



North by Northwest Region 13
The Scoop on SET | July 14, 2024
More info: sairegion13.org/2024SET



Hello, everyone!

Are you ready to be wowed at this year's SET, planned for **August 22-24, in Pasco, Washington at the Red Lion Inn**. I know I'm getting excited to soak up all the knowledge to be shared by Caitlin Castelino and our Region 13 faculty. It's shaping up to be a fantastic weekend filled with fun, reconnecting, and learning!

I'm really looking forward to seeing all of you and learning together! Sign up today if you haven't already. It's going to be a fantastic time to "Glitter on the River!"

~ Linette Finstad, SET 2024 Chair



t's in the Can Contest



Our **It's in the Can Contest** is back, so get those creative ideas moving for your chorus' "can." It all adds up! Have your chorus members bring in their spare change and start collecting NOW.



It's in the Can proceeds benefit the Young Singers Fund (YSF), which is a SAI program that supports singers under 25 via youth outreach, music festivals, camps, and educational programs for the next generation of Sweet Adelines. **It's in the Can** donations are used to support the SAI Rising Star contest winners (1st, 2nd, and 3rd place), scholarships for college-bound students studying music, and support grant programs such as after-school

programs and Young Women in Harmony events. Your support of the Young Singers Fund helps to ensure the future of our organization.

The voting categories for chorus entries this year are Best Representation of SET's "Glitter on the River" theme, as well as Most Unique. Please convert your change to a check and place that in your can at SET, or give it to SET Chair Linette Finstad on Saturday night.

In 2022, our region raised nearly \$4,500 for the Young Singers Fund through the **It's in the Can** drive! This year, we are sending in our Region 13 contributions to International in honor of Nancy Kurth, who passed away June 29th and for whom the Young Singers Fund was a huge passion. Thank you in advance for your contributions to this important fund.

Do you have questions on how funds donated to the YSF can help *your* next young singers event? Visit <https://sweetadelines.com/education/music-educator-resources#Contests-For-Students> or contact Sweet Adelines International Education Department at education@sweetadelines.com.



Thursday Events

Thursday, August 22nd kicks off with PVIs and quartet coaching in the afternoon and a kickoff event Thursday night. While waiting for the evening activities, relax by the pool at the Red Lion or have a nice meal in one of the onsite or local restaurants. We will have a special video presentation by our International-bound Pride of Portland Chorus that will morph into a live demonstration!



Friday Events

Friday, August 23 our incredible faculty will be teaching something for everyone, as we have **five tracks available in five sessions** for Administrative Leaders, Directors, Visual Communications Leaders, General Membership, and Quartets. We have some of your favorite faculty returning and some new faces that you won't want to miss.

Here is a listing of the sessions and tracks. *Note: this is still a working document. Class times and titles are subject to change. Room assignments TBD.*

FRIDAY Aug. 23 BREAK OUT SESSION (TRACKS) CLASSES-ROOMS TBD

Session One 9:00-10:15 a.m.			
Time	Class Title	Faculty	Room
Admin Leaders	NO CLASS SCHEDULED FOR THIS SESSION		
Directors	Annual Planning <i>advanced</i>	Paula Davis	
Visual Communication	Creating Shows That Reach the Audience	LouAnn Hommel	
Vocal/General Membership	How to Make Your At Home Practice Efficient & Effective: Part 1	Drew Osterhout	
Vocal/General Membership	Relaxation, Resonance, and Ring (The Sweet Spot in Your Voice)	Lucy Heinkel	
Quartets	Running the Business End of Your Quartet	Jan Smallwood	
Session Two 10:30-11:45 a.m.			
Time	Class Title	Faculty	
Admin Leaders	Diversity, Equity, & Inclusion for Chapter Leaders	Cherie Letts	
Directors	Optimizing Blended Ensemble Sound <i>advanced</i>	Beth Smith	
Visual Communication	Let's Do Theater From the Risers	Shelly Pardis	
Vocal/General Membership	How to Make Your At Home Practice Efficient & Effective: Part 2	Drew Osterhout	
Quartets	Quartet Wanna-Be	Ovation	

LUNCH 12:00-1:15 p.m.			
Session Three 1:30-2:45 p.m.			
Admin Leaders	SET Talks		
Directors	SET Talks		
Visual Communications	SET Talks		
Vocal/General Membership	SET Talks		
Quartets	SET Talks		
Session Four 3:00-4:15			
Time	Class Title	Faculty	
Admin Leaders	Vision, Mission, and Values <i>advanced</i>	Carol Vecchio	
Directors	Coaching Under Glass (How to Give a PVI) <i>advanced</i>	Marsha Kelly	
Visual Communications	Anatomy for Singers Who Move	Kat Erickson	
Visual Communications	Diving Deeper Into Emotional Singing (Feeling What You Sing)	Charlene O'Connor	
Vocal/General Membership	Diving Deeper Into Emotional Singing (Feeling What You Sing)	Charlene O'Connor	
Quartets	Tips & Tricks From Our Champs	Rhapsody, 2024 R13 Quartet Champions	
Session Five 4:30-5:45			
Time	Class Title	Faculty	
Admin Leaders	Effectively Running a Relay Race	Sandy Smith	
Admin Leaders	Grant Writing	Sally Ryerson	
Directors	Visuals And The Voice <i>advanced</i>	Caitlin Castelino	
Visual Communications	Visuals And The Voice <i>advanced</i>	Caitlin Castelino	
Vocal/General Membership	Sound Advice	Cindi Knight	
Quartets	Marketing Your Quartet	Sue Middleton	
General Session 7:30-8:45			
	Fun and Productive Rehearsals	Caitlin Castelino	

Friday night has something brand new for SET. Caitlin is teaching “Fun and Productive Rehearsals” which will feature a demonstration chorus. As long as you are a member of Region 13, **YOU CAN BE PART OF THIS CHORUS.** The song we are using is “It’s a Good Day” and will require you to be off paper for your part. The music and tracks are available in the Members Only section of the Region 13 website. Come to this interactive class to participate in a live rehearsal with techniques that make the rehearsing fun and productive. Musical leaders will learn effective ways to run rehearsals, while singers will add tools to their vocal skills toolbox!



Saturday Events

Saturday is all about Caitlin Castelino! Caitlin is a 24-year member of Sweet Adelines and has been on the International Faculty since 2020. She is the Master 600 director of Diablo Vista Chorus, the 2020 Harmony Classic AA Champions and 2024 8th place international medalists, AND she is the



baritone of LoveNotes, the 2014 International Quartet Champions. If you missed the high energy and incredible performance from Diablo Vista at International last year, check it out here: youtube.com/watch?v=HArjew7ZLkY

Caitlin will be leading four classes in the main ballroom throughout the day that you won't want to miss: *The Vocal Mechanism: How Does It Work?*, *Calibrate Your Sound*; (then lunch on your own), *PVIs Under Glass*, and *Keep that Voice Young and Healthy*.

Your SET registration includes a Saturday night **Deluxe Dinner Buffet** that will include:

- Garden salad with assorted toppings and dressings
- Mixed greens with diced apples, dried cranberries, candied pecans and raspberry vinaigrette
- Medley of sauteed vegetables
- Tuscan rolls and butter
- Assorted desserts
- Served with freshly brewed coffee, decaf, iced or hot Bigelow tea.

Entree options include:

- Seared chicken breast with artichoke and roasted tomato cream sauce (sauce is gluten free)
- Seared salmon with lemon caper cream sauce (sauce is gluten free)
- Starch options of roasted lyonnaise potatoes and/or wild rice pilaf

Saturday Night features an incredible show of champions. There will be video and live performances from not just this year's International bound choruses, but next year's as well! Our 2024 International bound quartets **PrimeTime** and **Rhapsody** will also be performing, and as a special treat, a live performance from members of **Ovation**.

From there, we move into a SET favorite: the **Novice Quartet/VLQ Extravaganza!** To register for the Novice Quartet/VLQ Extravaganza, please send your information to: SET@sairegion13.org.

We will also have a Tag Room so we can sing into the late hours of the evening!



But wait! There's more!

WE WANT TO SUPPORT YOUR CHORUS OR QUARTET. If you have an upcoming event, or fundraiser, we will have a table available at SET for you to place information about your upcoming event. Feel free to leave your information at the table marked with the REGION 13 UPCOMING EVENTS sign.



Quick Links

- **Register now at:** sairegion13.org/2024SET
- **Red Lion hotel reservations are also now open. Information on booking your hotel is available on this page:**

sairegion13.org/2024SET

- **Rooms are filling rapidly and our room block has been increased twice! The absolute cut-off for the SET discounted rate is July 31st.** Your hotel reservation includes Friday, Saturday and Sunday breakfasts! Please note that this rate is not guaranteed at third-party booking sites such as expedia.com and hotels.com.
- **Any questions regarding SET can be sent to:**
SET@sairegion13.org

