



THRIVE
To Help Regions Increase
Vibrant Engagement



THRIVE and PEP

NxNW Region 13 Chorus Education Opportunities

THRIVE stands for *To Help Regions Increase Vibrant Engagement*. The goal of THRIVE is to maintain and increase member retention through programs focused on the non-musical needs of choruses — chorus culture, goal-setting, recruitment, finances, community relations, marketing, administration, and leadership training. Region 13 faculty are available to work with choruses in creating plans that build upon their strengths and enhance their visions of the future.

PEP stands for *Preparing Exceptional Performances*. Its purpose is to prepare choruses for giving exceptional performances, be that at rehearsal, on a show, or in a performance around the community. PEP is an opportunity for choruses to bring in talented Region 13 faculty to provide education in areas such as vocal production, showmanship, Personal Vocal Instruction, show production, and more.

When can we schedule a THRIVE or PEP visit? Right now! THRIVE and PEP visits are booked through the Region 13 Education Team; you cannot turn a privately planned coaching session into a THRIVE or PEP visit. Once a THRIVE faculty member is assigned to you they will begin with an assessment to help you delineate your specific next steps together. THRIVE program visits may encompass a combination of several in-person and virtual sessions for your management team and/or with the chorus as there are potentially up to seven “modules” involved in a complete THRIVE experience. Choruses are also eligible for one PEP visit per year. In person PEP visits (maximum 6 hours) can be followed up by a one-hour electronic visit.

Does our THRIVE or PEP visit have to be on a weekday? No. You may schedule a visit for a weekend if that works out better for your chorus. However, the in-person visits are for a maximum of six hours.

Can we choose which faculty visits our chorus? Your chorus is welcome to suggest the faculty you'd like to have. Please understand, however, that we need to be sensitive of coaches' personal and professional commitments, and your first choice may not be available. Additionally, we like to “share the wealth” and introduce all our fantastic faculty members to our choruses. We will work with you to find a coach and/or day that is mutually satisfying to all! You can be sure we will carefully consider the input and requirements of the requesting chorus and match you with the faculty member(s) best suited to your needs.

Which topics are offered? See below for suggested topics to get you started; feel free to suggest others. We have experienced and well-trained faculty who are happy to work with you to provide the education your chorus desires.

What will it cost the chorus? The Region will fund transportation costs for your THRIVE or PEP visit. Choruses are expected to cover the faculty's meals and hotel accommodations (unless other agreements are made). If your PEP session exceeds six hours of the faculty member's time, you will need to pay their regular coaching fees for all hours beyond six. THRIVE visits will potentially involve several different sessions, whether in-person or virtual, therefore the time parameters will be managed so as to benefit the chorus without overburdening the faculty specialist. Choruses should be prepared to expend time and effort in important activities over several months for maximum benefit from the THRIVE program. The Education Coordinator and Education Team will monitor THRIVE time commitments to make it fair for all concerned.

What if I have more questions? The Education Liaison for THRIVE/PEP is Laura Lambert. You can contact her at lolambert4@gmail.com or (208) 818-0783. The Region 13 Faculty Training & Development Manager is Frances Lunder.

Register today! Explore your chorus's full potential with quality instruction, personalized inspiration, and valuable resources available from the Region 13 Education Team. See the final page of this packet for the registration form.

THRIVE VISIT IDEAS

Use this list to brainstorm topics for your THRIVE Visit. You can request education for any of your chorus's non-musical areas of need.

- | | |
|--|---|
| <input type="checkbox"/> Chorus Vision, Values, & Mission Statements | <input type="checkbox"/> Soliciting member feedback |
| <input type="checkbox"/> Curating chorus Standing Rules | <input type="checkbox"/> Membership recruitment and retention |
| <input type="checkbox"/> Chorus Director contract administration | <input type="checkbox"/> New Member programs and systems |
| <input type="checkbox"/> Member recognition programs | <input type="checkbox"/> Chorus financial administration |
| <input type="checkbox"/> Emerita and Associate member programs | <input type="checkbox"/> Long-range planning |
| <input type="checkbox"/> Leadership team training | <input type="checkbox"/> Marketing your chorus |
| <input type="checkbox"/> Creating a member handbook | <input type="checkbox"/> Communication skills |

PEP VISIT IDEAS

Possible topics for your PEP Visit. This list is also not exhaustive so feel free to get creative!

- | | |
|--|--|
| <input type="checkbox"/> Vocal production | <input type="checkbox"/> Getting to the next level |
| <input type="checkbox"/> Vocal energy | <input type="checkbox"/> Musical techniques for small choruses |
| <input type="checkbox"/> Unit sound | <input type="checkbox"/> Choosing music |
| <input type="checkbox"/> Improving skills in Music, Sound, Expression, Visual categories | <input type="checkbox"/> Music staff/section leader training |
| <input type="checkbox"/> Rhythm training | <input type="checkbox"/> Visual Communication |
| <input type="checkbox"/> Sight singing | <input type="checkbox"/> Choreography team training |
| <input type="checkbox"/> How to be a great bass, baritone, lead, tenor | <input type="checkbox"/> Script writing |
| | <input type="checkbox"/> Show production |

**North by Northwest Region 13
THRIVE Program or PEP Program
REGISTRATION FORM**

Today's date: _____ Chorus Name: _____

Team Leader/President Name: _____

Phone number(s): _____ Email: _____

Director Name: _____

Phone number(s): _____ Email: _____

Chorus contact for this PEP/THRIVE visit : _____

Phone number(s): _____ Email: _____

Our chorus is interested in the following topics:

#1: _____

#2: _____

#3: _____

Type of Visit Requested: _____ THRIVE _____ PEP

Requested Dates:

1st choice: _____

2nd choice: _____

3rd choice: _____

Do you have preferred faculty for your visit?

Please note Program coordinators can't promise you'll get your first choice, but we will try.

1st choice: _____

2nd choice: _____

3rd choice: _____

Please initial here to acknowledge the following: *The chorus is aware that any costs for faculty lodging and meals during a THRIVE or PEP visit are the responsibility of the chorus* _____

A list of Region 13 faculty members can be found via the Education tab at www.sairegion13.org

Send this page of the registration form to:
Laura Lambert, THRIVE/PEP Coordinator,
lolambert4@gmail.com (208) 818-0783