

January 19, 2021

Inside...

- Chorus Histories
- Guiding the Transition with Dr. Leslie Galbreath
- Heart of the Northwest nominations open
- DEI Town Hall registrations open
- Region 13 members named to SAI committees
- Join Our Team
- RMT Meetings
- Update your Member Information

CHORUS HISTORIES

HARMONY NORTHWEST CHORUS



Singing Christmas and holiday songs in several neighborhoods, plus caroling one afternoon and evening, were the highlights of our holiday season. How JOYFUL it was to be able to share our music and actually perform for an audience! They were so receptive and encouraging. (Yes, we were

outside, distanced, and wearing masks.)



During our Secret Santa gift exchange, chorus members and one participating guest revealed themselves during our online party. Some gift recipients had to go on a scavenger hunt, or they received their items in the mail or (secretly) on their doorstep. We have some very creative and clever Santas. Some gifts included lottery tickets, coffee cards, calendars, cat plaques, and Pete the Cat's new book. We had a chance to show off our cookie decorating skills at our party and played plenty of reindeer games.

Alfred the Alligator (left), our mascot, is looking forward to this new year and, hopefully, more in-person singing with Harmony Northwest Chorus.

Submitted by Cheryl Isaacs Director the music alive" and continue learning. We've also utilized more online educational opportunities and helped each other navigate Zoom's technology. Special guests have included Sharon Babb, Marge Bailey, Joan Boutilier, Patty Cobb Baker, Jana Gutenson, Ryan Heller, Lori Lyford, Rob Mance, Renee Porzell, Judy Pozgay, Mary Rhea, and Sandi Wright.

Keeping strong heart-connections is a vital part of Pride's ongoing virtual world. Quizzes, games, theme nights, a talent show, and a karaoke night are a few activities that have kept our virtual rehearsals engaging. Party-theme nights included Disney night, International week, and a year-end holiday party.

When we started sheltering in place, Pride's membership team suggested small groups meet outside of chorus to discuss similar interests between rehearsals. Pride's mascot is a lion, and since a clowder refers to a group of cats, that's what we call these little gatherings! Our clowders have been a great way to keep connected.



Weekly Wellness Classes on learning to cope with recent changes are offered by a member who is a certified counselor. A Health Committee was developed to share ongoing COVID-19 information and learn how to manage in-person singing as it develops. A Diversity & Inclusion Committee has also been developed. The chorus polled its members, worked in small committees, and expanded our discussions on envisioning our future goals.

Recently, Pride produced two virtual projects released online: "Sweet Dreams" and "White Christmas." As we kick off 2021, we're working with Oregon Spirit Chorus (R12) on another virtual project: "Can't Take My Eyes Off of You."

Guests are welcome to join our regular weekly Zoom rehearsals to sing, learn, and connect with us. Contact info@prideofportland.org for more information.

Submitted by Linette Finstad Team Coordinator

FAIRBANKS FRONTIER CHORUS



Our chorus has always been active during the Christmas season, and 2020's COVID Christmas was no exception.

Typically, we begin learning Christmas music in September in preparation for our biggest stage production of the year. In November, we began singing Christmas songs during our weekly Zoom rehearsals, which culminated with a wonderful rehearsal on December 17, where we opened gifts and revealed Secret Sister Santas. The joy and camaraderie during these rehearsals is exceptional.

We didn't have a show, but we sang Christmas songs with quartets on Facebook, shared a song in an email thanking our supporters, and shared the gift of good health and financial stability by donating to Santa's Helpers and sending cards to residents and staff in assisted living facilities.

While 2020 will be remembered as a difficult time never to be repeated, it was also a year of fulfilling ways to be together and share with others.



Our chorus has sung together for 40 years. Founder Gail Shelton (Queen Mum) was an experienced barbershopper when she arrived at Hood River. Through her hard work, the Hood River Valley Chorus received its charter in December 1983. In 2008, the chorus was renamed Harmony of the Gorge Chorus

to reflect the span of its membership, which came from all over the Gorge.

The chorus has sung annually at events in most nearby towns, focusing on community performances. After singing at the ribbon cutting of a large coastal company, the chorus was included in the company's ad, which ran during Monday night football games.

To expand visibility in surrounding communities, the chorus invested in Chamber memberships in The Dalles, White Salmon, and Hood River. In return, all chorus activities (performances, guest nights, fundraisers) get promoted through newsletters, e-blasts, and feature articles. (One management team position is as a Chamber Liaison.) The Chamber featured the chorus singing "Silver Bells" on their Christmas events website. Through Chamber memberships, chorus members have taken free classes in marketing, social media, and individual image production.

The chorus reached out to youth and provided music lessons (rehearsals) to home-schooled students. And in an appeal to couples, we helped facilitate the founding of a men's chorus that meets in the same facility and on the same night and time.

Currently on hiatus, Harmony of the Gorge is exploring future possibilities for the chorus and looking forward to singing harmony together again.

Submitted by Judy Beckman Director

AN EXCITING FUTURE THROUGH TRANSITION

We've all been in transition for quite a while now. Thankfully, we have many wonderful leaders in our region's choruses and quartets who are guiding us through the craziness of COVID Zoom rehearsals and developing new ways to reach their singers. Yet, survival in this crazy time is different from preparing for our new future.

Now, it's time to begin planning for an exciting and compelling future! On **Saturday, February 20**, Region 13 will host a Zoom workshop from 9:00am to 1:00pm for everyone to begin the journey to our new beginning. **Dr. Leslie Galbreath** (right), International Board member and Faculty member, will join us to explore how we can prepare for the time when we can be together again. Exciting



futures don't just happen—we build them—with strong leadership, out- of-the-box creativity, and shared energy. You won't want to miss this!

Watch this publication and future emails for more information. The future awaits us!

Submitted by Paula Davis Leadership Development Specialist

HEART OF THE NORTHWEST AWARD NOMINATIONS

Each year, the Regional Management Team presents the Heart of the Northwest Award to a Region 13 member who displays enthusiasm, commitment, and exemplifies "all that is a Sweet Adeline."

February 5, 2021 is the deadline for submitting nominations from chorus chapters. Nomination



Please note that previous recipients are not eligible to be renominated.

The final decision for this award is made by the membership coordinator, along with the past four winners of this award, and is based on a review of the information submitted for each candidate. The names of the award recipient and all candidates will be posted on the regional website.

Questions should be sent to Sharon Stockstad at sasngjs@msn.com.

Submitted by Sharon Stockstad Region 13 Membership Coordinator



Diversity, Equity & Inclusion Town Hall registration must be done in advance at zoom.us/meeting/register/tJMld-qspjMsGdGmhoc0xZOpym_4xiwztRtW&. After registering, you will receive a confirmation email containing information about joining the Zoom meeting.

Submitted by Sandy Smith Region 13 Communications Coordinator

REGION 13 MEMBERS NAMED TO SAI COMMITTEES

Our congratulations to **Jo Sahlin, CAL**, and **Allison Lew, Pride of Portland**, for their appointments by Sweet Adelines International.

Jo will be serving on the Diversity, Equity & Inclusion Council and Allison wll be part of the Chorus Toolkit Sub-Committee.

We're proud of your efforts on our behalf.

Submitted by Sandy Smith Region 13 Communications Coordinator





The Region 13 Management Team is looking for women to fill a variety of jobs in our region. Some are "one and done" positions, others are short-term spots, and still others are for a two-year position.



Featured Openings:

Marketing Coordinator Convention Communications Chair Assistant Webmaster Social Media Administrator

Please consider becoming involved in your region! If you're interested in any of the open positions, we'd like to hear from you. Take a few moments to read the detailed Job Description you are interested in and complete an application today! Both documents are found on the Members Only <u>website</u>.

Submitted by Sandy Smith Region 13 Communications Coordinator

RMT MEETINGS

Have you ever wondered what your RMT actually does? Members are welcome to visit monthly meetings which are held via Zoom. If you plan to attend, you will need to register **at least**

Tweet

Share this Page:



NOTE: Meeting times have changed. All meetings begin at **2:00 pm Pacific** time and last approximately one hour.









The next meeting is scheduled for February 28, 2021. Register in advance for this meeting at zoom.us/j/98740914446? pwd=eE1pM1ZzNUpwVkVVYWxCNGE2djhzd z09.









After registering, you will receive a confirmation email containing information about joining the meeting. Questions? Contact Sally at siggoetsch223@gmail.com.

Submitted by Sally Ryerson Region 13 Team Coordinator

MEMBER INFORMATION UPDATE REQUEST

Please take a moment to log in to the **R13 Members Only** webpage to update your member profile information.

If you have any login issues, please contact **Mindy Engelberg** or **Diana Jordan**.

If only the whole world could feel the power of harmony. ~ Wolfgang Amadeus Mozart ~

EDITORS
Sue Middleton
Carol Drew

eblast.editor@gmail.com

REGION 13 sairegion13.org

TO CHANGE/ADD MEMBER INFO

Send your name and preferred email to: ceblastupdate@sairegion13.or

g