



May 10, 2023

Hi, Subscriber,

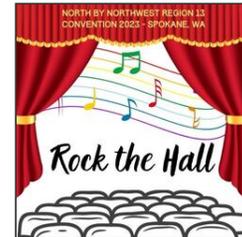
It's almost here!! No, we're not talking about nicer weather and longer days; we're talking about a live and in-person Region 13 convention! It's been a long four years, hasn't it? We can't wait to see you all in Spokane.

(PS: Are you looking for Region 13 Convention information? [Just click here!](#))

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### Wicked Warmups: education handout available online

Join us Friday morning, 05/19, at 8:30 a.m. in the DoubleTree Grand Ballroom for **Wicked Warm-Ups** with your favorite Dynamo Divas, **Nikki and Judy!** Come warm up your body, mind, and voice. Explore the reason for warm-ups and what to expect while doing them. Experiment with new ways of warming up our instrument and preparing it for singing. This is a high-participation class with a little bit of the "why" behind it thrown in.



Printed handouts will not be available on site, so be sure to print out or save an electronic version for this class before you head to Spokane. [You can access it by clicking here.](#)

Submitted by [Shelly Pardis](#),  
Region 13 Education Coordinator



### Non-profit technology tools available for your chorus!

**NOTE:** In the next few eBlasts, we'll be spotlighting technology resources that focus on cost-effective (mostly free!) solutions to help chorus leadership teams with their administrative duties. I would love to hear from you about solutions you use for inclusion in future articles. Please share these with me at [communication@sairegion13.org](mailto:communication@sairegion13.org).

Looking for an accounting system for your chorus finances? [TechSoup offers a QuickBooks Online Plus one-year subscription](#) for up to five users for an annual cost of \$75.00. QuickBooks Online Plus is online accounting software that helps

organizations manage essential financial tasks such as creating invoices, producing reports, and tracking expenses, contributions, and payments.

To be eligible for this discounted subscription, you need to [register your non-profit chorus with TechSoup](#), renew your QuickBooks Online account with TechSoup every 12 months, pay \$75.00 to reconfirm your eligibility for this program, and continue your use of the subscription.

*Submitted by [Sandy Smith](#),  
Region 13 Communications Coordinator*

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## Save the date!

**November 18-19: 2023 Music and Visual Leaders Workshop.** This virtual workshop includes classes and sessions for section leaders, assistant directors, visual team leaders, and anyone interested in learning more about these important roles.

*Submitted by [Shelly Pardis](#),  
Region 13 Education Coordinator*

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## A Cappella Express Youth Barbershop Festival recap!

Our first annual **A Cappella Express Festival** was held on February 18, 2023. My personal goal was to create a festival that would have no expenses and be a fundraiser for the resident choral program.

We had 18 students registered, two directors, four adult section leaders, and the support of the choir director at Century High School in Hillsboro, OR. And despite having a small window in which to put this festival together, it was a success!



With assistance from the [Evergreen District's Bud Lebo Foundation](#) and Region 13's [Youth Outreach Fund](#), I was able to obtain Sweet Adelines International's 2022 Rising Star Champions, [Valkyries Quartet](#) to be our headliners and treble section leaders.

The evening show performances featured our youth choruses, [PDX Voices Chorus](#), and two quartets: the Barbershop Harmony Society's [Seventh Heaven](#) and Region 13's [Twist!](#). Our chorus' bass section leaders were members of the [Argonauts Quartet](#) and [Vocal Summit Chorus](#). Additional volunteers were from [Pride of Portland Chorus](#) and [Tualatin Valley Harmony Masters](#). The directors were [Marsha Kelly](#) and [Drew Osterhout](#).

We are currently planning our next festival for September, 2023!

*Submitted by [Marsha Kelly](#), Artistic Director,  
Region 13 Youth Outreach Coordinator*

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## NxNW Region 13 Youth Outreach

**Helena Xpress Singers (HXS)** rallied in late March to put on a very successful **Girl Scout Harmony Day** for Girl Scouts to earn their Harmony patch. This patch was created for Sweet Adelines' Young Women in Harmony Program to introduce girls to the joy of singing with others in multi-part harmony.



Forty-five girls attended the event along with a few parent helpers, Girl Scout leaders, and an energetic group of HXS members who taught the girls several songs in four-part harmony, provided tips on performing, and costuming. Snacks were served. Most of the girls were kindergarten through fourth grade, so you can imagine the amount of energy we experienced that day! But in a few short hours, the girls accomplished their goal and performed for friends and family at a closing concert that was well attended and enjoyed by all.

Thank you to Region 13 for the Youth Education Outreach funding that helped us put this event on.

*Submitted by Karlee Smith  
Helena Xpress Singers*

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## **Is your membership information up to date?**

Please take a moment to log in to the [R13 Members Only](#) website to update your member profile information. If you have any login issues, please contact [Mindy Engelberg](#) or [Diana Jordan](#).

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**"Happiness is meeting an old friend after a long time and feeling that nothing has changed."**

*- unknown -*

### **EDITORS:**

Carol Drew and Sue Middleton / [eblast.editor@gmail.com](mailto:eblast.editor@gmail.com)

### **REGION 13 WEBSITE**

[sairegion13.org](http://sairegion13.org)

### **CHANGE / UPDATE / ADD MEMBERSHIP INFORMATION**

Please send your name and preferred email to: [eblastupdate@sairegion13.org](mailto:eblastupdate@sairegion13.org)