



August 1, 2020

Rehearsing Together Again

We're waiting, we're waiting...

Our June 7 eBlast included an article that talked about when we might be able to sing together again, face to face. I so wish I could tell you that the time has come, but as we are all aware, Covid 19 is still ravaging our country. Hopefully everyone is doing their part to bring this under control by wearing masks, social distancing, and being cautious about social gatherings.

Zoom rehearsals are fantastic, as far as they go. They are keeping us connected safely, providing us opportunities to learn new music, techniques and theory while having fun with themes, costumes, and games. But we need a little hope that the day is coming when we can stand side by side on the risers once again.

I looked around social media and the Internet for some promising indications for us "super spreaders" and a post-Zoom world. Here are a few things I found.



This is an interesting idea and a step in the right direction. The ad states: "The Singer's Mask was developed by singers FOR singers by Broadway professionals to help contain droplets while allowing space around the mouth to sing comfortably." The price is \$23.50, with bulk discounts. A YouTube video demonstrates its use. Has anyone tried this mask yet? If so, perhaps you would share a review in our next eBlast!

An article by Joseph G. Allen in the Washington Post (7/14/2020) lists several reasons for optimism. These include new therapeutic treatments that are being developed and tested; rapid, low-cost saliva tests are coming which will allow us to test ourselves at home; the evidence that mask wearing is working; science showing that past exposure to common cold coronaviruses might play a protective role for some people; and VACCINE TRIALS SEEM TO BE WORKING.

Drug manufacturers have said they might be able to deliver doses as early as October and a vaccine may be available within the next 12 months. However, additional time will be needed to manufacture and distribute the vaccines, and it will take some time for people to get vaccinated. While it seems far off in the distant future, in reality this would be the quickest a vaccine has ever been developed. It is our best defense against the virus and our greatest hope for singing together again. Our day will come!

*Submitted by Sally Ryerson
Region 13 Team Coordinator*

Director Highlight

Judy Beckman

Judy Beckman is in her 11th year directing **Harmony of the Gorge** chorus, having served previously as an assistant director and as a co-director (with Judy Galloway).

Judy started singing barbershop in 1954 when the vocal music teacher at her school wanted to start a quartet. The Tonka Tones sang together for six years with their final performance at

8-track tape.

She has been a member of Lakeside Harmony and Twin-City Chapters in Region 6 and has sung with various quartets including the Gal-A-Bouts quartet for 21 years, Vocal Xpress, The Ring-Tones, Winklepickers, and Fired Up, the latter of which earned third place in regional competition in 2006. She has served in every chorus administrative position and in several regional positions with Regions 6, 24 and 13, currently as the Director Certification Program Coordinator.

Having sung in both large and small choruses, she says there is nothing like the sisterhood one develops in a small chorus. She strongly believes it is a privilege to sing harmony with others.

Bonnie Massey

Before becoming director of **Seattle Shores**, I have had a long history in music. My mother said that I could sing before I could talk. Singing was always in my life with choir, hand bells, voice lessons and recitals. Accepted into The University of Puget Sound in the music department, I quickly realized that most people have no comprehension of how much time is required and how difficult it is to be a music major. Between classes, practice, rehearsals and non-credited requirements, an average day is between 12 and 14 hours. After graduation, I got a job teaching music at a middle school in Hawaii. That was a challenging and eye opening experience! I also was part of a performing group that went on tour around the islands.

Upon returning to the mainland, I began my own business teaching preschool children a combination of music and drama. This involved costumes, puzzles, puppets, face painting, dance, hobbyhorses or anything that would contribute to the kid's excitement about music. Good music was the focus however, that was not the sum total of their musical experience. Using this experience as a catalyst, I taught Adult, Youth and Children's choirs for many years, doing a minimum of two full-length musicals a year.

I have been a member of the Mission Bells, Lakeside and Seattle Shores Chorus, holding many different leadership positions. When I was asked to take the position of director of the Seattle Shores Chorus, I was delighted to serve such a wonderful group of women. It has been my pleasure to direct Seattle Shores and become the certified director that this chorus deserves.

Bonnie Jeanne Massey, Director
Seattle Shores Chorus

Charlene O'Connor

Charlene is Sweet Adelines to her core. She has been a member of Sweet Adelines for over 40 years! She graciously shares her many natural talents as an accomplished choreographer, showmanship expert, educator, coach, and Director, as well as her love of the craft with the community and her Sweet Adeline sisters in harmony.

Charlene is a Certified Director. She has been the director of **Voices Northwest Chorus** (VNW) since 2012. Her exceptional leadership, people skills, coaching, and passion for the craft inspired VNW to medal the last five years (2015-2019). She is also the Director of **Ovation**, the Region 13 Quartet Champion Chorus and past team leader, as well as a coach to many other choruses and quartets.

Charlene exemplifies her commitment to Sweet Adelines through her experience as a Director, member of the Regional Faculty, Summer Enrichment Time (SET) and Area School instructor. She is a member of the Director Mentor Program and Education Program. She strives to be her best by being inclusive, encouraging, and continually seeking and sharing educational opportunities. What is truly amazing about Charlene is the positive, energetic, and inspiring attitude she brings to every chorus rehearsal, coaching session, and team meeting. She approaches each opportunity to educate, receive education, market, and promote the **Harmonize the World** theme with enthusiasm, professionalism, positivity and grace. Charlene's passion for barbershop harmony is demonstrated in all she does and shares - her love of the Sweet Adeline's organization is contagious!

Rachel Pack

Rachel Pack grew up in Auburn, WA in a close-knit family. Singing in choirs since fourth grade, Rachel knew she wanted to teach music in sixth grade when her choral director let

In high school, Rachel was in the chamber, concert, jazz, and *a cappella* choirs. Recognizing her love of music, Rachel's choir director (and current **Jet Cities** member!), Karen (Frerichs) Caldwell, gave her the opportunity to teach the beginning level choir and direct them in concert. She also put Rachel in touch with the principal of a nearby middle school; there Rachel established and ran an after-school choir club during her junior and senior years of high school.

Rachel received a Bachelors of Music Education, with an emphasis in Choral Music, from Pacific Lutheran University in 2014. She currently is living her dream of teaching high school choir at Tahoma High School in Maple Valley, WA. The program has two choir teachers and about 300 students. She LOVES her job and her students!

Rachel was introduced to barbershop music in high school, and immediately fell in love with the genre and the community. Her first barbershop quartet was **The Four Get Me Nots**, which won a wildcard spot by virtue of their high regional competition score, and competed at the 2015 Sweet Adelines International competition in Las Vegas, NV. Rachel is currently the director of **Jet Cities Chorus**.

Rachel most recently sang with **Renegade Quartet**, which placed 8th internationally in the Quartet Finals competition in St. Louis in October of 2018 and 2019. **Renegade** also won the **Pacific Northwest Harmony Sweepstakes** in 2017, and competed nationally in California.

Additionally, Rachel has the honor of being one of two clinicians for **Harmony Explosion Northwest**, which is three days full of barbershop education and fun for young men and women, ages 13 to 25. **HX**, as it's known, offers these young men and women vocal instruction at an affordable price; an opportunity to sing with and learn from talented performers; a crash course in the intricacies of four- and eight-part *a cappella* harmony; and, the opportunity to learn about singing technique and stage presence.

Rachel currently lives in Renton, WA with her boyfriend, Mike and their two parakeets, Mort and Gus. When not singing or practicing other musical skills, you might find her identifying spiders, playing pool, hiking, or watching nerdy SciFi shows.

Submitted by Patti Martin
Region 13 Communications Coordinator

CHORUS HISTORY

Helena Xpress Singers

The first meeting of the Helena Sweet Adelines was in January 1972. Founding members of the chorus included Carrie Cleveland, Bertie Lou Chamberlain, Marlene (Vaughn) Petersen, June Easton and Shirley Cadby. The first director of the chorus was Mary Lou Graff, followed by Bob Crebo. Ray Champlin directed us when we received our charter in 1974 as the Sleeping Giant Chapter of Sweet Adelines International. Linda (Phinney) Wulf is the only active charter member of the chorus, and has been a continuous member for 47 years. Champlin also directed us in our first show "Happiness Is Harmony" May 17, 1975.

Other directors were Gaye Davenport, Brenda Henry, Marlene Petersen, Sheila (Finstad) Reisch, Elizabeth Keller, Roger Morton, and Shelly Pardis. Barb Leland has been our director for the last four years. We celebrated 46 years as an official Sweet Adeline chorus in 2020. In 2005 we changed our name to Acapella Jubilee Xpress, before becoming the **Helena Xpress Singers** in 2008.

Gaye Davenport was our director when we competed in our first regional competition in 1977, where we received the Novice Chorus award. The chorus has received 4th and 5th place medals overall, and a 3rd place small chorus medal under the direction of Elizabeth Keller; as well as earning most improved chorus on several occasions.

The chorus has put on numerous shows over the years, and now typically puts on two shows a year, one is a youth talent search, and a free Christmas show with our Christmas guest chorus members. We currently have 31 members, and are excited to have just finished our first virtual choir production.

the chorus. We are Helena's own women's premier Acapella chorus!

*Submitted by Sharon Stockstad
Region 13 Membership Coordinator*

Inland Harmony Chorus

In 1969, a small group of women gathered to listen to a presentation given by Zoe Thompson, a Sweet Adeline representative and director, from the Seattle area. Even though they had little to no experience in barbershop singing, they decided it sounded like fun, and so the chapter began. In June of 1969, the *Lewis-Clark* chapter of Sweet Adelines was chartered with an initial 23 members. A gentleman named Kay Crook became our director. According to historic minutes, he was a member of the "society", presumably the Barbershop Society and brought experience to the group. The group originally rehearsed and board meetings were held in Lewiston, Idaho. One member from this original group, Jane Johnson, is still singing with the chorus and is a former director. Singing keeps a person young!

The group grew as women from Pomeroy, Pullman, Moscow, Genessee, Juliettta, Kendrick, and Colfax came to join. With this large geographic area represented, we decided it was time to change our name to reflect this. The growing group alternated rehearsals between the valley and the top of the hill for a number of years. We now rehearse in Genessee, half way between the valley and the top of the hill. In 1989, we became **Inland Harmony Chorus** and are still known as such today. The chorus has ranged in size from 19-30 singers. We have 24 active members at this time. Our amazing co-directors are Becky Pope and LuAnn Scott.

We have been represented by several quartets over the years, *including J.L.'s, Hi Lites, Axidentals, The Sisters, Idaho Gems, Wheathearts, Good Vibrations, and presently, Classified Ads.*

In May, 2019 we presented our 50th Anniversary show, where each of us wore a costume from years gone by.



Competition, 1971; Jane Johnson, director



Circle of Friends, 50th Anniversary show, 2019

*Submitted by Sharon Stockstad
Region 13 Membership Coordinator*

ScavenGER HUNT!

AND THE WINNER IS...Bertha Kamstra, Spirit of Spokane Chorus

- Who are the "specialty coaches" listed on the website and what is their specialty?
Coaches page: **Krista Larson...hair/makeup/script** and **Sue Middleton...visual/emcee/script**
- Who should quartets contact if contact information needs to be updated?
Quartets page: **Diana Jordan, disingsak@gmail.com**
- What is the highest geographical points in our region?
About page: **The highest point in our Region is Alaska's Mt. McKinley, at 20,320'... and the lowest is 0'/sea level, found at choruses near the Pacific Ocean in Oregon, Washington and Alaska.**
- What event is happening on September 12, 2020?
Events page: **Virtual Area School #2, WAM²**
- On which website page can you find links to the North by Northwest Presents videos?
Education (and on **Facebook**) page

Thanks for playing and watch for the next Scavenger Hunt coming mid-August!

Submitted by Sandy Smith
Region 13 Communications Coordinator

Hey there Region 13!

Tips and Resources for Zoom Participants

We are just two short weeks away from our first virtual area school – **IdaGonSka**. We hope you all are planning to participate in this new adventure.

The 2020 Area School will be held through Zoom and the following are some tips to help you, and your Region 13 friends, have a successful experience.

- Pre-register before the meeting – This not only provides you with the log in information early but allows the region to ensure we have the right license for the right number of attendees.
- Log in early – Classes will start at 10am central. Our host choruses have planned activities to keep us entertained. If you join early we can address any challenges you might be having before the classes start.
- Update your name – Keep in mind that your name will display on the screen. If you don't want your full name displayed, you can change it. In fact, it might be nice to include your chorus and voice part as well. (Example: Shelly P HXS Tenor).
- Unless you are speaking, mute your audio/microphone.
 - TIP: You can temporarily unmute by holding your spacebar down if joining using a PC.*



Hope your choruses are all getting ready for our **VIRTUAL AREA SCHOOLS**. Here is the latest info:

AUGUST 15, 2020 IdaGonSka

You are invited to a **Zoom** meeting. Here is the link for the August 15, 2020 School only: <http://zoom.us/meeting/register/tJovf-CtrzpE9Ng3JqKG-8LmIKQiyYxEsHc>. Available to Region 13 members.

Updated Schedule

- 9:00 am Open ZOOM/Get acquainted
- 10:00 "Three Most Important Lessons I Ever Learned About Vocal Production" - Elizabeth Davies
- 11:00 "The Care and Feeding of The Story" - Katy Hawley
- 12:00pm Lunch
- 12:30 "Synchronization – Getting It Together" - Nancy Kurth/Sue Beck
- 1:30 "A Look Into Your Larynx" - Nikki Blackmer
- 2:30 BREAK
- 3:00 "The Joy of Ballad Interpretation" - Peggy Benton
- 4:00 Directors Panel Q & A and Wrap-up
Sing "How We Sang Today"

All times listed are Pacific Time Zone

You can look forward to some fun surprises during the LUNCH and afternoon BREAK times that you won't want to miss. *Stay tuned*.....

Registration information for the September 12, 2020 #2 WAM² School will be available when the August school is over.

REMEMBER - These schools are FREE and you are welcome to attend one or both of these great educational Virtual ZOOM events! Information is also available on the Region 13 Website and Facebook pages.

***No Fees, No Travel – a full day of learning and fun with Great Faculty.....
Nurture your Sweet Adeline self!!***

*Submitted by Shelly Pardis
Region 13 Education Coordinator
and Jerrie Beyrodt
Region 13 Area School Coordinator*



The Region 13 Management Team is looking for women to fill a variety of jobs in our region. Some are "one and done" positions, others are short-term spots, and still others are for a two-year position.

Featured Resource Staff Opening:

Convention Communications Chair

Contact Jody Allen, CRC/Events Coordinator at luvs2sing56@hotmail.com

If you're interested, we'd like to hear from you! sairegion13.org/JoinOurTeam

MEMBER INFO UPDATE REQUEST

Please take a moment to login to the [R13 Members Only](#) webpage to update your member profile information.

If you have any login issues, please contact [Mindy Engelberg](#) or [Diana Jordan](#).

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Have you ever wondered what your RMT actually does? Members are welcome to visit monthly meetings which are held via Zoom. If you plan to attend, you will need to register **at least 3 days prior to the meeting**. All meetings begin at 6:00 pm Pacific time and last approximately one hour.

The next meeting is scheduled on **August 30, 2020**.

Register in advance for this meeting at

[https://zoom.us/meeting/register/tJlvc--qrT8uGtHFgoGpCJysSZs6GgPoz-on](https://zoom.us/join/joinmeeting/register/tJlvc--qrT8uGtHFgoGpCJysSZs6GgPoz-on).

After registering, you will receive a confirmation email containing information about joining the meeting.

A request not made is an opportunity missed

EDITOR
Deb Kasperek

eblast.editor@gmail.com

REGION 13

sairegion13.org

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