



North by Northwest Region 13
SET 2019 Class Descriptions

GENERAL MEMBERSHIP TRACK

2019 Regional Champs—Wink: Coaching Under Glass—*Erin Howden*

Friday 4:15 pm:

Come watch Guest Faculty Erin Howden coach Region 13's Regional Quartet Champs. There is always a lot to learn from observation!

Emotional Intention—Viewing Artistry as a Result vs. a Task—*Erin Howden*

Saturday 10:30 am

Participants will be challenged to dig deeper into the emotional purpose of a song in order to bring its intention to life. Using character development, the music, the arrangement and the lyrics as a roadmap we will examine how impactful and artistic musical and visual performance is rooted in authentic emotional purpose. Expressive concepts such as dynamics, forward motion, vocal textures, and physical communication will be explored as an outcome versus a task.

It's Dynamite! Exploring Artistic Sound—*Beth Smith*

Friday 1:15 pm

Join Beth Smith and PrimeTime as they show you the ins and outs of taking your sound to the next level. Learn what artistry is and isn't, and how to tap into your best artistic performance.

Joy, Joy, Joy, Joy Down In My Heart—Finding the Joy in Your Performance—*LouAnn Hommel*

Friday 10:30 am

Learn some tools to help you tap into your heart and your inner child when you are performing. As a performer, when you share a beautiful story or just revel in the tempo of a great uptune, the audience will be swept in. That's what we're after and the result is pure joy!

Let It Go! Promoting Emotional Exposure and Performance Freedom—*Erin Howden*

Friday 7:30 pm

This interactive class will be sure to inspire and unleash your authentic, uncommon and creative genius as you toss fear aside and explore complete and unguarded expressive performance. This class will focus on vocal and visual performance freedom and work to reduce the mental "SPIN" associated with following all the "rules."

Pure Imagination—Creatively Influencing Sound and Performance—*Erin Howden*

Saturday 9:00 am

Your imagination is a key to unlocking the artist in you. We will explore how utilizing your imagination can positively influence sound and performance. Space and proximity, scene emersion, kinesthetic, visioning, imagery, and in turn developing a performance strategy "playbook" will contribute to the performer's ability to and create musical artistry in a world of "Pure Imagination."

Sectionals for SET songs Imagine/Happy Birthday—*PrimeTime Quartet*

Friday 9:00 am

Learn your music in advance. Upon registration, you will receive music and learning tracks for our SET songs: *Image* and *Happy Birthday*. There are four separate classes--tenors, leads, baritones, and basses that will focus on fine-tuning learning focused specifically on your voice part. Come learn what special things your part needs to know to make these songs the best they can be.



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To Be or To Become...THAT is the Question—*Erin Howden*

Saturday 3:00 pm

“To be or not to be,” is the Shakespearian quote we are familiar with. However, is growth not about what you are yet to become? Being growth-oriented starts with your mindset of its members. This interactive class will give participants an opportunity to examine what is getting in the way of their potential. There is no such thing as doing your “best” because if challenged, there is ALWAYS a way to better your skills, your mental game, your behaviors, your relationships and your performances. We tend underestimate our capacity. This class presents active opportunities for participants to risk, grow and fall forward as they identify opportunities for growth and seek out the best version of themselves! YOU are accountable and in charge of tapping into the best version of YOU! Stepping into personal excellence is an intentional choice. “If you think you can be better then be better be better!” *Bob Fosse*

Tune-Time—Tips and Tricks—*Beth Smith*

Friday 2:45 pm

Join Beth Smith and PrimeTime as they show you the ins and outs of taking your sound to the next level. Learn what artistry is and isn't, and how to tap into your best artistic performance.

Unity and Synchronization—Timing Isn't Everything—*Erin Howden*

Saturday 1:30 pm

Unity and Synchronization are outcomes to strong and consistent vocal and visual performance strategies. When unity and synchronization are negatively impacted, the root causes need to be identified. During this experiential class we will work together to uncover some of the many potential vocal and visual performance behaviors that can result in reducing the consistency and/or achievement of strong unity and synchronization.

ADMINISTRATIVE LEADERS TRACK

Directors, Presidents/Team Leaders – Building Leaders' Relationships That Work for All—

Debra Aungst and Paula Davis

Friday 2:45 pm

Directors and Presidents/Team Leaders need to work hand-in-hand to create a positive, creative and productive experience for each chorus member and each rehearsal. How can we better work together to accomplish our goals? Come explore idea and opportunities for strong working relationships with Director Paula Davis and Chorus President Debra Aungst. Working together can be both fun and fruitful!

Finance Coordinators-Things to Know--Calendars, Committees, Checkbooks, Oh My!—*Janice McKenna*

Friday 1:15 pm

How to structure your team to assist managing the finances of the chorus. Know what and where to delegate, get professional assistance and track what needs to be done. Discussion of best practices: Let's learn from each other!

Membership Growth: The Identity Factor—*Patty Martin*

Friday 10:30 am

Participants will learn 1) how to use your chorus identity to determine methods of growing, retaining, and enhancing membership; 2) specific tools to help your chorus grow; and 3) how to



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plan activities with your chorus to help each member be an ambassador for growth. Big FUN activities are planned to help you implement a specific Growth, Retention, and Enhancement Plan for your chorus!

DIRECTORS & MUSICAL LEADERS TRACK

Directing Your Chorus or Section: Tips and Tools to Create the Music You Hear in Your Head –

Paula Davis

Friday 10:30 am

When you stand in front of your singers, do you wish that you could help them accomplish their goals? Do you sometimes feel mystified and helpless to help with just your hands? Come join in the exploration and fun of this “hand - on” class where we will dive into ways you can move your ensemble to new heights using only your body (not words)! Bring your questions and concerns for specific input as well. Dare to try new ways to direct and watch your singers blossom!

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Make the Most of Each Rehearsal—*Lucy Heinkel*

Friday 1:15 pm

When rehearsal is only a few hours a week, we need to make the most of the time we have with our chorus members. We will look at ways to manage time wisely during rehearsal and how to plan a series of rehearsals in preparation for an event (i.e. chorus show). We’ll also talk about and experience different rehearsal techniques that will keep your rehearsals interesting, challenging, and educational for your members.

QUARTET TRACK

Energizing Your Quartet Performance—*Tawni Miller*

Friday 2:45 pm

Are your quartet performances feeling dull and less stellar than you would like them to be? Learn how to amp up the energy and thrill your audience with some easy and exciting techniques to bring your quartet performances back to life!

Exploring Dynamics and Vocal Texture for Quartets—*Elizabeth Davies*

Friday 1:15 pm

When the Gas House Gang Quartet were asked, "How do you sing such beautiful softs?" they famously replied, "We don't sing softs. We only sing levels of loud." In this class we will explore strategies to create a dynamic plan that ensures consistent supported tone to keep the Sound Judge smiling AND provides forward motion to keep audiences on the edge of their seat. This is a high-participation class for quartetters and wanna-be quartetters; come ready to sing!



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How to Unify Your Quartet Sound—*Katy Hawley*

Friday 10:30 am
TBD

VISUAL LEADERS TRACK

Choreography Speed Teaching! Preparing for a Successful Adventure Teaching Choreography and Tips to Make it Happen!—*Charlene O'Connor*

Friday 1:15 pm

Ever wonder why it takes chorus members so long to learn and retain choreography? Let's put our heads together and share our ideas, along with our do's and don'ts, to be successful in teaching choreography. Come prepared to "play with choreography" Bring along any sheet music you want to "play" with.

Costumes, Hair, Make-up - Oh My!—*Sue Beck*

Friday 10:30 am

This class helps the learner understand the impact of costumes, make-up, and hair on performance. It delves into the "generic" presentation and also into character presentations as seen in the Open Division or Entertainment Package (at international convention).

Putting Together Your Chorus Visual Team—*Sue Middleton*

Friday 2:45 pm

A cohesive and effective visual team is important to the growth of your chorus. This class will cover how to put together a visual team, who to include, and how to organize everyone's responsibilities. We'll also discuss the "inner game" of working with your creative team.

LEADERSHIP—FOR EVERYONE

Building, Maintaining and Re-Building Trust: Every Leader's Responsibility—*Paula Davis*

Sunday 9:00 am

When there are challenges and struggles in your chorus, does it create stronger relationships or put small fractures into the "bones" of your chorus life? How can we as leaders help build trust to weather future storms or rebuild trust that has been broken? How can we build stronger relationships between member and leaders in every area of your chorus life? How can I build trust with choruses I coach or work with? Trust is THE MOST IMPORTANT element of our leadership. This will be a safe place to learn, question and grow in this critical area of leadership.

Finding and Building a Vision That Everyone Can Support—*Nancy Kurth*

Sunday 10:30 am

Come learn the value of establishing a chorus vision statement. We will share ideas on how to make this a group project, so everyone buys into the plan.