



InTune Summer 2024

A newsletter for members of North by Northwest Region 13

2024 Heart of the Northwest winner announced



CONGRATULATIONS to **Sandy Smith**, Region 13's 2024 HOTNW recipient! She has been a member of Helena Xpress Singers (HXS) Chorus since 2010 and is a former member of Lincolnaire Chorus in Nebraska.

Sandy, our current Education Coordinator and former Communications Coordinator, has been part of our Regional Leadership Team since 2016. While our communications head, she was instrumental in helping Region 13 survive (and flourish!) during the COVID pandemic via planning and running Zoom meetings, training sessions, and virtual performances. She also assisted with financial tasks while that position was vacant, and has kept our website up to date, along with her team.

Her list of other accomplishments is long: current HXS membership coordinator, tech administrator, webmaster, YouTube channel manager, social media manager, lead section leader, music team and management team member. She has also been the HXS Team Leader, chaired several shows and chorus events over the years, and participated in numerous ensembles and pop-up quartets over the past 30 years.

Other nominees for the 2024 Heart of the Northwest Award included **Connie Alward, Paula Davis, Beth Garske, Kellie Hull, Patty Martin, and Melanie McGuire.**

Submitted by Sharon Stockstad, (outgoing) Membership Coordinator

Inside this issue of InTune

- Be wowed at SET 2-3
- Anniversary awards 4-5
- Chorus Chatter 6-11
- Starburst Award 11
- Quartet Corner 12-13
- Education News 14
- And more!

Are you ready to be wowed at SET?!?

Region 13's Summer Enrichment Time (SET) will be held on August 22-24 at the Red Lion Inn in Pasco, WA. SET is an every-other-year event full of education opportunities and fun entertainment. We have a packed weekend in store for you! Read on to learn more!

Meet the "professor!"



Caitlin Castelino is our featured speaker for the weekend. Caitlin, a 24-year member of Sweet Adelines, has been on the International Faculty since 2020. She is the Master 600 director of [Diablo Vista Chorus](#) (the 2020 Harmony Classic AA Champions and 2024 8th place international medalist), and baritone of [LoveNotes](#) (the 2014 International Quartet Champions). You can view Diablo Vista's high-energy and incredible performance at International last year by [clicking this link](#).

Read on to learn more about her classes and other educational opportunities.

Thursday: kicking off the event

Thursday starts with PVIs and quartet coaching in the afternoon, plus a kickoff Thursday night. If you are interested in either option, there is a place on the [registration form](#) to sign up, but hurry; the spots are limited. (By the way, Friday, Saturday and Sunday breakfasts are included with your hotel reservations!)

Friday: the action starts

Educate yourself! On Friday, our incredible faculty will be teaching and there's something for everyone. We have **five tracks available**: Administrative Leaders; Directors; Visual Communications; General Membership; and, Quartets. Some of your favorite faculty are returning and some new faces, too.

Classes available include "Creating Shows That Reach the Audience;" a two-part "How to Make Your At Home Practice Efficient & Effective;" "Relaxation, Resonance, and Ring "(the sweet spot in your voice); "Let's Do Theater From the Risers," and much more. You won't want to miss this! A list of all classes will be sent out soon.

Friday night has something brand new! Caitlin will lead the class "Fun and Productive Rehearsals," which features a demonstration chorus. **YOU** can participate! Just check the box when registering to indicate your interest. The demo chorus will be singing "It's a Good Day," and being off paper for your part is required. Music and tracks are available [here](#). Attend this interactive class to participate in a live rehearsal with techniques that make the riser time fun and productive. Musical leaders will learn effective ways to run rehearsals, and singers will add tools to their vocal skills toolbox.

Saturday's schedule

Saturday is all about Caitlin as she leads four classes in the main ballroom throughout the day. You won't want to miss: "The Vocal Mechanism: How Does It Work?;" "Calibrate Your Sound;" (followed by lunch on your own); "PVIs Under Glass;" and "Keep that Voice Young and Healthy."

Saturday dinner: Your SET registration includes a Saturday night meal, which will have something for everyone! The dinner menu will be announced soon.

Saturday evening fun features an incredible Show of Champions performances, followed by a SET favorite: the Novice Quartet / VLQ Extravaganza! If you are interested in either option, there is a place at the end of the main [registration form](#) that will take you to a separate form to sign up.

Tag, you're it! Also on Saturday evening: a tag room will have us singing into the late hours of the evening!

"It's in the Can" is back!

This contest is a longstanding tradition at SET. Proceeds benefit the Young Singers Fund (YSF), support the SAI Rising Star Quartet winners placing 1st, 2nd, and 3rd, support scholarships for college-bound students studying music, and support grant programs such as after-school programs and Young Women in Harmony events. Get creative with your chorus' "can!" Encourage your members to bring in their spare change to rehearsals, and start collecting!

There will be prizes! Voting categories for this year's entries will be announced soon. Winners will be awarded small trophies, and the chorus collecting the highest dollar amount donation will receive a prize. Please bring the collected change or a check made out to NxNW Region 13. In 2022, our region raised nearly \$4,500 for our Young Singers Fund through our "It's in the Can" drive!

A few more things

Early Bird Registration closes July 15. Register now at sairegion13.org/2024SET. **PLEASE NOTE:** be sure you click on the correct registration option: either "I'm paying by check" or "I'm paying with a card."

Red Lion Hotel reservations are also open now. Information on booking your hotel is on our website. Please keep in mind that the cut-off date to book a room is July 31, 2024, and this rate is not guaranteed at third party booking sites like Expedia.com and Hotels.com.

Questions regarding SET can be sent to SET@sairegion13.org. See you there!

Anniversary Awards

Longevity Award information and recipients' names were inadvertently omitted from Region 13's Convention program. These Sweet Adelines are celebrating 5 to 65 years of longevity, and we want to honor them all. Bios for members with 50+ years of longevity can be viewed by [clicking here](#). Region 13 had 118 members celebrating longevity this year! We congratulate YOU!

FIVE YEARS

Jessica Brady
Grace Colton
Amanda Boger
Francis Lupton
Jennifer Murrell
Judy Stein
Amber Mospan
Liza Sorenson
Lisa Nelson
Leslie Malo
Carmile Camisa
Tina Johnson
Sheri Replogle
Lorraine Williams
Sarah Robinson



TEN YEARS

Asia Comeau
Samantha Gorbett
Stephanie Picioccio
Stephanie Potter
Megan Talbot
Jackie Cole
Marcia Davis
Stacy Miller
Kari Flint
Karen Garrett
Wendy Kemp
Candy Johnson
Tamy Meadows

Janet Mobus
Christine Allen
Holly Cole
Pamela Piering



FIFTEEN YEARS

Amy Hicks
Emerson Hough
Voni Hepting
Cindy DiMarco
Jennifer Shelton
Diane Gilliland
Angela McKee
Jule Sheppard
Colleen Minion
Vanessa Steppe
LaVern Heiner
Tonna Kutner
Kathy Jensen
Nancy Moore
Catherine Burnett
Sue Schmitt
Vicki Davern
Jenny Schwartz-Groody
Kaye Snyder
Catherine Gowan
Ann Wyttree
Connie Allegre
Cindy Draper
Patty Overby
Malauna Gibby

TWENTY YEARS

Carol Griffiths
Sandra Dunkle
Rhonda Hunt
Kathy Franks
Elizabeth O'Bannon
Sally Ryerson
Jane Newman
Annette Shaner
Margretta Young
Tami Kamp
Suzanne Dahlquist

TWENTY FIVE-YEARS

Rebecca Bell
Kathe Hans
Midge Zuerner
Laura Gifreda
Ronda Shafer
Donna Stewart
Gretchen Lange
Cheryl Allen
Paulette Sprague



THIRTY YEARS

Judy Pozsgay
Melanie McGuire
Michele Sims
Judi Wadley
Kathy Mussett
Von Roberts
Jill Landback
Alice Kuntz

50+ Years Anniversary Awards

THIRTY-FIVE YEARS

Judy Philippi
Sue Middleton
Donna Ebner
Sara Rae
Missy Hubbard
Karen Wenzel
Andren Moyer

FORTY YEARS

Carol Varner
Janice Drahos
Barbara Leland
Evelyn Lowry
Jean Ashby
Paula Davis

FORTY-FIVE YEARS

Eileen Kemp
Thelma Williams
Patricia Underwood
Jo Yetter
Nona Fausett
Charlene O'Connor

FIFTY YEARS

Joyce Engel
Carol Slater
Melanie Graham
Candace Johnson
Martha Hendry
Betty Jo Kraus

50 PLUS!

55 YEARS: Dottie Dedrick

60 YEARS: Sue McBride

65 YEARS: Sally Bone

But wait! There's more!

Each of our 50+ years members sent us a photo and a synopsis of their time singing with us. Their photos are below, but you should also [visit this webpage](#) and read what they have to say about how singing with Sweet Adelines has impacted their lives.



Sally Bone



Sue McBride



Dottie Dedrick



Joyce Engel



Martha Hendry



Melanie Graham



Carol Slater



Betty Jo Kraus



Candy Johnson

Chorus Chatter

Alaska Sound Celebration Chorus

Once again, **Alaska Sound Celebration (ASC)** put together an unforgettable melodrama that sold out all 16 shows! This year's performance, **WAMCATS of the Wild**, written by ASC member **Chera Boom**, showcased the various talents of ASC members.



ASC would like to praise the following members for their accomplishments:

- **GayLee Erickson** earned admiration for her hard work and dedication to serving others during our Melodrama and was chosen to be our Sweet Adeline of the Year.
- **Elaine Dahlgren** was able to secure us \$25,000 in grants. Wow!
- **Melodi Risi** was awarded the Debby Zeller Memorial Award.
- **Diana Jordan** completed the first cohort of the Region 13 Leadership Program and has been elected to serve on the Region 13 Leadership Team as the new Membership Coordinator.

ASC sparkled in new costumes taking third place overall in the Region 13 competition. Three ASC quartets competed at regionals: **Rewind** (2nd place), **Chillys** (13th), and **Alibi** (17th). Congratulations! We are honored to have so many talented singers in our chorus!

ASC is excited to see what the next year will bring and wishes good luck to everyone who will be competing at the International Competition in Kansas City this fall.

Submitted by Amanda Wiley, Communications Coordinator

Coeur d'Alene Chorus

Coeur d'Alene Chorus proudly took the stage at Region 13's competition and moved the audience so much with our performance package that we ended up winning the Audience Choice Award! We have desired this elusive award since 2014, when we first started competing in the open division. We were so delighted to have touched the hearts of many in our audience.

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more Chorus Chatter

(continued) On June 29, you can catch our next event: **Harmony Explosion a Cappella Tour 2024** at the MCT Center for the Performing Arts in Missoula, MT. For the first time ever, we are going on tour with three other Region 13 choruses: **Helena Xpress Singers, Bridger Mountain,** and **Five Valley** and are looking forward to singing with them. We are so excited to go on tour, and we hope to make this an annual event, traveling to different cities with various choruses, deepening our already-strong bond with our wonderful and talented sisters in song!

Submitted by Anna Esqueda, Marketing Coordinator



Harmony Northwest Chorus



After the holidays, **Harmony Northwest Chorus** focused on its Open Division package for Region 13's competition. It was the first time we had competed on stage in five years, and we were so excited to have SIX new members singing with us!

Come spring, tulips bloom in the Skagit Valley. We "tiptoed through the tulips" in grand fashion by performing at a local tulip farm and Mount Vernon Tulip Festival. It's such a colorful celebration. Our most recent performance in Anacortes was at a memorial park gazebo at the commemoration ceremony for the 80th anniversary of D-Day. We sang the national anthem and *This is My Country*.

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more Chorus Chatter

(continued) The event was sponsored by the Ann Washington Chapter of the Daughters of the American Revolution. The chorus and 110 attendees rang bells for 44 seconds in conjunction with the city's church bells at 6:44 pm to commemorate the sixth day of the sixth month of 1944.

Submitted by Kim Kimmy and Cheryl Isaacs

Jet Cities Chorus



What an exciting time for **Jet Cities Chorus**! One of our tenors, **Sue McBride**, celebrated her 60th year with SAI! We added six new members since January: **Lisa McCann** (bass), **Jamie Surber** (baritone), **Megan Hofkamp** (baritone), **Kelsey Perkovich** (bass), **Lindsey Smith** (lead), and **Melissa Martin** (lead). Sadly, we lost two beloved people, **Tensie Williams** and **Teresa McCafferty**.

We poured our hearts out on stage in Spokane. Our ballad started as a love song, but during our February retreat with Paula Davis, it became about our connection with each other.

We were proud of our performance, but we were utterly SHOCKED when we found out we had won! Our quartets did well, too: **Rhapsody** (1st place!), **Touchstone** (4th place!), and **Meadowlark** (novice quartet!). We hope to make Region 13 proud at International in 2025.

We enjoyed singing for the State of the City event in Federal Way in February. Now we are just starting to gear up for our big fall show on Oct 19, 2024 at Pierce College in Puyallup with guest quartet **The Newfangled Four**. We have a stack of new music and so much fun planned with our toys theme. We hope you will join us!

Submitted by Michelle Smith, Communications Manager

more Chorus Chatter

RiversEdge Chorus

Last summer, four leads and a baritone moved away. This was a pretty big hit for our 22-member chorus. However, through the winter, we gained eight (8) new members! One of them is **Rylie Bertholic**, a 10-year-old with a great voice! Rylie joins her mom, **Emily**, the bass in **Aca'Bellas Quartet**.

We worked hard toward our goal of getting into the B category at Regional Competition. Our coaches (**Andrea Olson** and **Donny** and **Amy Rose**) gave us just the boost we needed. We felt good about our performance and learned we moved into the B category, raising our scores by 38 points, and making the top 10! We had quite the party at our next rehearsal!

In the spring, **Beth Garske**, the wonderful Team Coordinator for both **RiversEdge** and **Ovation**, became ill and had cancer surgery just before contest. She has been our leader since the chorus chartered in 2007. We were very sad knowing she wouldn't be onstage with us and dearly missed her all weekend. Beth has really struggled to gain her strength back. Sadly, she is not doing well. Please keep her in your thoughts and prayers.

Submitted by MaryAnn Milette, Marketing Coordinator

Pacific Sound Chorus



After a six-year absence, PSC was delighted to be on stage once again at Region 13's competition. It was wonderful to see old friends and meet new ones in Spokane.

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more Chorus Chatter

continued from previous page) Thanks to **Bonnie Willis** for stepping in as our director and to all our wonderful coaches. Special thanks to **Teri Parente Brenckle**, **Elissa Riman**, and **Judy Philippi**, who helped build our membership numbers and our sound. We are thrilled to welcome three new members: **Ewa Glogowska**, **Ning Tan**, and **Rebecca Bottenbley**, and we are welcoming more new members! We will be performing the National Anthem on closing day at Emerald Downs and look forward to additional singouts this summer.

We continue our search for a permanent front line director. For information, visit pacific-sound.org. Visitors are always welcome to PSC's rehearsals at our Bellevue rehearsal location. So we know to expect you, please send an email with your name to info@pacificsound.org.

Submitted by Tonna Kutner, Technology Coordinator

Pride of Portland Chorus



Pride of Portland had a winter coaching session with The Rich Tone Chorus' **Becky Balagh** who helped us focus on our visual performance. In February, we held a visioning retreat with **Carol Vecchio**, who led us as we shared our values and personal expectations, and updated our Vision and Mission Statements. In March, we had a chorus retreat with the great **Cy Wood**, who helped us look at our music from a different perspective and enabled us to share this more fully with our audience.

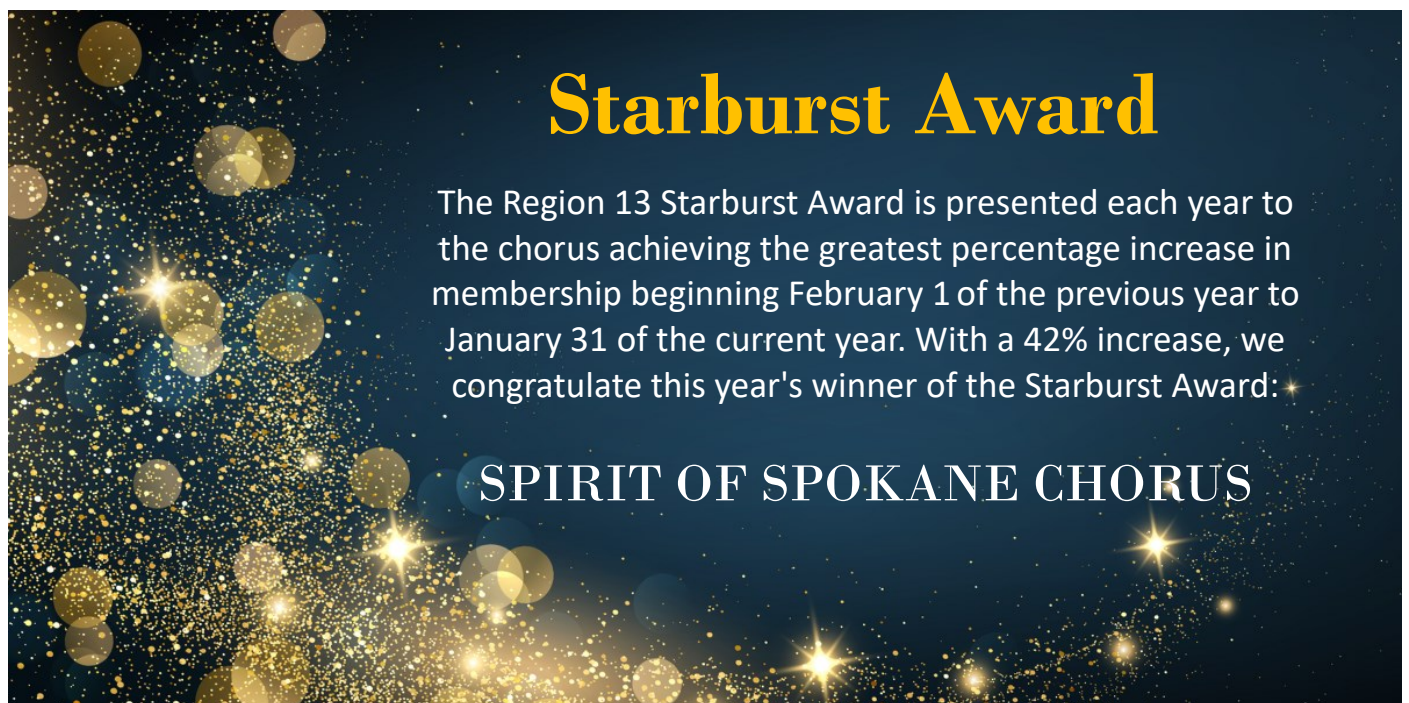
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more Chorus Chatter

(continued) We had a wonderful time in Spokane singing for evaluation at the Region 13 contest. The judges' comments both encouraged us and gave us more to work on as we prepare for Kansas City. In June, we had the privilege of singing the US National Anthem at the 12th Anniversary of the Pacific Northwest Bleeding Disorders Unite Walk.

Lastly, two sessions were spent with the incomparable coach **Joe Cerutti**, who helped us get into the details of our music and address our goal of continuous improvement. We are looking forward to attending SET in August and a coaching retreat with the one-and-only **Dale Syverson**, as we set our sights on Kansas City!

Submitted by Gretta Young, Communications Coordinator



Where words fail, music speaks ~ Hans Christian Andersen

Quartet Corner

PrimeTime Quartet

Hello Region 13! It was so wonderful to see many of you in Spokane this year! Going to Region 13's annual convention is like walking into a family reunion, despite the time that intervenes. **PrimeTime Quartet** is once again ramping up to appear on the 2024 International Stage in Kansas City. With our busy lives and schedules, it's challenging to find rehearsal dates that work for all of us. But we plan far in advance to make it happen. We have been working on some great new music and have some coaching on the calendar. In addition, we have several performances in the planning stages, so stay tuned for more information about this.



Congratulations go out to **Rhapsody**, our new Region 13 Quartet Champions! Together with **AJoy** and **Pride of Portland Choruses**, we couldn't be more excited to be representing our wonderful Region 13 in Kansas City. Also, big kudos to **Jet Cities Chorus** for bringing home the gold (and another medal or two)!

Have a great summer, everyone. Next stop: SET. See you there!

Submitted by PrimeTime Quartet: *Sylvia, Katy, Patti, Sonja*

Rhapsody Quartet

Hello everyone! We're excited to share a glimpse into our quartet adventure with you. First and foremost, we've been strengthening our bond as a quartet and getting to know each other better. Our rehearsals are filled with laughter and love for the music we create together. We're learning new music and making many future plans.

We are fortunate to have some amazing coaches helping us along the way: **Sandy Marron, Shawn Mondragon, Paula Davis** and some coaching at Harmony College Northwest. Looking ahead, we're excited to attend and perform at SET and teach a class (*Tips and Tricks from our Champs!*) as Region 13's Quartet Champions! On October 19, we'll perform on the Jet Cities Show,

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more Quartet Corner

(continued) sharing the stage with the incredible **The Newfangled Four** men's quartet. At the end of October, we'll be competing at the International Convention in Kansas City!

None of this would be possible without the support of our AMAZING region and choruses: **Grand Olympics, Jet Cities, Song of Seattle,** and **Voices Northwest**. For this, we are endlessly grateful. Thank you for being a part of our journey.



Submitted by Rhapsody Quartet: *Rachel, Julie, Anna and Connie*

Touchstone Quartet

Touchstone Quartet is over-the-moon thrilled with our 4th place medals and Most Improved Quartet award! It's always exciting when you actually bring your best with you on stage instead of leaving it back in the room!

Many thanks to our coaches, **Beth Smith** and **Julie Hagstrom**: they know what we need to hear and how to speak the kind truth. Another truth speaker was the video from **Song of Seattle's** Spring Fling in April. What a fun way to help us get ready to put our best feet forward in May.



Congrats to Region 13's newest champs, **Rhapsody Quartet** and **Jet Cities Chorus**! Our tenor, **Robin Osborn**, is also a 26-year member of Jet Cities and hasn't quite floated back down to earth just yet. She reports that Jet Cities is still flying high! Congratulations also to every performer who crossed the stage and gave it all away. The audience and judges sure do love a good contest, and we gave them one!

Touchstone Quartet: *Robin, Debra, Syd and Paula*

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The next **InTune** for members of North by Northwest Region 13 will be published in January 2025.

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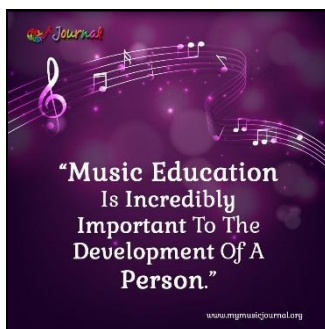
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Check us out on the web: sairegion13.org

Region 13 Education News

WOW! What an awesome convention we had. Thank you to the Convention Team and all volunteers! Contest information and videos are now available for viewing, as follows:

- Score sheets / judges observations on the Members Only website's [Documents](#) page.
- Handouts for the Tag Education class and winning tags from the 2018-2023 Tag Writing Contests on the Members Only website [music section](#).
- Contest videos are on the Region 13 YouTube channel:
 - [Choruses](#)
 - [Quartets](#)



The Education Team is busy preparing classes for SET, updating our 5-year Education Plan, and welcoming our newest Education Team Members: **Jen Sward** and **Frances Lunder**. Our team is always looking for new faculty, and is recruiting, especially for the areas of vocal production and visual communications. To learn more about becoming a faculty member, reach out to [Cheryl Allen](#).

2024 SET is just around the corner, and our wonderful regional faculty has fabulous educational opportunities for you. Educational tracks will be available for Vocal/General Members, Administrative Leaders, Director/Musical Leaders, Quartets, and Visual Performance. Individual Private Vocal Instruction (PVI), Quartet Coaching and the opportunity to perform in a Novice or Very Large Quartet (VLQ) are also part of the fun!

Our clinician this year is **Caitlin Castelino**. She is the baritone of the SAI International Champion Quartet, **LoveNotes**, and director of Region 12's chorus champions and reigning in eighth place international chorus, **Diablo Vista**. A Region 12 faculty member, Caitlin is also a member of the Sweet Adelines International Faculty. [Registration is now open.](#)



Please feel free to reach out to me with your ideas for future SET locations and classes. I welcome them.

Submitted by [Sandy Smith](#), Region 13 Education Coordinator