

N&NW

North by Northwest Region 13

December 20, 2020

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FACULTY HIGHLIGHTS

Cheryl Allen



Cheryl Allen is not your ordinary Regional Faculty member. She doesn't know much about music and even less about performance. But she does have a modicum of understanding and knowledge about adult learners and educational best practices. Her training and experience working in public education as a teacher, instructional coach and administrator helped prepare her for her current role as one of the Region's Educational Specialists. Cheryl helps provide training for the Regional Faculty members in the process of teaching and learning. She is helping to develop a framework for instructional practices that is consistently used throughout the Region by faculty as they plan and prepare for their outreach to membership. The challenge this year of going totally online provided her with new learning opportunities as she supported faculty in teaching Zoom classes at this year's Area Schools. She enjoys working one-on-one with faculty as they prepare for their classes and workshops. In the future, she is hoping to find ways to connect the educational framework more closely to coaching opportunities that the Regional Faculty members engage in across the region. She finds it fascinating to see the creative ways that our faculty members engage choruses and quartet members when they coach and teach. "I see my job as finding new ways to make that coaching and teaching STICK so it isn't forgotten when the session is over."

Currently, Cheryl is the Team Coordinator for **Spirit of Spokane Chorus** and sings baritone in **SnapShot! Quartet** with Cris Conerty (lead), Melody Martz (bass), and Laura Lambert (tenor). A couple of highlights of her 20 years in Sweet Adelines would include her very first International contest with her chorus in Atlanta (1999), and singing on the International stage in Las Vegas with **SnapShot!** when they were a wild card competitor from our region (2017).

*Submitted by Cheryl Allen
Region 13 Faculty Specialist Development*

Peggy Benton

Peggy serves as one of our Region's Master Faculty, well versed in vocal, visual, and administrative knowledge. Peggy has a Bachelor of Arts in Arts Administration and a Bachelor

passes on her love of music to younger generations. In 2019 she was given the Golden Apple award for excellence in teaching.

Peggy joined Sweet Adelines in 1990 and quickly began creating choreography. She was both a Tenor and Lead Section Leader and an Assistant Director under the fabulous Sue Hahn. More than twenty years ago she became a front-line director. Peggy is a Master Director and serves as frontline Director for **Alaska Sound**

Celebration; and has also led them several times on the international stage. She has performed both as a tenor and lead in several quartets and placed as high as third regionally. Peggy has taught many classes such as Ballad Interpretation, Vocal Production, Quartet Promotion, and Music Team Management. She loves to work with singers at all levels.

Over the years, she has had many roles in local theatrical productions including the ASC produced *Fur Rendezvous Melodrama*. These have allowed her to display the comedic and fun-loving sides of her personality. She had the honor of being the “Lady Trapper” in 2006.

A mother and stepmom of four grown up children (and two of the furry kind), Peggy has a busy life which includes a love of cooking, gardening, and spending as much time as possible being Yamma to Keegan and Addie. If she had more time to spare time, she would be on a boat fishing with her husband Ron.



*Submitted by Debra Aungst
Region 13 Faculty Specialist Facilitator*

Elizabeth Davies



Elizabeth Davies looks at the Barbershop world through two lenses. As a director for **Sound Harmony Chorus** and past Regional quartet champion with **Lift-Off Quartet**, Elizabeth sees the world of Barbershop through the Sweet Adelines lens. As a co-director for the **Seattle SeaChordsmen Chorus**, and as a member of the mixed-voice quartet, **Impact**, and as an aspiring Singing Category judge, Elizabeth views the Barbershop world through the BHS lens. Rather than jumping back and forth between these two worlds, Elizabeth has found a way to overlay and blend together their sometimes different expectations and bring the best of both of these worlds into her coaching life. As a Regional Faculty member, Elizabeth is called on to teach classes, to write articles for newsletters

and magazines, and to coach quartets and choruses in any number of vocal performance areas. You will find she is pretty scientific about it. “When I am coaching vocal skills, my approach is very physiology-based and rational...you won’t hear me say ‘Sing purple!’” What you will hear, is an explanation of how the sound is produced and how you, as a singer, are influencing that production.

Elizabeth enjoys all-around coaching with all levels of choruses and quartets. She finds the world of coaching and teaching “endlessly fascinating”. She especially loves working with a group to help them identify how they are unique and then amplifying that uniqueness to help them reach new levels of skill and feelings of success. Having feet in both of these Barbershop worlds keeps her running! But, as Elizabeth says, “This is a nice excuse to go at the insane pace that I like the best.”

*Submitted by Debra Aungst
Region 13 Faculty Specialist Facilitator*

Sue Middleton

Sue Middleton serves on the Regional Faculty as a Performance Specialist. One of her specialties is helping choruses with the visual aspects of their performance. She enjoys teaching and helping others, and as a regional faculty member has led classes at Region 13 educational events, for Harmony College Northwest, and with other groups outside the barbershop world.

Sue has served in many different roles at the regional level: Regional Management Team Leader, Regional Management Team Communications Coordinator, and Chapter Coordinator. She is the primary webmaster for our regional websites, as well as an administrator of our Facebook page. Additionally, she is responsible for designing many of Region 13's logos, programs, flyers and social media posts.



Sue discovered Sweet Adelines in 1989 and nothing has been the same since! A 40-year member, she has sung with **Jet Cities Chorus** in Federal Way, WA that entire time. She was also a dual member of **Pacific Sound** and has been a member of **Pride of Portland Chorus** for over 8 years. With each chapter, Sue has been a front row singer and member of the Visual Team and is currently the Co-Visual Team Leader for **Pride of Portland**.

Sue is Region 13's 2017 recipient of its Heart of the Northwest Award, created to honor a member who exemplifies "all that is a Sweet Adeline."

*Submitted by Debra Aungst
Region 13 Faculty Specialist Facilitator*

Sandy Smith



Sandy Smith is one of the newest additions to our Regional Faculty. We are fortunate to have her as an Administrative Faculty Specialist coming to us with prior teaching experience and expertise in a wide range of subjects such as communications, marketing, and technology. She currently serves as the Communications Coordinator on the Regional Management Team and previously served in that same role in Region 7. Over the years she has served in all of the various chorus Management Team positions. She currently is a proud member of the **Helena Xpress Singers**.

Sandy, urged to join Sweet Adelines International in 1995 by her husband Dennis, appreciates his support of her singing passion. Hailing from the Midwest, Sandy sang four times on the international stage with **The Lincolnaire Chorus**. On a personal note, Sandy loves gardening, reading, traveling, keeping up with the Huskers football team, and spending time with family (she has two adult sons and she is the oldest of eight children).

Sandy has held various positions in her work career but has a special love for technology. She has a degree in Information Systems Management and has over 30 graduate hours in Leadership Development. She has taught hundreds of technology classes to individuals, businesses and at the Community College level. She is available to provide training on Technology, Project Management and Chorus Administration.

*Submitted by Cheryl Allen
Region 13 Faculty Specialist Development*

Janice Wheeler

As a Regional Faculty member, Janice Wheeler's expertise fits a very specific need. She understands music theory! Diatonic countermelodies that crescendo through our a cappella art form...she gets it! And she wants us to "get it" too! Janice has spent years searching for a better understanding of how music works and how you can put notes together to make new music. In addition to coursework in Finale Music Notation and Music Copyright Law, she holds certificates in "Music Theory and Harmony", "Music Theory and Counterpoint", "Voice Technique and Musicianship", and "Music Business Law and Policy" from Berklee College of Music in Boston through their accredited and highly acclaimed on-line program. She chose the Berklee program not only for their high quality of

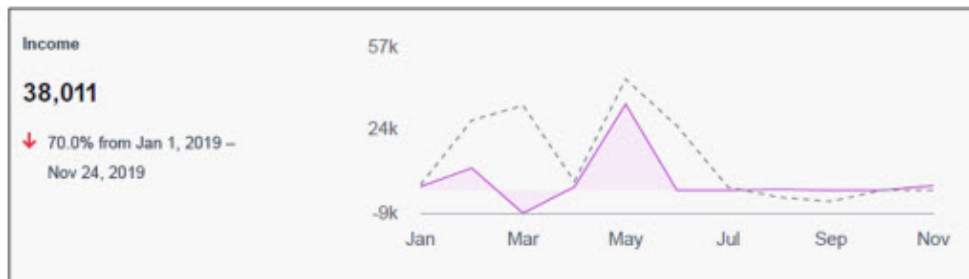
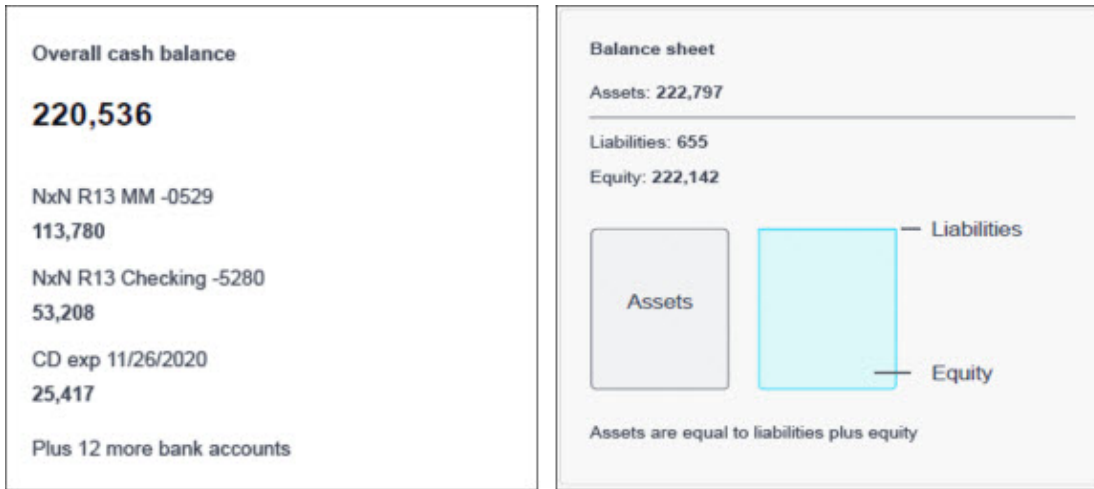


As a Region, we reap the benefit of Janice’s knowledge as she teaches classes on arranging and music theory for us at Area Schools, SET and most recently at our Saturday morning North by Northwest Live presentations. Janice makes it seem easy to take an idea for a song, build a melody and lyrics into a quick tag, and then figure out how to make the harmonies happen. For North by Northwest Region, Janice facilitates courses in arranging in the Barbershop style at the **Region 13 Arrangers WorkShop at HCNW** and coordinates the annual **Tag Writing Contest** co-sponsored by Region 13 and HCNW. She recently was honored with the “Tall Timbre Award” from The Evergreen District of Barbershop Harmony Society for the work she has done at Harmony College NW. She currently sings bass with **Pride of Portland Chorus** where she currently serves as Music Librarian for Sheet Music Acquisitions, Documentation and Updates.

*Submitted by Cheryl Allen
Region 13 Faculty Specialist Development*

FINANCIAL UPDATE

A big thank you to Sherry Morrison, our Accounting Specialist for providing the following financial update. As you can see from the data, the regions finances are good, even with the pandemic.



If you have any questions regarding the region’s finances contact [Rhonda Gould](#), Finance coordinator.

*Submitted by Rhonda Gould
Region 13 Finance Coordinator*

Sharon Stockstad reported the following at the November RMT meeting:

- Attended several **Music in the Morning** sessions, great classes.
- With the help of Sandy sent out the **Music Copyright and Licensing Overview** with a brief synopsis of the information to all Presidents/Team Leaders, to Patty for the directors, and to Carol Ward to send to quartets.
- Attended the RMT networking session.
- Sent chorus histories and 50+ year member bios and pictures to Deb for next eBlast.
- Sent International update to Presidents/Team Leaders highlighting the info on competing.
- Checked the number of members per chorus from the SAI website on November 1, we only lost four members in the region since October 1! Twenty-three of our choruses (including CAL) are holding steady or gained members.
- Watched several of the interviews during RMT days. Attended the Membership Coordinator Discussion.
- Sent email to Presidents/Team Leaders inviting them to attend DEI Zoom meeting with Rhonda and the meeting with Sharon Cartwright.
- Attended the DEI meeting with Rhonda.
- Sent out reminder email to choruses to be sure to vote for the SAI BOD and send in chorus histories.

Items to discuss:

- Heart of the Northwest Award.

*Submitted by Sharon Stockstad
Region 13 Membership Coordinator*

VIRTUAL CHORUS



Thanks to the 120+ Members participating in the first ever **Region 13 Virtual Chorus**. We have some exciting plans for the video release, so if you have not submitted yours, you have until December 31st to do so. Check your email for the submission link or contact me if you have misplaced it.

Submitted by
Sandy Smith, Communications Coordinator



The members of your Region 13 Management Team send warm holiday wishes to all our members. While 2020 has been disappointing and stressful in many ways, it has also encouraged us to find new ways to remain connected, to sing, and to persist. The outlook for 2021 is increasingly promising -- thank goodness! Enjoy the harmony and peace of this season and accept our heartfelt gratitude for your continued and steadfast dedication to our choruses, our region, and our organization.

*Submitted by Sally Ryerson
Region 13 Management Team Coordinator*



NxNW Region 13 Needs You

North by Northwest Region 13 is a cutting-edge group of diverse women singing, performing, and championing a cappella music.

We need to give a **BIG SHOUT OUT** to the Regional Management Team, Resource Staff, Regional Faculty and all the chapter and quartet leaders who help our region function so well. Region 13 could not be as vital, innovative, and effective as we are if it were not for the volunteers serving the region!



Our volunteers work hard to provide education and performance opportunities for our members and this work provides an outlet to use their skill sets, creativity, passion, energy, and out-of-the-box thinking to advance the craft of singing a cappella music. And...they receive excellent educational opportunities both at the Regional and International levels.

We are extending an invitation to you, to join in the **REWARDING AND FUN TIMES** we have!



Several volunteer positions are available with varying time commitments. Here are the volunteer opportunities for which we are currently recruiting:

Volunteer Opportunity	Minimum Meeting Requirements	Average Estimate of the Monthly Time Commitment
Regional Management Team Director's Coordinator (chosen by Regional Directors)	Once per month	10 hours
Regional Management Team Marketing Coordinator	Once per month	10 hours
Regional Management Team Finance Coordinator	Once per month	10 hours
Regional Management Team CRC/Events Coordinator	Once per month	10 hours
Assistant Webmaster	2 times per year	5 – 10 hours
Convention Communications Chair	8 times per year	10-12 hours for 5-6 months
Social Media Administrator	2 times per year	5 – 10 hours
eBlast Editor	2 times per year	5 – 10 hours (during the pandemic time commitment is slightly higher as bi-weekly editions are being published)
Regional Management Team Associate	Once per month	Varies, depending upon the position you are shadowing

Please take a look at the [Job Descriptions](#) and consider applying for these opportunities today!

And if you are ready to volunteer, download the [application now!](#)

Thanks for all you do!

Your RMT

*Submitted on behalf of the RMT by Sandy Smith
Region 13 Communications Coordinator*

MEMBER INFO UPDATE REQUEST

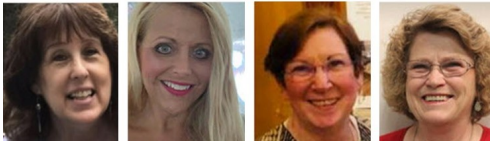
Please take a moment to login to the [R13 Members Only](#) webpage to update your member profile information.

If you have any login issues, please contact [Mindy Engelberg](#) or [Diana Jordan](#).

*Submitted by Sharon Stockstad
Region 13 Membership Coordinator*



Have you ever wondered what your RMT actually does? Members are welcome to visit monthly meetings which are held via Zoom. If you plan to attend, you will need to register **at least 3 days prior to the meeting.**



NOTE: Meeting times have changed. All meetings begin at **2:00 pm** Pacific time and last approximately one hour.

The next meeting is scheduled on **January 13, 2021.** Register in advance for this meeting at <https://zoom.us/meeting/register/tJ1vc--qrT8uGtHFgoGpCJysSZs6GgPoz-on>.

After registering, you will receive a confirmation email containing information about joining the meeting.

*Submitted by Sally Ryerson
Region 13 Team Coordinator*

Inside...

A request not made is an opportunity missed

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REGION 13

sairegion13.org

**TO CHANGE/ADD
MEMBER INFO**
Send your name and
preferred email to:
eblastupdate@sairegion13.org