

IN TUNE

Fall, 2009

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Please feel free to make extra copies for your chorus. The **PDF version** will probably print best.

International Competition will be Webcast THIS WEEK!

Moxie Ladies head up Ovation Quartet Workshop!



Would you like your quartet to have more sparkle and shine? Are you tired of looking in the same old places for new quartet members? Well, look no further and get those medal drawers ready for your new treasures because the [Moxie Ladies](#)--the 2009 Sweet Adelines Quartet Champions--are coming to Everett, WA on Nov. 20-21 for Ovation's Bi-Annual Quartet Workshop!

Workshop topics include:

- Rehearsal techniques: 2+2...Why duetting is important
- Unit sound: *The book technique*...A special technique to fix unit issues in a quartet



- Adding dynamics and showmanship: *How to be all that and a side salad...* Singing with an attitude!

All quartets registered for this event will receive three 50-minute coaching sessions from regional faculty and other honored coaches! Yes, you get to work on your craft and make your performance better. The cost is \$200.00 per quartet or \$60 for individuals; Saturday lunch is included.

So, are you ready to register? Visit the [Ovation Quartet Workshop site](#) and you are on your way!

But, wait! There's more!

On Saturday night, [Voices Northwest Chorus](#) is presenting *Movin' Right Along*, a show featuring Moxie Ladies and our sixth place international quartet, Mojo, and our 2009 Regional Champions, LiveWire! Optional workshop participant tickets are \$20, which can be ordered when you register for the workshop. Or, if you just want to attend the show, tickets are \$25 for general seating. For more information, click [here](#).



Submitted by Katy Hawley

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A Cappella Gone Wild!



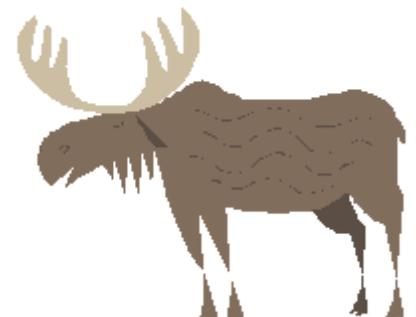
Plans are now underway for our 2010 Region 13 Competition, to be held April 22-25 in Anchorage, AK. The Convention Steering Committee has selected *A Cappella Gone Wild!* as the theme for the weekend. You won't want to miss out on a thing, so here are some of the details...with more to follow (and remember, you can also find competition information on the [Region 13 website!](#))

:: Competition Dates and Deadlines:

- Competition Packet Mail-Out Date: 1/8/10
- Quartet Entry Deadline: 2/22/10
- Quartet Late Entry Deadline: 3/9/10
- Quartet Competition Date: 4/23/10
- Chorus Entry Deadline: 2/23/10
- Chorus Late Entry Deadline: 3/10/10
- Chorus Competition Date: 4/24/10
- Order of Appearance Drawing Date: 3/1/10

:: [Judging Panel!](#)

- Kim Hulbert (Sound)
- Jana Gutenson (Music)
- Paula Davis (Expression)
- Tori Postma (Showmanship)



:: Quartets: The paperwork for new and renewing quartets must be submitted and processed before the quartets may register for competition. Paperwork must

Happening THIS WEEK: The world's best Sweet Adelines International choruses and quartets will compete in Nashville, TN, the week of October 20-24, 2009. Most of us can't be in Nashville, but we can still see all the action on the SAI webcast.

Approximately one hour before each contest, a link will be added to the [SAI Webcast page](#). The convention schedule and orders of appearance are also available here.

The webcast is FREE (although it would be lovely if you made a donation to support it), so be sure to tune in to see Mojo, LiveWire and Alaska Sound Celebration. [More detailed information about the webcast is available here.](#)

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Alaska Flight Discounts

Two opportunities available for a discount on airfare to Anchorage for competition!

The Regional Management Team understands this year's trip may challenge your budget more than in other years, and encourages you to start preparing NOW!! Save that spare change, get out those airline miles, see if anyone wants to share a companion fare, and keep an eye out for airfare sales. Additionally, two separate opportunities exist that have the potential to get you a reduced rate to Anchorage!

Opportunity #1: The Convention Steering Committee has secured a discount code on Alaska Airlines for anyone going to Competition in Anchorage! You must make your reservations online at www.alaskaair.com, using this discount code: ECCMB1157.

Here are the details:

- Travel must originate from either Seattle or Spokane.
- Travel must be between April 19 and April 30, 2010.
- The discount does not apply to any promotional or companion fares.
- Tickets must be booked online. If you call the group desk to make your reservations, there will be a \$15 charge.
- The "fine print" for this offer is available [here](#).

Opportunity #2: Alaska Airlines has a special promotion each fall, called "Priced for Departure" that coincides with the permanent fund dividend given to Alaska residents. The Priced for Departure fares are **AVAILABLE NOW** and **must be purchased by November 2, 2009**. [More information can be found by clicking here](#).

Please note: you will not be able to combine the 10% discount with the Priced for Departure fares. Our recommendation is to price out your fare both ways--using the 10% discount versus the promotional fare--and see what makes sense for you. [Continental Airlines](#) also flies non-stop from Seattle to Anchorage, so look at their fares, too.

Please contact [Arlene Blackmer](#) with any questions.

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be submitted before January 15 to avoid additional registration fees. [Click here for the Quartet Registration Form](#) (pdf).

:: Contest Location: Contest will be held at the [Alaska Center for the Performing Arts](#), 621 West Sixth Avenue in Anchorage.

:: Lodging: The headquarters hotel will be the [Hilton Anchorage Hotel](#), 500 West Third Ave. The hotel rates are as follows: Single (\$99); Double (\$109); Triple (\$119); and Quad (\$129). Group room rates are the same as they were in 2002 and are available for five days before and five days after contest week. Here's the link to the [2010 Region 13 Competition reservation web site](#). If you have any questions, please send an email to [Kathy Johnson](#).

:: Schedule: Annual activities such as the Thursday Kick-Off Program, Competing Quartets' Reception, [Star Chorus](#), Harmony Emporium, and Mass Sing are all being scheduled.



:: Harmony Emporium Vendors: Would you like to sell something at Harmony Emporium during convention? [A Vendor Information form is available by clicking here](#). Deadline for the region to receive your application is March 29, 2010. Questions can be sent to [Cory Graham](#) or [Conce Rock](#).

:: More Information: The first Convention Bulletin will be sent out at the end of November and will include the Convention Steering Committee's list of personnel, as well as pertinent information for all of you.

:: Future Contests: The next four contests (2011, 2012, 2013, and 2014) are confirmed and will take place in Spokane.

Submitted by Sue Hahn, Region 13 Convention Chair

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Regional Calendar

2009

OCTOBER

October 20-24: SAI International Convention.
Nashville, Tennessee

October 30-31: Evergreen District Fall Convention; Whistler, BC

NOVEMBER

November 20-21: Ovation Quartet Workshop with 2009 Queens of Harmony, Moxie Ladies! Everett, WA. [Click here](#) for more details!

November 20-22: Evergreen District Directors Master Class, in Langley, BC. More information is available by [clicking here for a PDF](#)

Say What?

Clearing up some terminology...

We all get comments from judges, coaches, directors, section leaders and sometimes our riser-mates that seem confusing. It's frustrating when they use a word we don't understand! So to continue with last month's article on this subject, I'd like to talk about the term resonance.

Resonance

Resonance is a word we hear often in our barbershop style of music. Is it confusing? Yes, because it means different things at different times to different people!

Resonance, in its plainest form, is the ability to amplify sound. When sound is created by the vocal folds, the result is an unpleasant buzzing sound. We use the soft and hard tissues to change the buzz into pretty vowels and consonants that please our musical ear. People think the nose is the primary resonator. While the nose plays a big part in resonating (there are many cavities for sound to enter), we also use the sinuses behind our eyes, our soft and hard palates, our teeth, jaw, tongue, lips and larynx to resonate sound.

[flyer](#).

November 21: Voices Northwest Chorus Show; featuring [Moxie Ladies](#) (2009 International Quartet Champions) and [Mojo](#) (2009 International 6th Place Medalists); 7:30 pm; Everett Historic Theatre, 2911 Colby Avenue in Everett, WA. For more information, [visit their website](#).

DECEMBER

December 4: "The Girls Do Christmas" with Pepper Quartet; 6:30pm; Northeast Community Center, 4001 N Cook Street in Spokane, WA. For more information, [visit their website](#) or contact them via [email](#).

2010

JANUARY

January 17: InTune winter issue deadline. Send your articles to [Stacey Stevens](#).

FEBRUARY

February 14: Jet Cities Chorus Sweetie Pie Social; Todd Beamer High School; 35999-16th Ave S; Federal Way, WA. For more information, contact [Chris](#) / 253.841.3761.

MARCH

March 7: Spirit of Spokane Chorus Show; Spokane, WA. More information to come!

March 13: RiversEdge Chorus Cabaret Show. More information to come! For questions, contact [Beth Garske](#).

March 18-20: Region 24 Annual Convention (SAI)

APRIL

April 22-24: Region 13 Annual Convention (SAI); Anchorage, AK

MAY

May 13-16: Region 26 Annual Convention (SAI); Saskatoon, SK

JUNE

June 25-26: Director, Faculty and Music Leaders' Workshop with International Faculty Member, Dede Nibler.

JULY

July 8-10: IES Global / East (SAI); Pittsburgh, PA. Members may attend IES at any location!

What do I do with all of this information?

As singers, we can think of resonance as basically two different things that need to be balanced in the end. First, there is forward resonance. If we sing with only forward resonance, the sound goes solely into the nose creating a pointed, pingy, nasal sound. The second part of resonance is space. If we sing with only space, the sound is directed into the back of the throat, resulting in a woofy, covered, damp sound.

Excellent singers use both forward resonance and space. In essence, they sing with a lot of space in their throats, a lifted soft palate, and then direct the sound into the cavities behind their nose.

Two tricks for finding balanced resonance:

- Try talking a song in its approximate pitches, like Julia Child. Let the voice find a vertical path of sound and don't be tempted to put the sound backwards into the soft palate. Notice how there is a lot of space in the sound. The sound seems to travel vertically up behind the nose and out the forehead.
- Snort! Go ahead - no one is around - snort really loud and feel the snort space. Now, put your singing into the snort space. Notice how it is open and free in the back, but tall and projected in the front.

Tips for finding forward resonance:

- Bend over at the waist and sing - you will notice how the sound falls more forward into the nose.
- Sing on an "N" or "NG" and notice how the sound moves forward into your nose.

Tips for finding more space:

- Lift the soft palate as high as possible with a yawn and direct the sound into the dome of space that's created.
- Imagine filling the space around the back of your head with sound.

Resonance should not be used as a catch-all word. If you are asked to sing with more resonance, ask for clarification on what's needed specifically. If more ping, ring, or point in your sound is called for, it means more forward resonance is needed. If a bigger, rounder, warmer sound is required, it means more space is needed.

Singing with resonance is one of the hardest concepts to fully understand. I know this column does not address everyone's struggles with this issue, but I hope it serves to clarify and answer some questions regarding resonance.

Submitted by Nikki Blackmer, M.M., Director of a cappella joy Chorus, Director Coordinator for the Region and Member of the Education Direction Team

(This is a recurring column addressing different aspects of barbershop music and singing technique. If you have specific questions or suggestions for column topics, please e-mail Nikki Blackmer at ajoyfulsinger@yahoo.com.)

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Alaska or Bust!

Have you purchased your airline tickets for Anchorage yet? If not, read these

July 15-17: IES Global / Central (SAI); St. Louis, MO. Members may attend IES at any location!

July 17-24: Fairbanks Chorus Coaching with Joe Connelly. For more information, contact [Patti Gallagher](#).

July 21-24: IES Global / West (SAI); Rancho Mirage, CA. Members may attend IES at any location!

OCTOBER

October 17: Prospective Song of Seattle Chorus Show, "All Over the World". The debut show of Song of Seattle, featuring Stockholm City Voices, Pearls of the Sound, SALT, Remix, Journey, and the 2010 Young Women In Harmony Convention Chorus; Seattle Swedish Club; 2:00 and 7:00 pm. Stay tuned for more details!

October 19-23: SAI International Convention; Seattle, Washington

2011

MARCH-APRIL

March 31-April 3: Region 13 Annual Convention (SAI); Spokane, WA

JUNE

June 10-11: Director, Faculty and Music Leaders' Workshop with International Faculty Member, Sandy Robinson-Marron.

AUGUST

August 5-7: Summer Enrichment Time (SET) with International Faculty Member, Darlene Rogers and will be held in Eastern Washington.

OCTOBER

October 18-22: SAI International Convention; Houston, TX

2012

MARCH

March 15-18: Region 13 Annual Convention (SAI); Spokane, WA

OCTOBER-NOVEMBER

October 30-November 2: SAI International Convention; Denver, CO

2013

MAY

May 16-19: Region 13 Annual Convention (SAI); Spokane, WA

travel tips from the gals at [Alaska Sound Celebration](#). We're used to making this annual trek and we've learned a few things over the years. Here are some of our favorite tips for travel and saving money along the way:

Saving Money

- Your airline ticket can run anywhere from \$500 to \$750, so plan ahead. [Click here to read the article in this InTune about special rates](#) that the Region has rounded up.
- Every night put your spare change in a jar. It adds up quickly.
- Skip those morning mochas and lattes for awhile; they can really add up (then put the saved money in your spare change jar!).
- Plan your meals around the sales at the grocery store.
- De-clutter your house and have a garage sale.
- Put your really good, used things up for sale on [Craig's List](#) or [eBay](#).

Booking Travel

- Alaska Airlines runs a sale in October and November on travel to and from Alaska. [Click here to read the sidebar in this InTune about these special rates](#) or check the [regional web site](#) for more information.
- Apply for an [Alaska Airlines VISA card](#) and receive free bonus miles. Many times the bonus miles are enough to get you a free, or reduced-price, ticket right away.
- The Alaska Airlines VISA card also earns you one companion fare each year. This allows you and a buddy to fly for the price of one, plus \$100 and taxes on the second ticket. You can split the cost of the two tickets between friends.
- Use airline miles to reduce the cost of your ticket or to get a free ticket. Book early as the free seats go fast.
- Sometimes booking departure and return dates for a Tuesday or Wednesday reduces the cost of your fare.
- Fly on red-eye flights (i.e., flying during the middle of the night) reduces your cost.

Happy travels and we'll see you in Anchorage in April.

Submitted by Karen Leet, Team Coordinator and Co-Director Alaska Sound Celebration

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Imagination to Reality

Many of you are juggling extra rehearsals, shows, competitions, holiday performance preparation, music education and community involvement and you may ask yourself, can I do it all? The answer is yes, but mental work and a change of attitude are necessary! All you need is an open mind, concentration, the ability to visualize, enthusiasm and persistence.



If you are getting ready to sing in competition, take a few minutes every morning to visualize the tasks you will do from waking up the morning of competition, dressing, eating, putting on your makeup, doing warm-ups, walking backstage, getting on the risers, hearing the announcer introduce your chorus, singing your songs with executed

NOVEMBER

November 5-9: SAI International Convention; Honolulu, HI

2014

APRIL

April 10-13: Region 13 Annual Convention (SAI); Spokane, WA

Send Calendar info to:

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SAI Board of Directors Election Underway

A slate of eight candidates has been nominated to fill four expiring terms on the International Board of Directors beginning May 1, 2010, and ending April 30, 2013.

Chorus members vote for their choices during a chapter business meeting. Your president or team manager has received information about the election and should have already set a time to conduct the voting. Elections must be held prior to the end of November, with ballots due at International headquarters by 3:00 p.m. CST, Wednesday, December 2, 2009. Check to make sure you know when she has scheduled this important date.

Chapter-at-Large members will be receiving information in the mail; CAL votes are combined into one "chapter" vote, just like a chorus.

[Information about each candidate is available here.](#) The information was written and submitted by each nominee. If you have any questions contact International headquarters at 800-992-7464, x139 or 918-622-1444, x139.

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Region 13 Management Team



choreography, listening to the thunderous applause, listening to placement and accepting an award and being happy and proud of your accomplishments.

Repeated thoughts affect and shape the subconscious mind. This will

control your behavior, desires, actions and reactions. Use visualization daily to learn music, choreography, facilitate a meeting, deliver your speaking part in a show, or to simply have a positive attitude!

Limitations are in your mind and it is up to you to rise above them. You can do it!

Submitted by [Patty Martin](#), Education Coordinator

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Young Women in Harmony *A Shining Example: Alaska A Cappella U*

The Young Women in Harmony (YWIH) program reaches out to young women through the art of barbershop harmony and we've had some exciting successes in Region 13! Here's one example:



In March, they were just a group of middle-schoolers learning barbershop tags in the little town of Houston, Alaska. By October, some were university graduates! Graduates of Alaska A Cappella U, that is, coordinated by [Chera Boom](#) and [Melodee Risi](#) of Alaska Sound Celebration's quartet, [Impromptu](#), as well as other Impromptu members [Sandy Sloat](#) and [Linda Kile](#).

The all-day festival enabled 25 young women from Anchorage and surrounding communities to explore the excitement and joy of a *cappella* singing. That evening, the young women performed two songs on ASC's fall show and joined the chorus in their finale. We hope to hear more about Alaska A Cappella U as time goes on.

It was only fitting that the clinician for the festival was a *cappella* [Joy Chorus](#) director, [Nikki Blackmer](#), for her own chorus boasts a YWIH quartet. And way up north, the Fairbanks Frontier Chorus has a couple of small ensembles, as well as a high school group that has performed on their show. Your Region 13 YWIH Coordinator, [Peggy McBride](#), encourages each chorus to start a YWIH program today.



From quartet, to ensemble, to university, there are numerous ways to reach young women in our communities. As Impromptu so aptly puts it "Get the

Team Coordinator



How's your servitude these days? I think we've all heard that 20% of the people do 80% of the work, right? Well, let's change those

percentages!

Each one of your local management teams or boards can use your assistance. How about volunteering to help with a project? You can be a committee chair. How about running for office? If everyone does something, our choruses can run like clock-work.

Be the change you want to see in your chorus.

Karen Leet
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Communications Coordinator



Wow, this year is going fast! To all of you who do read regional e-mails and the *InTune...* thank you! The team usually gets feedback only when something goes

wrong, but we know you're out there.

I'm headed to Nashville to cheer on our competitors and to participate in my first Regional Management Team (RMT) forum. RMT members come together from all over the world to discuss issues with each other and with Sweet Adelines executives to further our mission to support the music that YOU make.

Everyone who is able to attend International Convention brings something great back home. In 2010, the convention will be in Seattle, WA...right in our own backyard! So, if you only get to attend once, this is the one to attend!

Please send questions and feedback to me about our regional communications. We are here to serve you and can do our best when we know what you would like.

music out there any way you can, and the craft will sell itself!"

[More about the YWIH program can be found here.](#) The YWIH materials for music educators are available at no charge from Sweet Adelines International Sales. You can obtain assistance with festival planning and teaching through the director of education.

Submitted by Peggy McBride, YWIH Coordinator

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Chorus Chatter

Alaska Sound Celebration Chorus

As I write this article, [Alaska Sound Celebration](#) is in our last week of preparations for the Sweet Adelines International Convention and Competition. Thanks to coaches **Jim Arns**, **Sandy Marron**, **Judy Pozsgay**, **Jan** and **Dana Gervais** and our directors, **Peggy McBride** and **Karen Leet**, our finesse level is way up and our confidence is high!



We performed our send-off show, *Celebrate the Music*, to an appreciative audience of family, friends and new acquaintances on October 10. It included our two contest sets and a veritable parade of quartets. Again, this year the show included a Sing for Scholarships Contest. Five soloists from local high schools performed for the audience who voted for their preferences. Scholarships from \$100 to \$500 were awarded with matching amounts going to each singer's school music department.

The young vocal talent in Alaska was further highlighted by a special treat. We were very pleased to present a group of about two dozen young women who were participants in the first annual *Alaska A Cappella University*. Their performance was directed by **Nikki Blackmer**, director of [a cappella joy Chorus](#) and the primary faculty, along with members of Alaska Sound Celebration's quartet, [Impromptu](#).

After Nashville, we will have a guest night on November 10. Guests and members will learn two new Christmas songs together and then perform those songs in our joint Christmas show on December 18.

We want to especially thank the Region for the many signs of moral support we have received. It's so great knowing that you are cheering for us!

Submitted by Michele Sims

Evelyn Weiss
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Director's Coordinator



Summer Enrichment Time (SET) was a fantastic event full of wonderful educational opportunities for the directors in our region. We even had the

opportunity to have our director-cam videos of competition analyzed by Betty Clipman and our chorus videos analyzed by Judy Poszgay.

As we look forward to the end of the year and competition next year, I encourage all directors to break out their Director Certification Program (DCP) modules and review tips for effective rehearsal planning. (There is so much to do and so little time!) And, don't forget conducting skills because, as we know, our choruses will follow what they see!

I wish all directors and every member of our region a song-filled holiday season!

Nikki Blackmer
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Education Coordinator



Education,
Education,
Education!

2010 takes us to
Regional
Convention/
Competition in

Anchorage, AK, April 22-25 where we will offer educational classes on Friday morning. The focus will be on Area Schools currently planned in Alaska, Western Washington and Eastern Washington. All members will have an opportunity to attend an all-day school filled with great topics and excellent faculty. The Region Education Direction team will finalize assignments at their January meeting.

Also in 2010, there will be a director, faculty and music leaders' workshop June 25-26, with

Blue Mountain Chorus

The [Blue Mountain Chorus](#) will be presenting *Unforgettable.... the Times, the Tunes!* on Friday, Nov. 20 and Saturday, Nov. 21. We originally planned the show for the previous weekend but learned the Elks had double-booked and we had to change the date! [Blueprint](#), one of our chorus quartets, graciously gave up their trip to the [Ovation Quartet Workshop](#) to be here performing with the chorus on the only possible date available to us! We've been busy getting music, choreo, and costuming ready for this show. It's a more intimate setting for us but we will have a seating capacity of 350 at the Walla Walla Elks building. We look forward to having those of you who are in the area in our audience!

Additionally, the chorus has begun some annual fundraisers: a successful bulb sale, selling great coffee (with our own label!) at the Saturday Market, and See's Candies for the holiday season. Chorus members also contributed spare change weekly for the Young Singers Foundation.

Soon we will begin extensive advertising to promote our free vocal lesson series in January of 2010. The six-week series has been well attended in the past and we hope for good driving weather during January.

Our members are already making plans to attend the International Convention and Competition in SEATTLE! Yeah!

Submitted by Darlene Filla

Inland Harmony Show Chorus

In October, we at [Inland Harmony](#) "blinged" up our denim and braved chilly wind to entertain at the Moscow Idaho Farmer's Market. Three prospective members joined us in this performance opportunity program singing three songs they learned in five weeks.



One prospective member is 14-years-old and her dad drives her to rehearsal and stays! Another is a retired former prospective member from 30 years ago who now has the time to sing with us and the third is a wonderful vocalist in her 30s! We are so pleased to welcome them and two other prospects that plan to return.

All will enjoy our extended performance opportunity program through the holiday season with caroling at The University Inn Best Western for several weekends in December.

Submitted by Sue Scott

International Faculty Member, **Dede Nibler**. The frosting on the cake will be the 2010 International Convention/Competition in Seattle, October 19-24. Plan now to attend and purchase your All-Events tickets at the International Competition in Nashville.

On June 10-11, 2011, we will conduct a director, faculty and music leaders' workshop with International Faculty Member, **Sandy Robinson-Marron**. 2011 Summer Enrichment Time (SET) is scheduled for August 5 -7 with International Faculty Member, **Darlene Rogers** and will be held in Eastern Washington.

Patty Martin
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Events Coordinator



Plans are now underway for our 2010 Region 13 Competition, to be held April 22-25 in Anchorage, AK. Be sure to read the "[A Cappella Gone](#)

[Wild" article](#) in this issue of *InTune*.

And stay tuned for the first Convention Bulletin. It will be sent to all members via a regional email at the end of November.

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Financial Coordinator



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Marketing Coordinator

Jet Cities Chorus

September was a busy month for [Jet Cities](#). Fresh from coaching with **Betty Clipman** at Summer Enrichment Time (SET), we enjoyed spending a Saturday in September with **Peggy Gram** for further work on our competition tunes.

Also this September, we joined the [Puyallup Valley Harmonizers](#) in staffing a barbershop booth in the Education Pavilion at the Western Washington Fair -- one of the ten largest fairs in the world! More than half of our members took turns staffing the table over a two-day period, talking up our favorite hobby. Our enthusiasm must have been convincing, as five of the ladies we spoke with, as well as several other guests, joined us for our Fall Performance Opportunity Program (POP), which started in early October.

Finally, September saw the creation of the *Jet Cities Flight School*, the brainchild of chorus baritone, **Stacey Stevens**. Flight School (with some of the participants pictured right) meets twice weekly for members who wish to attend, providing opportunities for impromptu sectionals, duetting, working on vocal production, and lots of laughs!

The Flight School members, POP guests, and a local dance ensemble will be performing with us at a community concert on Sunday, November 8. We'd love to see you in our audience; visit www.jetcities.org for more details!



Submitted by Eva Bach

Seattle Shores



[Seattle Shores Chorus](#) is proud to introduce their new director, **Judy Cooper-MacLaren**. Judy began directing in May 2009 and replaces long-time director, **Bonnie Willis**, who recently retired.

Judy brings a wealth of musical experience and education to her new position as director. She grew up in a musical family – her dad was first violinist with the Winnipeg Junior Symphony. She had three sisters and would sing and harmonize with them before they knew what four-part harmony and quartetting was all about! Judy studied music in college and sang with various jazz ensembles, choirs and performing groups while at college and in high school. Judy loved to perform in musicals and had cast parts in *Fiddler on the Roof*, *My Fair Lady* and *South Pacific*.

Judy says, "Sweet Adelines has been an amazing addition to my life, giving me strengths and opportunities that may not have been available otherwise. I was blessed to have my two eldest daughters join the chorus a few years ago and it's a wonderful feeling to sing on the risers with your own kids! Now, having a chance to direct has opened another door and I'm excited to take on this challenge."

Submitted by Joy McDougall



Jan Matthews
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Membership Coordinator



I am very excited to introduce you to a new feature article in the *InTune*. It is called, **Real Women, Real Fun, Real NEW!**

It is so fun to welcome new members into our choruses. They are fresh and full of energy, enthusiasm and new ideas!! I attended the New Member Reception at Summer Enrichment Time (SET) and it was such a treat to be in a room full of that energy. As I met each new member and watched them interacting with each other, I wished I knew them better and that I could meet every member when they joined. That was the seed that started the idea for this new article.

Wouldn't it be fun if there was a place where we could spotlight each new member and recognize the member who encouraged her to come? That is the vision behind, *Real Women, Real Fun, Real NEW!*

Be sure to [check out this new section](#) in *InTune* and see who's joined a chorus near you!

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Regional Historian
[Jody Allen](#) / 509-218-4799

Regional Librarian
[Jean Hansen](#) / 208-772-4776

Spirit of Spokane

Like all Sweet Adelines, the [Spirit of Spokane Chorus](#) knows the value of competition. It unifies us and creates strong bonds as our combined efforts create something more powerful than ourselves. This was one reason we enjoyed singing at the Veterans' Administration National Wheelchair Games in late July.

Athletes from around the nation, all of whom had already earned the distinction of serving in our Armed Forces, came to Spokane for their annual sports and skills competitions. We were privileged to sing the National Anthem at the opening of the championship games of the swimming, quad rugby, and wheelchair basketball competitions.

We felt honored to share our music in this way. The *Star Spangled Banner* is never so easy to sing as when you are offering it before veterans and their families and friends. Afterward, seeing those athletes compete, we thought of the many months and years of practice that go into just a few minutes under the lights. The athletes' faces showed strain and supreme effort, as well as sheer joy in physical exertion. It reminded us that we are all at our best when we are making maximum use of our talents.

Submitted by *Laura Lambert*

Voices Northwest Chorus

As with choruses everywhere, [Voices Northwest's](#) summer was filled with vacations; hot weather, performances, fairs and community events, as well as planning ahead for the coming year.

Lea Beverley coached us three times (we love her!), choreographer, **Sharon Marquardt** attended Erin Howden's fabulous visual performance event in Toronto, and director, **Sue Beck** participated in the Side-by-Side director's seminar held in Detroit with judges and directors sharing knowledge and lots of good times!

All of our hard work will be showcased in an evening show following the Ovation Workshop with 2009 international champions, Moxie Ladies. The show is scheduled for 7:00 pm, November 21, at the Historic Everett Theatre in downtown Everett.

In June, we performed a show called, *On the Road Again*, which was about an ill-fated vacation that ended up putting the gift of Sweet Adelines into the heart of a skeptic. This show in November, *Movin' Right Along*, is Part II in the adventures of ill-planned vacations. In addition to Moxie Ladies, the show will feature 2008 international quartet champions, Mojo, Region 13 quartet champions, LiveWire, and of course, Voices Northwest Chorus. You won't want to miss it!

Submitted by *Kim Aikins*

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Real Women, Real Fun, Real NEW!

Region 13 has been busy since we met in Spokane for the annual convention. New members are popping up all over the region!

For this issue of *InTune*, we feature **Pacific Sound Chorus**, who has added five new members since April. Rumor has it they have at least four others "waiting in the wings!". Way to go, PSC!

Vicki Davern came to a rehearsal with her long time co-worker, **Randa Zaitz** and was quickly hooked!

Anne Davids was invited to a rehearsal by **Cynthia Doyer**. Anne says of the invitation, "Cynthia called my office one day. One thing led to another and PSC was mentioned. I told her I'd been looking for a chorus to sing with and she enthusiastically invited me to come to a rehearsal, brought me a pamphlet, gave me the rehearsal info and the rest is history!"

In July, **Alice Spencer** was getting her mail and struck up a conversation with her neighbor, **Bonnie Kulvinskas**. They began talking about singing, as Alice knew that Bonnie was involved in a singing group. Bonnie invited Alice to come with her to a PSC rehearsal.

Tonna Kutner saw a quartet at Seattle's Folklife Festival, participated in the sing-along and then found PSC.

Kathy Woodford was encouraged to visit PSC by friend, **Mindy Engelberg**. Mindy, who sang with a chorus in Texas years ago, accompanied Kathy on her first visit to PSC.

To all of these new members,
welcome to Region 13!

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Access Your SAI Member Information Online

Members can now update their personal information online, including name, address, email address and phone numbers! Log on to the following web page to make corrections to your membership information: http://64.207.244.220/sai/members_online/members/viewmember.asp?action=start . You can also send information by email to [Connie Heyer](#), the SAI Membership guru!

Please note that when logging in, if your member number begins with a "0" you must omit it; for example if your member number is 01234, the log-in page will only accept it if it is entered as 1234.

When submitting email updates to International, please include your member number, name and chapter name with your updated information.

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InTune is published quarterly for the membership of North Pacific Region 13, Sweet Adelines International. For questions or comments about this electronic edition, please contact [Sue Middleton](#) at 253-874-2733.

The next issue will be distributed in the winter; deadline is January 17, 2010. We'd love to hear about your chorus or quartet! Send articles to [Stacey Stevens](#), ***InTune*** co-editor.

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