting input on how we can accomplish this goal. Please watch your inbox for the link to the survey, and take some time to complete it. Without your input, we won’t know the best direction to take with this redesign.

Also in May, your new May 2020 – April 2021 Region 13 RMT will hold its retreat with invited Resource Staff members. Paula Davis will facilitate and provide leadership education to the team, and the team will review progress on our goals.

*Submitted by Sandy Smith, Communications Coordinator*

## CHAPTER-AT-LARGE (CAL) MEMBERSHIP

Regional contest is upon us once again, which is always such an exciting time! However, if you’re a CAL member, it can also be a very stressful time. Questions I get all the time are, “*Did I pay my Regional CAL dues?*” “*Did I pay my International CAL dues?*” “*Am I current?*” “*Do I need to do anything now?*”

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## CAL MEMBERSHIP CONT'D

These are all great questions, and it's very important to check to make sure you are eligible to compete with your quartet. If your quartet has any CAL members, make sure they are current on their dues. The last thing anyone on the Regional or International level wants to do is disqualify your group if your dues are not paid. So, here's a last minute reminder to all CAL Members – **Make sure you are current on all dues.** Happy singing!

*Submitted by Andren Moyer, Alternate Membership Coordinator*

## REGIONAL FACULTY PROGRAM

Region 13 is so proud of the women on our Regional Faculty! We have a talented and committed group of educators who have been walking their talk. They have been taking additional training on being a great educator. As you would imagine, our members on our Regional Faculty are huge believers in education. That's no surprise, as they spend many hours on the road visiting choruses and helping them on a wide variety of topics. They provide musical and performance coaching, classroom teaching, facilitate goal setting, and much more. And consistent with the strong belief in the value of education, they devote even more time to update their own teaching and coaching skills. Congratulations and many thanks to these dedicated educators.

### Regional Faculty (in alphabetical order)

Master Faculty	Specialist, PVI, and Apprentice Faculty	
Peggy Benton	Cheryl Allen	Janice McKenna
Nikki Blackmer	Debra Aungst	Sue Middleton
Sandy Cahill	Sue Beck	Tawni Miller
Paula Davis	Elizabeth Davies	Elisa Riman
Candy Johnson	Katy Hawley	Gail Shelton
Nancy Kurth	Lucy Heinkel	Beth Smith
Charlene O'Connor	LouAnn Hommel	Carol Vecchio
	Elizabeth Keller	Sally Wallace
	Patty Martin	Janice Wheeler

Region 13 is fortunate to have many talented members who have much to offer. If you're someone who is not yet on the R13 Faculty and would like more information on how to apply for this program, please contact:

- **Nancy Kurth**, Education Director at [nkurth@msn.com](mailto:nkurth@msn.com), 503-201-2150,
- **Sandy Cahill**, Faculty Development Specialist at [me@sandycahill.com](mailto:me@sandycahill.com), 503-515-8110, or
- **Debra Aungst**, Faculty Facilitator Specialist at [aungstd@gmail.com](mailto:aungstd@gmail.com), 253-905-6265

*Submitted by Debra Aungst, Faculty Specialist Facilitator*

# 2020 ARRANGERS WORKSHOP

*A preconference to Harmony College Northwest*  
June 11 – 12, 2020 / University of Puget Sound Campus

The most current information for the 2020 Region 13 Arrangers WorkShop at HCNW is now available at [www.harmonycollege.org](http://www.harmonycollege.org) under the **Arrangers** tab. Registration will open on March 15, 2020. Returning Faculty is Mike Menefee, Chuck Roegiers, and Janice Wheeler.

By student request, we will be spending most of the first day on arranging the new Project Song, an uptune recommended to us by super star arranger Robert Rund. As soon as your registration is received, a copy of the Project Song sheet music will be sent to you.

All of the Thursday afternoon sessions and half of the Thursday evening sessions will be devoted to arranging the Project Song in your choice of groups: *Beginning and Less Experienced Arrangers* with Janice Wheeler or *More Advanced Arrangers* with Chuck Roegiers. On Friday morning, both groups will share the results.

On Thursday evening after dinner, Mike Menefee and Chuck Roegiers will team up for a presentation: *Arranging for Different Ensembles*, which is sure to be a crowd-pleaser!

During the *Tin Pan Alley* session on Friday morning, we have planned time for the Grand Prize Winner of the 2019-2020 Tag Writing Contest to present the winning tag and invite everyone to sing along.

Friday afternoon, private arranging review sessions will be available on a first-come-first-served basis to those who have personal arranging work they would like to discuss with the faculty.

Please go to [www.harmonycollege.org](http://www.harmonycollege.org) > **Arrangers** tab for more information and preliminary schedule about this workshop. The 2020 flyer is available there, too!

***Submitted by Janice Wheeler***

## 2020 AREA SCHOOLS

### 2020 Area Schools Coming to a Location Near You

General Education Specialists, Area School Jerrie Beyrodt and Faculty Specialist Facilitator Debra Aungst have been working for the last six months on the plan for our five (5) Area Schools to be held in 2020.

The host choruses have been invited and have accepted to host these events. The dates have been selected, and the faculty has accepted their assignments. So all **you** need to do is to add the following dates to your calendars. These five wonderful days will be filled with education, camaraderie, and fun, while singing, learning, eating, and sharing. Sounds like a perfect time spent with your Region 13 singing sisters!

- August 8– Alaska Sound Celebration Chorus hosting with faculty Sue Beck and Nancy Kurth
- August 15– Columbia River Chorus hosting with faculty Peggy Benton and Elizabeth Davies
- August 15– Coeur d’Alene Chorus hosting with faculty Nikki Blackmer and Katy Hawley
- September 12– Five Valley Chorus hosting with faculty Charlene O’Connor and Sandy Cahill
- September 12– Jet Cities Chorus hosting with faculty Paula Davis and Beth Smith

*Submitted by Nancy Kurth, Education Coordinator*

## SING YOUR PART SMART WITH WINK

On Saturday, February 1, over 80 Region 13 members from 17 choruses attended the annual *Sing Your Part Smart* workshop in Vancouver, WA. This is a fundraiser for our current Regional Championship Quartet and was hosted again by **Northwest Harmony Chorus** with **Wink**, our 2019 Regional Quartet Champions.

Each singer learned specific skills for singing their specific part and how each part relates to the other three parts. Wink expertly exhibited the skills they were teaching, and even sang with volunteers who wanted to try these new skills singing with “the champs.” The day was full of fun, as we sang “*When I’m 64*” while using the new skills we’d learned.

The following choruses were represented:

<ul style="list-style-type: none"> <li>• Acappella Soundsations (formerly Kitsap Pines)</li> <li>• Capitol City Sound</li> <li>• Grand Olympics</li> <li>• Inland Harmony</li> <li>• Olympia</li> <li>• Song of Seattle</li> </ul>	<ul style="list-style-type: none"> <li>• Blue Mountain</li> <li>• Cascade Harmony</li> <li>• Harmony of the Gorge</li> <li>• Jet Cities</li> <li>• Pacific Sound</li> <li>• Sound Harmony</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter-at-Large</li> <li>• Columbia River</li> <li>• Harmony Northwest</li> <li>• Northwest Harmony</li> <li>• Pride of Portland</li> </ul>
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Thank you Wink for a fun and educational event, which helped us become a better singers and performers.

*Submitted by Nancy Kurth, Education Coordinator*

# PEP PROGRAM

## PEP — *Preparing for an Exceptional Performance*



**What is the PEP Program?** PEP (*Preparing for an Exceptional Performance*) was established to prepare our choruses for having exceptional performances – be it at rehearsal, on a show, at contest, or in a community performance. PEP provides choruses with an opportunity to acquire talented Region 13 faculty, which can provide education in the areas of vocal production, showmanship, chorus operations, membership growth and retention, PVIs, music team training, marketing, show production, and more.

**When can I schedule a PEP visit?** Right now! PEP visits will be tracked on an annual basis – May 1 to April 30. Choruses are eligible to receive one (1) visit per year; but depending on funding, there may be an opportunity for a second visit. PEP visits must be booked ahead of time and approved by the PEP Education Specialist. NOTE: A planned coaching session cannot be turned into a PEP visit.

**Must a PEP visit be on a weekday?** No. PEP visits may be scheduled on a weekend, if this works better for your chorus. However, PEP visits are for a maximum of six hours.

**May I choose who conducts a PEP visit with my chorus?** Your chorus is welcome to suggest the faculty you'd like. Please understand, however, that we need to be sensitive of coaches' personal and professional commitments, and your first choice may not be available. Additionally, we like to "share the wealth" and expose all our fantastic faculty members to our choruses. However, we'll work with you to find a coach and a day that is mutually satisfying for all. In all cases, be assured that we will carefully consider the input and requirements of the requesting chorus, and match you with a faculty member(s) best suited to your needs.

**So exactly what topics are offered?** Your PEP visit will be individually tailored to meet your chorus' needs and can encompass one – or multiple – topics. The PEP packet has suggested topics to get you started, and you are free to suggest others. Topics can be musical or administrative, i.e. goal setting or leadership training. Our experienced faculty is happy to work with you and provide the education you desire. Visits are flexible. You can schedule a visit for your entire chorus or for just a part of it – such as with your section leaders or administrative leaders.

**What will it cost the chorus?** Region 13 will fund transportation and materials costs for your PEP visit. Choruses are expected to cover the faculty's meals and hotel accommodations, unless other agreements are made. If your session exceeds six hours of the faculty member's time, you will need to pay their regular coaching fees for all hours beyond six.

**Where can I find an application form?** The application is available on the Region 13's website at <https://sairegion13.org/>. Click the > **Members Only** link, then click > **Documents** in the left drop down menu; then click on the > **Education** section and select > **PEP**. Instructions are on the form.

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## PEP PROGRAM CONT'D

**What if I have more questions?** Presently, I am the PEP Faculty Specialist. Please feel free to contact me at [aungstd@gmail.com](mailto:aungstd@gmail.com) or 252.942.3841.

*Submitted by Debra Aungst, PEP Faculty Specialist*

## EDUCATION SCHOLARSHIP INFO

Spring is coming and it's time to remind our members that Region 13 offers two opportunities during each year to apply for an education scholarship. The dates for 2020 are **May 15** and **November 15**. These scholarship funds are available to cover a member's registration fees for any education program offered by our region, by another region, or by Sweet Adelines International. It may also cover the purchase of educational materials or tools offered by these organizations.

### REQUIREMENTS

- Be an *active* or *Chapter-at-Large* member in good standing of SAI and a Region 13 chartered chorus.
- Complete an application explaining the use and benefits of the scholarship funds, and submit to the Regional Education Scholarship Chair.
- HCNW and private voice lessons are not eligible for scholarship funds.

### APPLICATION PROCESS

- After logging into the NxNW Region 13's **Members Only** site, click on **Documents** in the left-hand column.
- Under the **Education** heading, click the link for the **2020 Education Scholarship Fund Application**. Doing this will open up the application, which contains more detailed information and instructions on how to submit it for consideration.

If you have any questions, feel free to contact me at [nconnell@comcast.net](mailto:nconnell@comcast.net).

*Submitted by Nancy Connell, Education Scholarship Chair*

## "IT'S IN THE CAN"

Share your spare change with the *Young Singers Foundation*



*"It's in the Can"* is an ongoing fundraiser for the **Young Singers Foundation**, the official charity of Sweet Adelines International, and Region 13 has been an active participant for a number of years.

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## “IT’S IN THE CAN” CONT’D...

The program encourages individuals to deposit small bills or spare change into a chapter’s specially marked container throughout the year at chapter rehearsals, shows, and events. Chapters then bring their can/funds to regional convention, where winners will be announced. **NOTE: Please put your chorus’ name somewhere on the container.** Bring your chorus’ container to the table, and remind members to view the cans and cast their votes!

For spring 2020, prizes will be awarded to winning choruses as follows:

- The greatest amount collected / donated (*all proceeds collected since last year’s SET*)
- Best Bling Container – Selected by 2020 convention attendees
- Most Creative Container – Selected by 2020 convention attendees

Please consolidate collected funds, and provide a check to me at / before contest weekend. Checks should be made out to the **Young Singers Foundation**.

We hope your chorus chooses to participate in this fun, worthwhile campaign. It’s an easy way to guarantee the continuance of music in the lives of young people everywhere, and to continue to “Harmonize the World.”

**Sherry Morrison, Region 13 Finance Coordinator**  
(Submitted by Sandy Smith)

## YOUNG WOMEN IN HARMONY

Our amazing and vast region is blossoming with young singers! It is divided into six (6) geographic zones, and each zone has its own zone leader who can be contacted if you have any questions or would like to do any programs to help promote young women singing in Barbershop Harmony. Our current staff is:

**Marsha Kelly** - Regional YWIH Specialist - [Marshas4boys@yahoo.com](mailto:Marshas4boys@yahoo.com)  
**Bianca Dixon** - New Regional YWIH Co-Specialist

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## YOUNG WOMEN IN HARMONY CONT'D

<p><b>Zone 1 Leader – Melodee Risi</b></p> <ul style="list-style-type: none"> <li>• Alaska Sound Celebration</li> <li>• Fairbanks Frontier</li> </ul> <hr/>	<p><b>Zone 4 Leader – Marsha Kelly</b> (<i>seeking new leader</i>)</p> <ul style="list-style-type: none"> <li>• Cascade Harmony</li> <li>• Columbia River</li> <li>• Harmony of the Gorge</li> <li>• NW Harmony</li> <li>• Pride of Portland</li> </ul> <hr/>
<p><b>Zone 2 Leader – Laurie Kinna</b></p> <ul style="list-style-type: none"> <li>• Bridger Mountain Harmony</li> <li>• Five Valley</li> <li>• Helena Xpress</li> </ul> <hr/>	<p><b>Zone 5 Leader – Kat Schoenberg-Hamer</b></p> <ul style="list-style-type: none"> <li>• Acappella Joy</li> <li>• Pacific Sound</li> <li>• Seattle Shores</li> <li>• Song of Seattle</li> <li>• Sound Harmony</li> </ul> <hr/>
<p><b>Zone 3 Leader – Bianca Dixon</b></p> <ul style="list-style-type: none"> <li>• Blue Mountain</li> <li>• Capital City</li> <li>• Coeur D’Alene</li> <li>• Inland Harmony</li> <li>• Rivers Edge</li> <li>• Rolling Hills</li> <li>• Spirit of Spokane</li> </ul>	<p><b>Zone 6 Leader – Tami Dunbar-Kamp</b></p> <ul style="list-style-type: none"> <li>• Acappella Soundsations (<i>formerly Kitsap Pines</i>)</li> <li>• Grand Olympics</li> <li>• Harmony NW</li> <li>• Jet Cities</li> <li>• Olympia</li> <li>• Voices NW</li> </ul>

Region 13 offers many opportunities for young women to learn to sing barbershop, including:

- The Girl Scout Patch Program
- 1-3 day Festivals
- Quartet and Chorus participation
- Harmony Explosion Summer Camp w/BHS
- Acappella University
- Other workshops

Funding is available to reimburse any approved expenses. Please check with your Zone Leader and/or specialist for more information.

***What is the difference between the Young Women in Harmony Program (YWIH) and the Young Singers Foundation (YSF)?***

**YWIH** is a program developed to help Music Educators and leaders teach Barbershop Harmony singing to girls ages 26 and under. Please visit Region 13’s Members Only website, and look for Young Women in Harmony under Documents > Member Resources.

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## YOUNG WOMEN IN HARMONY CONT'D

YSF is a charitable foundation that provides monetary support to groups or individuals who educate young singers in the art of Barbershop Harmony, provides prize money for the Rising Star Quartet contest, and offers college scholarships to young women seeking a degree in music.

*Marsha Kelly, R13 YWIH Specialist*

## S.E.T. 2021

### 2021 Summer Enrichment Training (S.E.T.)

Have you ever imagined spending an entire weekend with the fabulous Dale Syverson, Director of *Richtones Chorus*, who has multiple first place medalists? Well, now you can!

**August 19 – 22, 2021** will be a jam-packed weekend with your new best friend, Dale Syverson, and your Region 13 friends at the **Red Lion Hotel and Conference Center in Pasco, WA**. Mark your calendar!

There will be classes for EVERYONE: Directors, assistant directors, section leaders, visual leaders, administrative leaders, quartets, arrangers, and general membership – and – there will be individual PVIs and LOTS OF SINGING! Mark your calendar and save this date!

*Submitted by Nancy Kurth, Education Coordinator*

# CHORUS CHATTER

## A Cappella Joy

### A Cappella Joy commemorates 19th Amendment

A Cappella Joy Chorus was thrilled to partner with the Seattle Women's Chorus in a concert celebrating the 100<sup>th</sup> anniversary of the ratification of the 19th Amendment, which granted women the right to vote.



AJoy was the featured performer in SWC's "Revolution 2020" on Jan. 31, Feb. 1, and Feb. 8. Nikki Blackmer, AJoy's director, is also the assistant

director for SWC, one of the largest and most successful SSAA choruses in North America and a strong voice for LGBTQ and women's social justice in the greater Seattle area. Both choruses enjoyed the chance to share the stage to commemorate this important event in women's history.

**Submitted by Carrie Howard**  
PR/Marketing Chair

## Acappella Soundsations

Acappella Soundsations (formerly Kitsap Pines) is thrilled and proud to announce our new and exciting name, and to introduce our AMAZING new director, **Chuck Roegiers**, who is taking us to competition in April. We welcome him with open hearts and minds! We are looking forward to seeing everyone soon at the Regional Convention in Spokane!

Chuck, a longtime barbershopper, comes to us from the Barbershop Harmony Society (BHS), and is a member of West Sound A Cappella Chorus in Silverdale, where he serves as Assistant Director and Baritone Section Leader. He also serves as faculty for Harmony College Northwest (HCNW).

Acappella Soundsations would like to thank everyone in the region for their support

and continued love during our long search for a director this past year. It meant a lot!

**IN MEMORIAM** – Last month we lost former long-time member, Jean Markovich, who passed away on January 24, 2020. Jean was such an influential and integral part of our chorus. She was an amazing woman and will be missed. We were fortunate and privileged to visit and sing for her the previous week.



**Submitted by Sandi Voigt**

## Alaska Sound Celebration

**The dark Alaskan winter may bring some a desire to hibernate; but not so for ASC members!**



During the holidays, ASC spread the joy of music in our community during one rehearsal evening. We went caroling at a few of Anchorage's fire stations, and sang for

our city's dedicated First Responders. The holiday mood continued with a stop at the hospital's children's ward, where we sang *Rudolph the Red Nosed Reindeer*. Everyone had a wonderful time, and we touched the hearts of those who serve and those who needed a bit more joy in their lives.

### ASC proudly announces 30 Years of Melodrama!

Our largest fundraising event has us performing to sold-out shows over three weeks during two of Alaska's most popular winter events: **Fur Rendezvous** and the **Iditarod Dogsled Race**. This year's show, "Jill and Red's Bodacious Quest," is sure to be most triumphant!

February 27 starts the first of our 16 Friends and Family nights. If you're in Anchorage during this

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## CHORUS CHATTER CONT'D

*ASC Continued...*

time be sure to get a ticket and prepare to have a rockin' and rollin', popcorn-throwin' good time. It's sure to be most triumphant!

**Kathy Hughes**

*(Submitted by Diana Jordan)*

### Blue Mountain

**We are searching for a director.** Our chorus has been a cherished part of the community in beautiful Walla Walla for 45 years and is comprised of experienced and newer members who are loyal, enthusiastic singers.

Candidates for this position should have a strong background in music, a love of harmony, and be eager to lead us into the coming decade. Our goal is to attract additional members to this fun group of women while improving our skills, so that we may continue to bring the joy of harmony to audiences within our community and compete successfully at our regional conventions.

Interested candidates are welcome to attend one of our rehearsals. We meet on Thursdays at 6:30pm at Blue Mountain Community Church, 938 Sturm Ave, Walla Walla, WA. Please text or call Chessa Hickox, Assistant Director (509.795.0990) or Marilyn Johnson, Chorus Team Leader (509.386.6508) for additional details.

**Submitted by Jenny Miles**

### Cascade Harmony

**We were singin' in the rain...**

**seriously!** The intrepid harmonizers of Cascade Harmony Chorus actually did

just that when one of our five Christmas concerts took place on a street corner in downtown Portland. We took part in the **Figgy Pudding Song Contest** along with other Sweet Adelines. Oh, and we also sang indoors in heated and unheated venues, spreading holiday cheer.



Our 2020 chorus, which includes some new members, is gearing up for Region 13's convention this spring. We are busy honing our competitive edge with the help of our wonderful guest coaches, Jana Gutenson and Betty Clipman, and supporting our own director, the one-and-only Sandy Cahill. With our spiffy new costumes, we should bring lots of sparkle to the stage in April.

Part of our contest preparation is fundraising, so no harmonizer is left behind when we head to Spokane. We've had three successful fundraising events: an all-chorus garage sale, a flapjack breakfast, and a poinsettia sale. We also continue our year-round programs with local recycling organizations, and signed up *en masse* for Amazon Smile. We look forward to seeing all of you and singing together this spring. May the best harmonizers win!

**Submitted by Katy Rollins**

*President / Team Leader*

## REGIONAL EVENTS

### MARCH

**March 28:**  
**Song of Seattle**  
**Spring Fling Show**

### APRIL

**April 23-25: 2020**  
**R13 Convention and**  
**Competitions**

### JUNE

**June 11-12:**  
**Arrangers Workshop**  
**at HCNW**

**June 12-14:**  
**Harmony College**  
**Northwest**

### AUGUST

**August 8 through**  
**September 12:**  
**2020 Area Schools;**  
**Various dates and**  
**locations**

[Click here to see more upcoming regional events!](#)

## CHORUS CHATTER CONT'D

### Five Valley

**Greetings from Five Valley Chorus!** We had a wonderful holiday season with almost 20 guest singers!

It was amazing to share our 14(!) holiday performances with such a fun and talented group. A few guests were interested in continuing with the chorus, but busy life schedules prevented it. However, we're celebrating one lovely Lead who is hoping to join, which is delightful.

We are excited about having Judy Olson coach us for contest both in January and in March. We love working with Judy and look forward to the energy and finesse she brings out in us.

Our chorus will be hosting a Region 13 Area School in Missoula on Saturday, September 12, 2020. We're looking forward to having Sweet Adelines from Montana join us for learning, singing, and catching up. Many of these ladies were dual members of 5V about 10 years ago, and we can't wait to share the day with them.

Wishing the best to all Region 13 choruses and quartets as you prepare for another amazing contest in Spokane! Stay healthy and pray for cooperative weather so singers can get to rehearsals this year!

**Submitted by Cindy Morin**  
*President / Team Leader*

### Grand Olympics

GOC had a very busy and rewarding November and December with several wonderful guest singers (some, now new members) singing the season with us. We had a fun show with several great acts and had a fun play as part of the script.



Director Connie Alward and Assistant Director Tricia Kastrop were both quite busy. Tricia was the play's director and directed several songs. Connie directed and sang with Wink Quartet. Pictured is the Grand Olympics Chorus with a "sleeping" young actor to the left. Connie wore a unicorn horn and tail, and Tricia (top left) wore one of her many hats. We all needed the holiday break to rest.

In mid-January, we had a fabulous coaching session with Elizabeth Davies, courtesy of Region 13's PEP program. It was a fun and productive day with many great ideas! Thanks to Region 13 and Elizabeth. In March, we will be coached by Beth Smith, and are really looking forward to that, as well.

On March 6 and 7, the chorus will sing at the first *Sequim Sunshine Festival* right here in sunny Sequim. Stop by and say hello, if you're in the neighborhood.

**Submitted by Pat Witte**

### Harmony Northwest

**We had a busy fall and holiday season!** HNWC



entertained residents and their guests at the La Conner Retirement Inn with a show in honor of Veterans Day. We sang patriotic songs,

incorporated humor, and we honored our three chorus members who are also veterans.

The chorus also sang at the Anacortes Tree Lighting Event. The "tree" was comprised of crab pots. For the seventh consecutive year, HNWC performed at Warm Beach's *Lights of Christmas* event, where the grounds were spectacularly decorated for the holiday season. Our ninth annual *Holiday Harmony Concert* had the largest turnout ever, with three-fourths of the guests

*Continued on page 16...*

## CHORUS CHATTER CONT'D

*HNWC continued...*

attending for the first time, thanks to extra public relations efforts, which included street caroling in early December in Mount Vernon and at special shopping events. We were also featured with photos in a regional newspaper article.

Harmony Northwest is now preparing for Regional Competition with several new members, and we look forward to some special coaching visits in 2020!

**Submitted by Kim E. Kimmy**

### Helena Xpress Singers

Our chorus started out the year in 2020 style, or rather 1920's style! (See 'flapper' costume below.)



We were quite busy the final months of 2019. The chorus enjoyed a fantastic Christmas season starting in October that included a wonderful turn-out of guest chorus singers, several sing-outs, a cookie sale, and a fabulous community concert to wrap it up.

After a holiday break the Xpress Singers showed up in style at our NEW rehearsal venue for a New Vision 2020 party! We enjoyed tag singing, food, and fun. Everyone added their hopes and dreams to a "creative visions board" for the year. A highlight of the evening for all members was listening to veteran chorus members share, in an informal and positive discussion, the beautiful reasons why they joined and still continue to sing.

Most recently, we had an amazing coaching day with **Natalie Berdahl**, and spirits are up in anticipation of competition!

**Submitted by Hanna Hollatz**

### Northwest Harmony

**Costumes for Sale** – Our chorus has several costumes for sale. If interested, please visit our website at <https://northwestharmony.com/> for photos and more details. Please contact Nancy Kurth [nkurth@msn.com](mailto:nkurth@msn.com) or 503-201-2150 with questions.

**Submitted by BethAnn Bock**

*President / Team Leader*

### Olympia

In November, our chorus celebrated a successful show, *Puttin' on the Ritz*, which was also Ted Chamberlain's last performance with our chorus. We are very grateful to Ted for his outstanding leadership and excellent teaching during his tenure.



Ted's departure propelled us into an active search for a front line director. While pursuing a new musical leader, chorus members are determined to continue weekly rehearsals to practice and perfect our repertoire. Two members, Jo Sahlin and Margaret Eby, graciously stepped up to serve as assistant co-directors during this transitional period. In addition to their support, we are beyond thrilled that **Paula Davis** has agreed to serve as our interim director through the 2020 Region 13 contest. We are eagerly anticipating performing on the contest stage in April.

We would appreciate the assistance of our Region 13 sisters in sharing information about our search for an energetic, musically skilled front line director who can be available for weekly rehearsals and community performances in the Olympia area. Please contact Sally Ryerson, director search contact at [sjgoetsch223@gmail.com](mailto:sjgoetsch223@gmail.com).

**Submitted by Sally Goetsch-Ryerson**

*PR/Marketing Chair*

## CHORUS CHATTER CONT'D

### Pacific Sound Chorus

PSC is enjoying the challenge of learning a new competition up-tune while also polishing our ballad, and we are looking forward to attending Region 13's Convention and competing in Spokane. We love our dual directors team, Julie Hagstrom (*lead in Sparkle! Quartet*) and her daughter, Megan Hofkamp (*baritone in Wink Quartet*). Julie and Megan both competed at last year's International Quartet contest with their respective quartets. PSC is working hard and having fun together as we prepare for contest. See you all in Spokane!

**Submitted by Nancy Rabel**  
Communications Coordinator

### Pride of Portland



POP experienced an exhilarating weekend with the incomparable **Rob Mance**, director of BHS' Central Standard Chorus and SAI's Vocal Standard Chorus, which took second place overall in their first regional contest and placed thirteenth at

International in 2019.

Rob, a Singing Category Judge, studied voice pedagogy. Pride's new director, Drew Osterhout, resonated with Rob's straightforward, effective methods – body alignment, release of unnecessary tension, and resonance matching — and he wanted some of the *Mance Magic* for POP.

Rob listened to every singer individually, encouraging/identifying any tension area with their stance. Solutions included lying on the floor, strolling while swinging the arms, standing against a wall, and using knuckles to keep the jaw open and relaxed. Many displayed "turtle" necks, tilting heads and jaws forward of the body. Members were asked to lengthen the back of the neck while shortening the front of the neck, using the

index finger to push the chin inward. Some stuck tongues out, and some pushed on the end of the tongue. The result: POP had rich, round, resonant sound!

As Vocal Standard said in a Facebook post: "Pride of Portland Ladies: take your MANCE STANCE tips and use them well." And indeed we did.

**Submitted by Judy Beckman**

### Seattle Shores

We are anxious to continue our support for **Operation Smile**, the organization that provides surgeries for people with facial deformities such as cleft lip and cleft palate.

On Saturday, March 7, 2020 at 2:00 pm, a benefit performance at the 92<sup>nd</sup> Street Church of Christ in Marysville will provide a fabulous afternoon of great barbershop harmonies. Participants will include Seattle Shores, the SeaChordsmen (BHS), and several guest vocal groups. The event will close with Mel Knight's arrangement of *Dare to Dream*, which was sung at the close of the 2000 Olympics in Sydney, Australia.

You are invited to attend this FREE event. Your donation to **Operation Smile** will give you the opportunity to be a part of changing someone's life. Inspiring videos of those needing the transforming surgery and of volunteers who worked on one of the missions will be shown.



**IN MEMORIAM** – Seattle Shores mourns the loss and celebrates the life and talent of our dear sister in song, **Vickilynn Gruber**, a great section leader, talented singer, assistant director, and a wonderful friend. "*Sing pretty in Heaven, Vickilynn, and show them how it's done.*"

**Submitted by Linea Croly**

## CHORUS CHATTER CONT'D

### Song of Seattle

**Want to see a preview of some contest performances?** Come to Song of Seattle's Spring Fling



featuring performances by our chorus, Sound Harmony Chorus, PrimeTime Quartet, and 10 other regional quartets. Beth Smith, Certified Sound Judge, will be giving comments to the performers.

The venue will be held on Saturday, March 28, from 6:00 – 8:00pm at Newport Covenant Church, 12800 Coal Creek Parkway SE, Bellevue WA 98006. Admission is FREE!

**Submitted by Erin Devoto**  
PR/Marketing Chair

### Sound Harmony

**“This is gonna be the best day of my life!”** One of our favorite tunes says it all.

A talented group of visitors in January has resulted in at least two new members. Under the direction of Elizabeth Davies, we have been exploring new frontiers of artistic and musical excellence. We received individual voice coaching from Miriam Anderson, and the chorus is working with Sandy Cahill through Region 13's PEP program, and with Kim Vaughn through the SAI video coaching program.

On March 28, we perform in Song of Seattle's "Spring Fling" show, featuring our two choruses and ten quartets. This gives us the chance to perform for family and friends and to fine-tune our songs before competition. Three new quartets involving Sound Harmony members will be active during this year: Thrill, Roaring 20's and

Next Contestant. SHC rehearsals often involve "pick up" quartetting of new music, and this practice has given members new confidence and experience.

Looking ahead to summer, we are excited to perform with the Seattle Seachordsmen at *Seattle's Folk Life Festival* (May) and annual show (June). In August, SHC will grace the Auburn Farmers Market.

**Submitted by Pam Piering**  
President / Team Manager

### Spirit of Spokane

We had a great retreat in November when we started working on choreo for contest, worked on goals, and had a lot of fun overall.

Lutherhaven is a great place for a retreat!

In January, we had great coaching with Paula Davis, who shared many great techniques and hints with us. We can't wait to see her again in March. Our 4<sup>th</sup> annual "Take your Sweetheart to Breakfast" fundraiser was held at Applebee's, where our quartets entertained everyone having breakfast.

Our new website is [spiritofspokanechorus.org/](http://spiritofspokanechorus.org/). Thanks to HarmonySite for helping us switch over. Chorus communications are improving. Our new chorus newsletter shares pertinent information with the group, is emailed to our members every Friday, and is also posted on our website. We have so many new members in our chorus, and are excited to share our love of singing with these great women. Welcome!

On February 28, our quartets had a special concert – *East Side Accapella Show* – which highlighted all our quartets going to contest. It was a great show! Spirit of Spokane is excited to see everyone at contest!

**Submitted by Carrie Webbenhurst**

## CHORUS CHATTER CONT'D

### Viva Voce

**Viva Voce**, Sweet Adelines International's first non-competitive daytime chorus, met in May 2019. By December, our repertoire of 18 songs included a mixture of holiday and non-holiday songs that were performance-ready!

**Nikki Blackmer**, Director of A Cappella Joy Chorus



(SAI), Supertones (SWC), and Queen of Harmony in Frenzy Quartet, 2017 International Quartet Champions, along with co-Director **Vickie Elliott**, also of AJoy Chorus and Riot Quartet lead this hardworking, fun-loving group of 23 singers.



Members range from barbershop veterans to brand-new barbershop singers.

Holiday performances were held at four senior residence facilities: Juanita, Kirkland, Redmond, and Woodinville. And judging by the number of audience members who sang along with occasional damp eyes, our performances were greatly enjoyed. Presently, we are expanding our repertoire and getting ready for new performances.

Membership in VivaVoce provides women with a wonderful opportunity for learning to sing four-part barbershop harmony in a friendly atmosphere. Rehearsals are held on Tuesdays from 12-2 at Northlake Unitarian Universal

Church, 308 4<sup>th</sup> Ave. S, Kirkland, WA. For more information, visit [acappellajoy.groupanizer.com/vivavoce](http://acappellajoy.groupanizer.com/vivavoce), or drop by for a look-see.

*Submitted by Carol Drew*

## QUARTET CORNER

### Sparkle! Quartet



**Greetings and Happy New Year!** It's a new year, a new decade, and Sparkle! Quartet has a new baritone! This year brought a delightful change for us, as we welcomed Denise Baber into the quartet.

Denise brings a wealth of quartet experience, as well as a gold medal and

*Continued on page 20...*

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For questions or comments, please contact Beth Churchill  
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The spring issue will be distributed the end of June. **Deadline is May 29, 2020**

Send articles to Carol Drew  
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## QUARTET CORNER CONT'D

*Sparkle! Quartet continued...*

shiny crown! Denise, along with Marcia, is a *Queen of Harmony* with 4-Star Collection, SAI's 1996 International Quartet Champions. Denise has been a 'busy bee' as she learns our old music plus some new tunes, as well. We can't wait to see what 2020 holds for us!

We appreciate the support we have received from Region 13 so much, and we know how much this region means to Julie. So...we surprised her by booking tickets to Spokane in April, and we're flying out to attend R13's 2020 Convention/Competition. We can't wait to join all of you in the festivities! We will be ready for some singing, mingling, and sharing our love of barbershop harmony!

Before heading to Spokane, we will be headlining the *City of Lakes Chorus'* annual spring show on April 4. We are honored to be sharing the stage with our current 8<sup>th</sup> place International chorus.

***Hugs from Barb, Julie, Denise, and Marcia***

### Wink Quartet

During the past nine months since regional contest, *Wink* has been honored to represent Region 13 and our choruses. We've had the opportunity to sing on several shows, participated in the *Performance Enhancement Track* at Harmony College Northwest, and were coached "under glass" by Erin Howden at S.E.T. We traveled to New Orleans for the International contest, and we were thrilled to place 25<sup>th</sup>.

Along the way, we've gotten some amazing coaching from Tori Postma, Mike Loque, Kevin Keller, Chuck Roegiers, and Dan Hofkamp. We thank all the people who supported us this year by buying our T-Shirts, our fans, and those who donated to help us on our journey to international competition. Our special thanks to the Grand Olympics Chorus and to the quartets and audience members who came out to the Olympic Peninsula for our *WinkApAlooZa* fundraiser in August.

This year, we have decided not to compete in Spokane, but work on the details of our craft, while learning new repertoire. We will be at Regional Convention to induct Connie into *Ovation*, and to support everyone who crosses the stage. We can't wait to see everyone.

***Submitted by Connie Alward***