

real women.  
real harmony.  
real fun. 

# InTune

North Pacific Region 13  Sweet Adelines International

## A CAPPELLA GONE WILD!

Directors and music leaders, now it's **your** turn to have a little A Cappella Gone Wild of your own when Region 13 brings Dede Nibler, a talented SAI Faculty Member, to the Seattle area for a workshop. All Front Line Directors, Assistant/Associate Directors, DCP Members, Regional Faculty, Section Leaders, and Choreographers are welcome —and encouraged— to attend!

The event runs from Friday evening, June 25 through Saturday evening, June 26, 2010, and will be held at the SeaTac Marriott Hotel in SeaTac, WA. Registration for the workshop includes all classes, plus breakfast and lunch on Saturday.

### A Little About Dede



As a child, Dede often sang harmony with her three sisters. She received a B.S. in Music Education from the University of Illinois in 1968, and later earned an M.A. in Administration from CSU-Fresno. Following 33 years of public

school music teaching and administration, Dede retired in 2008.

After being introduced to barbershop harmony in the mid-70s, Dede moved to Fresno, CA where she directed the California Heartland Chorus for 19 years and led them to four Regional championships.

Dede retired briefly from directing in 2001, but a few months later started a new small chorus called Voices Unlimited, who performed as a Wild Card contestant in Hawaii.

A Master Director, Certified International Faculty Member, arranger, coach and the Region 11 Education Director, Dede also sings in a quartet (Dolce) and is the musical director/vocal coach for a seniors' musical production in Fresno called "New Wrinkles."

Whew! The lady knows her stuff!

### Classes

Classes cover a wide range of topics applicable to chorus music leaders. For example:

- Energized Vocal Sound
  - Basic Arm Waving
  - Mastering the Art of Arm Waving
  - Raise Your Level: Tools and Techniques
  - Reading Rhythms
  - Musical Techniques for Small Choruses
  - Singing with Resonance

### Hotel/Lodging Information

Room rates are \$119.00 per night. Hotel reservations should be made directly with the SeaTac Marriott: 1-800-228-9290 or 206-241-2000 no later than **JUNE 4, 2010**. Please mention you are a Sweet Adeline.

### Deadlines

The deadline to make your hotel reservations at the special rate is **JUNE 4, 2010**. The deadline to register for the "A Cappella Gone Wild" Workshop is **JUNE 10, 2010**.

### To Register

[Visit the Region 13 website's Workshop page](#) to register and pay online using PayPal. Or, a form is available on page 2. If you have questions or need assistance, please contact [Patty Martin](#), Education Coordinator, 360-754-9450.

### MAY 2010 INSIDE THIS ISSUE:

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Now you can visit us on our Region 13 Fan page, even if you're not a member of Facebook.

Simply visit us at [facebook.com/Region13](http://facebook.com/Region13) —no sign-up required—and catch up on all the latest goings-on in North Pacific Region 13.

# Harmony College Northwest

## Join the fun at Harmony College Northwest! July 16-18, 2010 / University of Puget Sound

For 30 years, Harmony College Northwest (HCNW) has been bringing big-name barbershoppers to the Tacoma, WA area. This year, with the demise of IES, classes and faculty designed to appeal to Sweet Adelines in the Pacific Northwest are a high priority. On the schedule:

- **Visual/Showmanship Classes** with sessions from Melanie Wroe, Judy Pozsgay and others.
- **Vocal Production Classes** taught by Ryan Heller, Teresa McCafferty, Elaine Cotton and others.
- **Section Leader Boot Camp**, led by Fourth Avenue, the Region 24 Quartet Champions.
- **Quartet/VLQ and Small Chorus coaching.**
- **TWO great shows** featuring our special guest quartets.
- **Plus** classes for chapter leaders, musical and visual leaders, the marketing team, directors, and coach-wannabees! AND, a special 8-part "school song" to learn and sing together!



**Registration underway now! More information: [www.harmonycollege.org](http://www.harmonycollege.org)**  
 Forms are available online to download and print out, if you prefer to register that way.  
*The Pacific Barbershop Summit supports HCNW as an educational event for all barbershop singers within its boundaries.*

# A CAPPELLA GONE WILD! REGISTRATION

Visit the [Region 13 website's Workshop page](#) to register and pay online using PayPal. Or, you can use the form below.

Fill it out and return with your payment (payable to **North Pacific Region #13**) to:  
Sue Middleton / 718 SW 294th Street / Federal Way, WA 98023

**Registrations must be postmarked by June 10, 2010**

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Your Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Chorus(es): \_\_\_\_\_

I am a (please circle): Front Line Director, Assistant/Associate Director, DCP Member, Regional Faculty,  
Section Leader, Choreographer

Date of Arrival: \_\_\_\_\_ Date of Departure: \_\_\_\_\_

**Registration Cost: \$30.00** for Front Line Directors (includes Saturday breakfast and lunch). **\$45.00** for all other participants (includes Saturday breakfast and lunch).

Enclosed is a check in the amount of \$\_\_\_\_\_.

## Music Choices for Contest

Another successful regional contest is over. Now we start planning for *next* year!

I heard from several groups this year that the music judge commented on the suitability of the arrangement to the performer. Sometimes, this seems to be the bane of our existence. One of the biggest mistakes choruses and quartets make is picking music that shows what they **can't** do well, rather than pick songs that show what they **can** do well.

When selecting music, I suggest steering clear of songs done on the international contest stage. That probably sounds harsh; however, it's likely the songs sound great and are done well because they are done by groups that sing in the high B+ to A scoring level. These groups make songs seem easy even when they aren't. Most songs performed at International are difficult, whether it sounds like it or not. If you really like a song you heard there, look for an easier arrangement. Often, multiple arrangements of the song can be found.

One good way to find music is to go directly to the arrangers. Write them a note giving them your singable ranges for each voice part. Include information like: "Our bass doesn't do well on notes lower than a D," or "Our tenor gets vocally fatigued if she's on D or higher for extended periods," or "Our baritone is more successful when she's below the lead." Let the arranger know your scores for the last couple of contests, along with the

songs you did and the fact that your judges said the music was too difficult for your group. Ask for suggestions from their arranger's list. You will find most arrangers are more than willing to help you locate an arrangement that will help you succeed. And they'll be honest with you because they want their arrangements to be done well, too.

Not to toot her horn, but [Nancy Bergman's site](#) is a GREAT resource. If you look at her alphabetical listing of songs, she indicates which are contestable, along with skill level. There are other sites out there for finding music; I've just personally found Nancy's is the most user friendly. You can find all of our organization's arrangers on the international web site at the [Arrangers Contact Search link](#). If you find something you want to sing, ask the arranger if the song would be good for "x" level chorus or quartet.

Also, look for songs that don't have a rangy lead line. When this is the case, the other parts become rangy to accommodate the melody. Songs to consider should have a lead line that does not have vocal gymnastics inherently in the tune, like "Once Upon A Time" or constant jumps from low-range to high-range, like "Crying Myself to Sleep." Once the lead line starts playing gymnastics, so does the baritone line and then you end up with separated voice chording on the tenor and bass lines. Higher level groups can be more success-

ful with this, but it is still risky to undertake.

Another thing to consider is the group itself. Does the music fit your style and personality? Is it age-appropriate? Does it fit the message you're trying to portray? Take, for example, "Once Upon A Time." I recently saw a young men's quartet sing this and could not buy into the sell of the song coming from 20-year-olds... I mean, what would they know? How about a young women in harmony quartet singing "I've Been Waiting for Your Phone Call for 18 Years," or a more "experienced" quartet singing "It's Raining on Prom Night"? The songs just don't fit! The message has to be believable from the group selling it. Unless, of course, you are doing something for comedic effect—that is an option and can be successful if approached correctly.

Remember, you don't have to do a ballad and an uptune. You can do a swing tune and ballad or swing and uptune or two uptunes. The point is, do what you do best! Pick easier music you can spice up with the help of a coach who knows your abilities.

There is more to picking music than selecting a song you've heard someone else do. Be selective and smart!

Submitted by *Teresa McCafferty*  
*Quartet Development Coord.*  
[director@jetcities.org](mailto:director@jetcities.org)

## REGIONAL EVENTS

### 2010

#### JUNE 2010

- **June 12:** [Western Washington Area School](#). Host Chorus: Olympia
- **June 25-26:** [Director, Faculty and Music Leaders' Workshop](#) with Dede Nibler

#### JULY 2010

- **July 16-18:** [Harmony College Northwest](#); Tacoma, WA

#### AUGUST 2010

- **August 14:** [Eastern Washington Area School](#). Host Chorus: Coeur d'Alene
- **August 13 – 14:** [Alaska Area School](#). Host Chorus: Alaska Sound Celebration

#### SEPTEMBER 2010

- **September 10:** *InTune* deadline. Send your articles to Stacey: [xspinks@yahoo.com](mailto:xspinks@yahoo.com)

#### OCTOBER 2010

- **October 2:** [Seattle Shores Chorus Show](#); 7:00 pm; Shoreline Community College Theater; Shoreline, WA. [Contact Barbara for details.](#)
- **October 2-3:** [Grand Olympics Chorus Show](#), "Harmony Ahoy." Saturday, 10/2 at 7:00pm; Sunday, 10/3 at 2:00pm; Sequim High School; Sequim, WA. [Contact Donna for details.](#)
- **October 17:** [Pacific Sound Chorus Show](#); 6:30 pm; Seattle Convention Center, Seattle, WA. Featured guests: Zing!, Greater Auckland Chorus, Endeavor Chorus, Jet Cities Chorus, Mojo, LiveWire and Even Time Quartets. [Contact Susan for details!](#)
- **October 17:** *"All Over the World" Show*. Sunday, 5:00 pm; Seattle, WA. Featuring: Stockholm City Voices, Pearls of the Sound, SALT, Remix, Journey, and more. [Contact Melanie for details!](#)

More Region 13 events  
 on the next page!

# Region 13 Chorus Chatter

a cappella joy



“And with 547 points, first place small chorus and fourth place overall is a cappella joy!” The screams of happiness from 29 women (plus our loyal chorus groupies) were probably heard all the way back to Seattle. This win was the culmination of more than seven years of work with many ups and downs.

In 2002—down to eight people regularly attending rehearsals—we began creating a new vision for the chorus. We didn’t know how we were going to achieve it, but at least we knew what we wanted. Lucky for us, we found Nikki Blackmer to be our director. She fit right in and we began to grow.

Still, it’s been a long journey and nothing happened overnight. The first year we competed, we scored fewer than 400 points. We weren’t great, but we had fun and we entertained the audience. Every year we tried to improve, measuring our success not just by competition scores, but by our own standards for progress.

Our chorus is an amazing and diverse group of women. We all share a love of singing and a love for each other. We’d like to thank everyone who has helped us along the way especially **Beth Smith, Judy Pozsgay, Dan Hofkamp,** and **Don and Amy Rose.** These coaches (and others too numerous to mention here) have inspired us and helped us on our journey!

Submitted by Arlene Blackmer  
[acappellajoy.org](http://acappellajoy.org)

## Alaska Sound Celebration

Ahoy, mateys of Region 13! Your plundering pirate friends from Alaska Sound Celebration hope you had a wild time in Anchorage. How was your treasure huntin’? And what about

the weather...four seasons in one weekend!

We were thrilled with our booty haul: a second blue medal for the chorus, as well as new jewels for two of our quartets. Everyone in the chorus was excited for **Backbeat** who came in second, and **Monaco** who came in third. Congratulations to **Heartlight** who received the novice award, as well.

ASC has had a busy time since returning from our first International in Nashville. There was a Christmas show and a three-week sell-out run of our “Fur Rondy” Melodrama, which celebrated its 20<sup>th</sup> anniversary this year.



Contest time came quickly. And, there will be no slacking now for the crew of our fine vessel. The two barbershopoholic captains have a list of new music as big as a treasure map for us to learn, as well coaching, a recruitment drive and several sing-outs. It’s “all hands on deck” as preparation for Houston starts immediately under Captains Leet and McBride. Phew! Life on the international ocean waves is an exciting and busy one!

We’re thrilled to be your 2010 champions. Thanks for your support and we hope to do you proud in Texas in 2011. Before then, many of us will see you in Seattle to wave our swords for Pacific Sound, Mojo, LiveWire and Jet Cities, mic testers for Harmony Classic.

Submitted by Sheena Kaighin  
[alaskasoundcelebration.org](http://alaskasoundcelebration.org)

## Coeur d’Alene

Coeur d’Alene Chorus is pleased to welcome a number of new members, some of whom are Sweet Adeline transplants from California and Arizona! On May 2, nine members formed a

(continued on next page)

## MORE REGIONAL EVENTS

- **October 19-23: SAI International Convention;** Seattle, Washington!!

### 2011 MAR-APR 2011

- **March 31-April 3: Region 13 Annual Convention (SAI);** Spokane, WA

### JUNE 2011

- **June 10-11: Director, Faculty and Music Leaders’ Workshop** with International Faculty Member, Sandy Robinson-Marron

### AUGUST 2011

- **August 5-7: Summer Enrichment Time (SET)** with International Faculty Member, Darlene Rogers; Eastern Washington

### OCTOBER 2011

- **October 18-22: SAI International Convention;** Houston, TX

### 2012

#### APRIL 2012

- **April 26-29: Region 13 Annual Convention (SAI);** Spokane, WA

#### OCTOBER 2012

- **Oct 30-Nov 3: SAI International Convention;** Denver, CO

### 2013

#### MAY 2013

- **May 16-19: Region 13 Annual Convention (SAI);** Spokane, WA

#### NOVEMBER 2012

- **November 5-9: SAI International Convention;** Honolulu, HI

### 2014

#### MAY 2014

- **May 15-17: Region 13 Annual Convention (SAI);** location to be determined

Send regional event information to [Evelyn Weiss](mailto:Evelyn.Weiss@alaskasoundcelebration.org),  
509-967-5311  
509-420-6754.

## More Chorus Chatter ...

(continued from previous page)

Very Large Quartet to perform for a local ladies luncheon called "Best Friends Forever." Little did they know, that is how Coeur d'Alene members feel about each other!

The chorus is gearing up for their May 15 spring concert, "Sweet Sounds," which will feature local quartets and a children's chorus. May 17 will be the Installation Dinner, where **Carol Griffiths**, Team Coordinator; **Beverly Young**, Treasurer; **Lori Gessner**, Administrative Manager; and **Jay Krumbholz**, Director, will be joined by incoming team



members **Randee Johnson**, Membership; **Krista Tickemyer**, Publicity; and **Sally Wallace**, Secretary. Many thanks to outgoing management team members **Gayle Clayeux** and **Melodie Hays**. Coeur d'Alene Chorus is excited to host the Western Region 13 Area School on August 14. Please mark your calendars and watch for more details, including a sunset cruise on one of the five most beautiful lakes in the world!

Submitted by *Melodie Hays*  
[www.cdachorus.com](http://www.cdachorus.com)

### Fairbanks Frontier



Thank you, Region 13! You've given Fairbanks Frontier chorus a beautiful gift. Your gift of

laughter and applause at competition this year was so special for us! We thank you for helping us enjoy our performance so much.

We also thank you for bestowing the extra special gift of Audience Choice Award on us. And, thank you for loving our costumes as much as we loved sharing them with you!

We belong to a wonderful region!

Submitted by *Joy McDougall*  
[fairbankssweetadelines.org](http://fairbankssweetadelines.org)

### Pacific Sound

On May 11th, Pacific Sound Chorus (PSC) recognized 17 members who received certificates for their SAI membership of five years or more. Since Region 13's new policy presents certificates to 50-year members only, PSC went a step farther and presented certificates to all 17 members. Their names will be listed on Pacific Sound's website. Carole Kirkpatrick, PSC Director Emeritus, will be presented her 50-year longevity award. Congratulations to all.

PSC is also planning to host a show prior to the international competition in Seattle. Scheduled for Sunday, October 17, at 6:30 pm, the show will be held at the Seattle Convention Center.

In addition to the PSC performance, guests include the following quartets and choruses from both "down under" and here in Seattle: [Even Time](#), [LiveWire](#), [Mojo](#), [Zing!](#), [Endeavour Harmony Chorus](#), [Faultline Chorus](#), [Greater Auckland](#), and [Jet Cities Chorus](#).

Tickets range from \$15 to \$25, depending on seating. For more information, [visit our website](#) or [send an email](#).

Please make your travel arrangements now to include time for this awesome opportunity to see a fun arrangement of performances, built around the theme of our wonderful "Emerald City." See you there!

Submitted by *Carol Drew and Susan Soderberg*  
[pacificsound.org](http://pacificsound.org)

### The RMT Chimes in:

#### Marketing

What a wonderful convention. It was fun to see everyone in Anchorage. For those of you who didn't make it, you missed a great convention. Thursday we experienced some snow and then on Friday and Saturday we were treated to beautiful, sunny, spring days. May brings many changes, including changes in your chapter leadership. I invite all new and returning marketing coordinators to email or call me. I'd love to chat with you!

There are some great educational opportunities coming up in Region 13 this summer; be sure to read Patty's article. May kicks off with a new webinar from SAI, *Real Guide to Membership Growth*, on May 26th. Webinars are free to members and if you are not able to participate live, they are archived for you to review later. Along with this webinar is a great new tool, the *Real Guide To Membership Growth* handbook. This fabulous new tool is available for members to download free from the SAI web site in Members Only marketing section. This handbook covers marketing, as well as membership principles (for example, understanding the difference between *selling* and *telling*). If you have any challenges locating the handbook, let me know.

So, what is marketing? Marketing is the process of creating, communicating, delivering and exchanging offerings that have value. Value to whom you ask? It is value to potential audiences, future members, sponsors and active members. It is our active members that we rely on to achieve our marketing goals. Therefore, we need to ensure that everyone understands our goal(s) and believes in them. Communication is the key to success!

Jan Matthews  
907-522-1988  
[ilm@alaska.net](mailto:ilm@alaska.net)

More on the next page!

# Region 13 Quartet Corner

## Foreign Exchange

There's nothing like the first time you compete. It's all over in a flash, but you know immediately you want to do it again.

As you know Alaska Sound Celebration had ten quartets in the contest. Within that line-up were 12 chorus members and two Chapter-at-Large singers who were competing in the quartet competition for the first time. That's an awful lot of first-time nerves in one hotel!

"Enjoy it" was the advise the old hands kept telling us, "it's great fun"! And it was. From the first-timers initiation ceremony staged for us on Thursday night, to singing for a queen (thanks LiveWire), to spending the long day together before we got on stage, to feeling the love and support from other members of Alaska Sound Celebration, and to the appearance on the webcast just afterwards...it was a blast and yes, I'm hooked.

As an aside, you may have wondered why **Syzygy** appeared on stage for the presentation carrying a red lantern. It's a throwback to sled dog race in Anchorage some years ago when a musher went missing. Tom Wharton, grandfather of Natalie Hebert, lead in **Paisley Quartet**, went to find the musher carrying a red lantern, and when they finally came into town, the lantern swung from the sled. So we have invented a new tradition: the last ASC quartet to cross the finish line carries a red lantern!

*Michelle, Sheena, Kay and Elaine*

## LiveWire



LiveWire is still flying high from the Anchorage convention! We want to thank everyone

in Region 13 and all of our fans and family members for making the weekend such a success. The contests were full of great singing and the show was a blast! Snowflakes on Thursday and sunshine on Friday made for a great winner's carriage ride on Friday night. Thanks, Ovation! Special thanks to our two choruses also, [Jet Cities](#) and [Pacific Sound](#), who *always* make us feel like champions!

Our plans to move toward International Convention in Seattle are heating up. We have coaching dates set, a few more songs to learn, and a show to put on in August! Don't forget that our upcoming Quartet Extravaganza is a chance to see a large selection of our region's quartets (including us!) try some new stuff and sing old favorites. If you are in a quartet and want to perform, let us know—the more the merrier! The show will be at Decatur High School in Federal Way, on a Saturday in late August (exact date TBD!). [Watch for details on our website.](#)

Highlights for LiveWire this year include:

- Recording our Christmas CD on the UPS campus in Tacoma,
- Selling our CD to you, our supportive fans,
- Promoting the CD to anyone who hasn't bought one yet, and,
- Planning the future promotion of our CD by entering the [Figgy Pudding Caroling Contest](#) in Seattle on December 3! Be there to vote for your favorite carolers.

With International here in our own backyard, we hope most of Region 13 is planning to attend the contest and cheer for LiveWire, MoJo, Jet Cities (mic-testing) and Pacific Sound. It's a fantastic opportunity and we would love to see your smiling faces there!

*Katy, Anna, Teresa & Susan*  
[facebook.com/livewirequartet](https://www.facebook.com/livewirequartet)

## Mojo

Mojo had a fantastic time at Region 13's 2010 convention in Anchorage! Congratulations to all of you who competed there! We were incredibly busy teaching and performing, and we took home lots of wonderful

*(continued on next page)*

## RMT (continued)

### Membership

It was my privilege in Anchorage to assemble and present the Longevity Awards with the help of the Regional Management Team (see page 10 for the list). There were quite a few awards due to a change that was made in the way the anniversaries were computed on the regional level. This resulted in the presentation of awards based on the old system, as well as the new system. It is inspiring to see so many of you celebrate these milestones!

These awards are a living reminder of the dedication and commitment that each of you bring to Sweet Adelines International. You are a living legacy to the beauty and power of the barbershop style and of this awesome organization! It lives through you as you give of yourselves, work hard and grow musically week after week and year after year!

Congratulations to all of you who received an award and thank you for being my heroes!

### Cheryl Ekstrom

509-628-0257 / 509-492-6510  
[scekstro@verizon.net](mailto:scekstro@verizon.net)

### Finance

I'm delighted to be the newest member of the Regional Management Team (RMT)! I appreciate the opportunity to serve the Region in this position.

I've been a member of Sweet Adelines International for 31 years (all of it with the Olympia Chorus) and I fell in love with barbershop harmony on my first visit to the chorus back in 1979. Over the years, I've served as chorus president, vice president, treasurer, board member, communications/technology coordinator...a typical involved Sweet Adeline. I'm also an assistant director and enjoy both the musical and *(cont.)*

*More on the next page!*

## More Quartet Corner ...

(continued from previous page)

memories. You always make us feel so much a part of everything even though we aren't competing, and the opportunities that you provide to us are invaluable to our growth as a quartet. Thanks so much to those in charge of this wonderful event and thanks also to all of you for your kind comments and good wishes! Region 13 rocks!



So what's next for Mojo? In early May we traveled to Region 26's convention in Calgary, Calgary, AB to mic test their quartet competition and perform on Saturday evening. Three Mojo members (Corinna, Judy and Elaine) also competed with [Lions Gate Chorus](#).

After that, our preparation for International begins in earnest! We have some fabulous coaching lined up with **Sandy Marron, Lea Beverly, Betty Clipman and Tony DeRosa**. We're also guest faculty at the upcoming [Harmony College Northwest](#) in Tacoma, WA on July 16-18. We hope to see some of you there! Seattle is our next big highlight, of course, and what fun to compete in one of our hometowns for International along with **LiveWire** and **Pacific Sound Chorus**! We can't wait to see all of you again in October!

Corinna, Julie, Elaine and Judy  
[mojoquartet.com](http://mojoquartet.com)

## Region 13 success in Region 26

Calgary, AB hosted Region 26's annual competition, May 6-9 and Region 13 was there in full force! **Amy Rose** (tenor, Seattle Mix) and **Nikki Blackmer** (director, a cappella joy) were contestants in both the quartet and chorus competitions.

Both won gold with [Lions Gate Chorus](#). Glow (Amy's quartet) won fifth place medals and

### Monaco

Want a better score? Try some bedtime reading! When the award for Most Improved Quartet was announced, the reaction from many in the audience was, "HOW MANY?" (for the record, it was 134 points!).

How did we do that?! Two years ago, we realized we simply didn't know how to compete. Jim Arns told us about *With Winning in Mind*, by Lanny Basham. We applied the advice from this book individually and collectively. We always use positive reinforcement now. In the pattern up to stage time, we adopted the "Focus Zone" approach and that really worked. We've learned that good mental preparation is *vital*.

We worked a lot on our blend and did lots of



exercises; the "non-leads" learned the lead line. The judges advised us to transfer that sound into other areas of the song. Who knew you had to do it from the start to end of a song and not just parts of it?"

Monaco has been together for three years and feels the new approach has changed us for the better. "We no longer work harder—we work smarter; also, we take the music seriously, but not ourselves" says Misti. Sounds like good advice for us all.

Submitted by Sheena Kaighin for  
Peggy, Misti, Melanie, and Janet

### RMT (continued)

administrative aspects of our organization. Over the last three years, I've served as the Official Panel Liaison (OPL) for the 2008-2010 Region 13 contests. What a great experience that has been!

In my nearly 27-year career with the Washington State Patrol, I had the opportunity to manage a large budget. I've been retired for almost four years now, so it's great to be able to use skills I learned while working to do things I love to do in my spare time!

If you have any questions about region finance issues, please contact me. I look forward to working with you in the coming year!

Mary Neff  
360-455-8943  
[maryneff4@comcast.net](mailto:maryneff4@comcast.net)

### Events

Now that the 2010 regional contest is over, we would like to get your feedback through a survey, which you can [access by clicking here](#). Please take time to do this so we can hear your thoughts about your experience at competition. Information gained from the survey will help us plan future events.

Speaking of future events, here are the dates and locations of regional competitions for 2011-2015.

3/31-4/3 (Spokane 2011)  
4/26-4/29 (Spokane 2012)  
5/16-5/19 (Spokane 2013)  
4/10-4/13 (Spokane 2014)  
5/14-5/17 (TBD)

Sue Hahn  
907-272-4245  
[suellenhahn@gmail.com](mailto:suellenhahn@gmail.com)



Submitted by Nikki Blackmer

# Real Women, Real Fun, Real New!

Featuring new members from a cappella joy Chorus and RiversEdge Chorus. Welcome to North Pacific Region 13!

## Nancy Cornwell, bass a cappella joy Chorus



Married to Jeff, I have a daughter, Jacquelyn Kmetz (36), and a son, Jeff Cornwell (34), and two grandchildren Evelyn (4) and Owen (9 months).

Currently, I am retired with interests in golf and singing, but I once owned a fabric store, wrote six books on sewing and designing with Polarfleece, and worked for a company designing fleece!

I've been interested in music since childhood where I played piano in middle school and sang in school choirs. To this day, I enjoy 60s rock music. In high school, I sang in a girls barbershop quartet called The Barber-sharpes. Coincidentally, my husband's father sang in a quartet and competed nationally. I would like to hone my musical skills as a Sweet Adeline while developing new friendships.

Like an old dog, I believe you're never too old to learn a few new tricks. I started playing soccer when I was 48! I ended up playing goalie (and loving it!). I even have a couple of "old lady first place championship T-shirts" to show for it.

## Merry Dunn, bass a cappella joy Chorus



Married to David, I am a home manager where I raise six children: Rachel (16), Abigail (14), Andrew (13), Dominique (10), Sophia (6) and Calvin (2).

I love music of all kinds and have for as long as I can remember. I like to relax with classical music, dance to rock and

roll and sing along with Christian bands. I've sung in Sunday school productions, junior high and high school choirs, and have been a Dickens Caroler. And, let's not forget shower and car singing. I've done plenty of that, too! I joined Sweet Adelines for fun, friendship and singing (with some competition thrown in).

One thing I'd like the choruses in Region 13 to know about me is that the past three years have been challenging since the birth of my last child. He was born with Down Syndrome and has had major medical issues. He is my darling, but I am so grateful his health is stable now to the point where I am free to sing with this amazing chorus!

## Barbara Holt, lead a cappella joy Chorus



I'm a compulsive harmonizer! To me, music is food and therapy for the body and spirit. Listening to music soothes and energizes me, and

sharing music works like an energy drink!

I joined a cappella joy Chorus in December, 2009. Married to Fugate, I have two children, Kelsey and Walker; both in their 20s. I work as Director of Library and Research Services at Perkins Coie, a large law firm headquartered in Seattle.

My mother used to tell me that when I was little she would follow the sound of my singing to find me, so I've always been drawn to music, although my formal background is sketchy. I had some childhood piano lessons, plus sang in school, college and church choirs. I also took voice lessons a dozen years ago. I always wished I could play an instrument and I have taught myself to play guitar at a very basic level. But, my chorus has taught me I CAN play a musical instrument: my voice!

I enjoy classic rock and roll, doo-wop (can't resist those harmonies), folk, bluegrass, blues, jazz, classical music and early (e.g., Elizabethan) music.

As a Sweet Adeline, I hope to become a more accomplished singer and performer, and make friends, laugh and be a member of a committed team.

## Jayne Rosenberg, tenor RiversEdge Chorus



I first discovered Sweet Adelines in college. My choir director encouraged a group of us to attend a showcase of international bar-

bershop and SAI winning groups. That led me, along with three others, to join the Young Women In Harmony Program and form the quartet, Lyrical Ladies, at Central Missouri State!

After college, marriage, and motherhood, I got my music "fix" by singing with the Spokane Symphony Chorus and doing singing jobs here and there. I work as a preschool teacher and teach with Diana Thomas, the RiversEdge director. She reminded me how fun barbershop music is and I decided to give try it again. It's been a great experience and I'm grateful for the talent (and patience!) of RiversEdge Chorus.

Married to Drew, I have two children, Aaron (8) and Olivia (6). I have had a lifelong love of music; it has always been what "spoke" to me. I began taking voice lessons at 13 and continued until I was 25. I still take a lesson or two every chance I get!

My musical tastes can be summed up this way: If it sings, I love it! Most of my music collection is classical vocal and opera, although, I think you could find any given genre on my iPod in at least three songs. My guilty musical pleasure is anything that the cast of Glee sings.



# Judges' Feedback is Instructional

## Chorus and Quartet Trends can Guide Education

How do we know what type of education is needed in our Region? Every year I meet with the panel of judges immediately following the Chorus Contest and they provide comments regarding the overall Quartet and Chorus Contests, as well as suggest areas of needed focus. Appropriate workshops, individual chorus visits, and convention classes are then planned around the areas of focus. Below are the comments received in each category.

### CHORUS CONTEST

#### Sound – Kim Hulbert

- Breathing is still an issue at B- level.
- Instant accuracy is not being achieved in intervals, tuning, synchronization, and vowel production. Continued resonance issues.
- Barbershop balance is mostly good; sometimes really good!
- Good energized vocal line, but need more tone flow, dynamic flexibility and vocal style.
- Fine-tuning and instant accuracy remain issues at all levels.
- Stamina: many choruses start well on song #1 but end up significantly lower on song #2.
- Better choruses than quartets; all upper level.

#### Music – Jana Gutenson

- Good vocal skills, your work shows.
- Concentrate on musical unity.
- Dynamics: work for more contrast that is delivered fluidly.
- Great contest: all but one B- and above.
- Some questionable song choices, but overall good match between chorus and music.
- Unity and interval rhythmic delivery (words) caused chords to be misaligned, even in top choruses. Director education is needed on skills to get all singers to deliver their well-intentioned plans more precisely.

#### Expression – Paula Davis

- Great contest!
- Great job: almost all in B levels!
- Lovely expressive plans here today.
- Expression is a strength for you in the choruses.
- Develop freedom, energy and

emotional involvement to move into B+ levels; a bit too technique driven.

- Stamina development will help every level.
- Synchronization issues are in almost every group; head toward pulse and move it with air.

#### Showmanship – Tori Postma

- Good vocal skills; keep strengthening
- Increase energy
- Focus more on characterization
- Good work on entrance/break, costume, makeup, choreography and creativity.
- Generally a good grasp of this category. The way to increase energy is by strengthening the vocal foundation, so the emotion and passion are carried by the music and the visual plans are then easily added and truly enhance the overall plan.
- Some good use of humor in this contest.
- Major focus should be vocal foundation and then energy and characterization.

### QUARTET CONTEST

#### Sound – Kim Hulbert

- Large gap in levels an issue
- Synchronization needs to be addressed
- Instant accuracy: every chord, every singer, every time
- Vowel resonance: match vowels but also match resonance

#### Music – Jana Gutenson

- Thank you for an excellent group of emcees!
- Need work on harmony accuracy
- Tempo: add pulse/backbeat
- Phrasing: need to work on “ad lib” interpretation
- What an enjoyable contest!
- Encourage pitch-taking to solidify starts of songs. Many groups didn't really lock into key center until the chorus of the song after a shaky introduction or verse.
- Develop resources for teaching interpretation skills that include ad lib style in ballads and backbeat pulse in tempo songs.
- Address fine tuning as it relates to

interval accuracy at all levels

- Many song choices were **too difficult** for the performer.

#### Expression – Paula Davis

- Encourage quartets to take a pitch. Why risk a shaky start?
- Many synchronization issues. Build 1) focus on pulse rather than words in uptune, 2) rhythmic breathing as a unit, and 3) stamina and breath management
- Expressive plans mostly good. Yea!
- Energy, character, and emotional communication in beginning stages for most.
- Consistent energy needs development; what is it and how to have it.
- Most still need vocal skill development, although it's apparent they've begun the journey
- 12 out of 19 in C levels

#### Showmanship – Tori Postma

- Vocal skills mostly good
- Energy: keeping it consistent is the challenge
- Entrance/break generally good; some too slow
- Costume: mostly good work
- Makeup and grooming good
- Creativity: could use more
- A couple of quartets had unfortunate starts because they omitted pitch taking on stage.
- Some need musical foundation work before they can explore characterization further, but everyone can take characterization further.
- Energy consistency is the key for most to improve, and maintaining it as a unit.

Many of the aforementioned areas will be addressed in our upcoming Director/Faculty/Music Leaders workshop with International Faculty, Dede Nibler. Read about this workshop on the front page of *InTune*. Also, our scheduled Area Schools will help these issues.

Be sure to register for these workshops as soon as possible.

*Submitted by Patty Martin,  
Education Coordinator*

# Region 13 Longevity Awards

These Longevity Awards are a living reminder of the dedication and commitment that each woman named here brings to Sweet Adelines International. They are living legacies to the beauty and power of the barbershop style and of this awesome organization! Congratulations to you all.

## 50 Years

Dena Adams, *CAL*  
Fern Clark, *SOS*  
Carole Kirkpatrick, *PSC*  
Dolores Mode, *CAL*  
Bonnie Willis, *SS*

## 45 Years

Sue Hahn, *CAL*  
Sue McBride, *JCC*  
Liz Reynolds, *RE*

## 40 Years

Sue Brown, *ASC*  
Karen Byington, *IH*  
Diane Chitty, *CAL*  
Virginia Craig, *VNW*  
Dorothy Dedrick, *PSC*  
Jan McKee, *JCC*

## 35 Years

Dale Bader, *CAL*  
Libbie Bucholz, *JCC*  
Muriel Diesel, *RH*  
Adeline Farrar, *SS*  
Delores Hammack, *SOS*  
Martha Hendry, *IH*  
Lorelie Jensen, *CAL*  
Jean Markovich, *CAL*  
Miriam Mobray, *PSC*  
Judy O'Brien, *RE*  
Gerry O'Neill, *BM*  
Karla Shaw, *CAL*  
Carol Slater, *FF*  
Patty Wolfer, *OLY*

## 30 Years

Connie Downen, *IH*  
Eileen Duncan, *RH*  
Nona Fausett, *SOS*  
Shirley Grimm, *IH*  
Susan Kegley, *PSC*  
Mary Laroe, *FF*  
Gayle Miller, *FF*  
Charlene O'Connor, *CAL*  
Sandra Smith-Norton, *FF*  
Patricia Underwood, *RH*  
Jane Weber, *RE*

Thelma Williams, *JCC*  
Jo Yetter, *RH*

## 25 Years

Betteann Bond, *PSC*  
Laura Chase, *ASC*  
Edna Clementson, *IH*  
Mari Coffee, *OLY*  
Maxine Hamper, *CAL*  
Patricia Kerns, *CAL*  
Aurora Landers, *ASC*  
Esther Miles, *RH*  
Marshia Nicholson, *JCC*  
Dee Okerlund, *ASC*  
Jane Phillips, *IH*  
Carol Varner, *FF*

## 20 Years

Nancy Allen, *OLY*  
Barbara Burg, *ASC*  
Carol Drew, *PSC*  
Patty Hale, *OLY*  
Sandy Hesson, *ASC*  
Missy Hubbard, *RE*  
Cheryl Isaacs, *HNW*  
Jeanne McNeil, *CAL*  
Sue Middleton, *JCC/PSC*  
Andren Moyer, *CAL*  
Shirley Roberts, *PSC*  
Shelley Rubin, *BM*  
Diana Thomas, *RE*  
Karen Wenzel, *RE*

## 15 Years

Jody Allen, *SOS*  
Germaine Arthur, *GO*  
Ellen Brockman, *SS*  
Lynnette Brown, *BM*  
Kathy Davis, *KP*  
Rhondi Davis, *JCC*  
Janice Green, *RE*  
Melinda Griffith, *GO/PSC*  
Christine Hamman, *R*  
Marilynn Heeter, *ASC*  
Beth Heitz, *OLY*  
Marcia Winters Homer, *GO*  
Erin Hough, *AJoy*  
Michelle Kirkpatrick, *KP*

Susan Kiminki, *CAL*  
Alice Kristensen, *JCC*  
Alice Kuntz, *SOS*  
Jill Landback, *CAL*  
Judy Larson, *GO*  
Patricia Marsh-Smith, *CAL*  
Nancy Matronic, *KP*  
Melanie McGuire, *OLY*  
Terry Morgan, *BM*  
Linda Muldowney, *GO*  
Laurie O'Brien, *CAL*  
Melissa Pope, *CAL*  
Grace Rawsthorne, *PSC*  
Kay Scharr, *PSC*  
Cindy Lou Schobert, *SOS*  
Michele Sims, *ASC*  
Sandra Sloat, *ASC*  
Linda Surette, *KP*  
Joani Teutsch, *PSC*  
Cora Valadez, *OLY*  
Carol Vecchio, *AJoy*  
Jerry Washam, *SS*  
Barbara Wieseman, *GO*  
Sandy Woodward, *GO*

## 10 Years

Nancy Anderson, *GO*  
Rita Armstrong, *OLY*  
Shirley Bade, *SOS*  
Rebecca Bell, *PSC*  
Carole Bergerson, *ASC*  
Luanne Berline, *FF*  
Kathy Brown, *RH*  
Pat Canfield, *ASC*  
Janet Culver, *GO*  
Cathy Curby, *FF*  
Nancy Eaton, *CdA*  
Andreanna Flores, *RH/BM*  
Kay Gouwens, *ASC*  
Sandy Hartman, *ASC*  
Linda Kile, *ASC*  
Marv Higgins, *CdA*  
Diane Hills, *OLY*  
Joyce Hughes, *OLY*  
Midge Hull, *GO*  
Mary Lyn Kappert, *OLY*  
Jeane Kroll-Grever, *OLY*  
Gretchen Lange, *RH*

Ilene Levin, *KP*  
Susan Mason-Milks, *AJoy*  
Shelley Mercer, *OLY*  
Genevieve Morehead, *KP*  
Linda Morton, *MM*  
Linda Meyer, *CAL*  
Jan Pingel, *OLY*  
Sue Pisek, *JCC*  
Caroline Reiger, *GO*  
Melodee Risi, *ASC*  
Renata Robb, *SOS*  
Ann Marie Rohaly, *PSC*  
Brianna Ryan, *SOS*  
Suzanne Schneider, *SOS*  
Susan Scott, *IH*  
Ronda Shafer, *IH*  
Judie Sharpe, *GO*  
Jean Snyder, *ASC*  
Danie Stiles, *PSC*  
Trudy Tankus, *SS*  
Tammi Thompson, *KP*  
Carol Ward, *HNW/PSC*  
Annette Winjum, *ASC*  
Laura Wright, *OLY*  
Beverly Young, *CdA*

## 5 Years

Sharon Adams, *AJoy*  
Katie Baca, *AJoy*  
Susan Bean, *AJoy*  
Sylvia Bennett, *KP*  
Susan Bradley, *HNW*  
Lisa Carpenter, *RH*  
Verna Coleman, *CdA*  
Julie Converse, *FF*  
Jeanne Anne Craig, *AJoy*  
Suzanne Dahlquist, *SS/VNW*  
Sandra Dunkle, *FF*  
Rebecca Erickson, *RH*  
Linette Finstad, *FF*  
Tammy Flock, *SOS*  
Melodie Hays, *SOS*  
Joan Glinn, *GO*  
Carol Griffiths, *CdA*  
Vickilynn Gruber, *SS*  
Lucy Heinkel, *RH*

Kathy Hughes, *ASC*  
Leah Ilten, *CAL*  
Sheena Kaighin, *ASC*  
Tami Kamp, *VNW*  
Phyllis Kruger, *CAL*  
Margaret Lawson, *MM*  
Jerie Louie, *GO*  
Judy Cooper  
MacLaren, *SS*  
Miranda MacLaren, *SS*  
Bobbi Mastri, *VNW*  
Margaret McDaniel, *KP*  
Cali McKinnon, *ASC*  
Jamie Miller, *SS*  
Sam Minkoff, *GO*  
Helga Montgomery, *GO*  
Elaine Moss, *HNW*  
Erin Mueller, *SOS*  
Marta Nobrega, *AJoy*  
Pam Odam, *OLY*  
Valorie Osterman, *AJoy*  
Jo Powell, *KP*  
Glory Robinson, *PSC*  
Jordan Sahlin, *OLY*  
Shirley Smith, *SS*  
Holly Swift, *CAL*  
Christine Upton, *FF*  
Faye Vlieger, *RH*

### Abbreviations:

ASC: Alaska Sound Celebration  
AJoy: a cappella joy  
BM: Blue Mountain  
CAL: Chapter-at-Large  
CdA: Coeur d'Alene  
FF: Fairbanks Frontier  
GO: Grand Olympics  
HNW: Harmony NW  
IH: Inland Harmony  
JCC: Jet Cities  
KP: Kitsap Pines  
MM: Mt. Melodies  
OLY: Olympia  
PSC: Pacific Sound  
RE: RiversEdge  
RHH: Rolling Hills  
SOS: Spirit of Spokane  
SS: Seattle Shores  
VNW: Voices NW

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# Chorus Historian News

Attention: Region 13 Chorus Historians!

This is a reminder that there will be no Summer Enrichment Time (SET) this year due to international competition in Seattle this fall, which means we will not have the history book contest/display.

Having said that, keep those scrapbooks coming! I will

miss seeing your scrapbooks for this past year, but your chorus will still get to enjoy them and they will become a very important part of your chorus history.

Next year, we will be back at it at SET 2011. Remember that next year's book for SET will need to be for the fiscal year (May 1, 2010 to April 30, 2011).

Have a fun year creating memories for your chorus! I will keep in touch with all of you throughout the next year. Please feel free to contact me anytime! My contact information is listed on the Region 13 web site, as well as below.

*Submitted by Jody Allen,  
Region 13 Historian  
[jotenor@hotmail.com](mailto:jotenor@hotmail.com)*

## Sea-Adelines Education Endowment Fund

The Sea-Adelines Education Endowment Fund (SAEEF) is alive and kicking! Established in 2004, SAEEF provides financial support for the promotion, education and development of quartet singing in the barbershop style within North Pacific Region 13.

We recently received additional funds for immediate disbursement. The amount available is not huge, but sometimes a little can go a long way.

[Applications are available on the Region 13 website.](#) Awards are granted for quartets only and can be used for attendance at educational events and for coaching.

We are looking for a new financial person to be on the Board of Trustees. **Janice McKenna** has served well in that capacity since the fund's inception and we thank her for her commit-

ment. Now that Janice is moving to Portland and Region 24, however, we need a new trustee to join the ranks. If you have financial experience and are willing to serve as a trustee, please send an email with

lucky over the years that generous souls have contributed and earmarked their donation for immediate use so that we could see an immediate benefit of the fund. Five grants have been awarded so far. The fund has helped a young quartet compete at Rising Star, helped another quartet attend and participate in Harmony College NW and have helped other groups with coaching in a couple of different areas.

You may wonder how you can help the fund. Donate... plain and simple. Donations are tax deductible. We accept any amount, at any time—\$5 or \$5,000. You can even leave a gift in your will. The more we grow the fund today, the brighter the future will be!

*Submitted by Teresa McCafferty on behalf of the SAEEF Trustees*



a little information about your financial background to [Teresa McCafferty](#).

As with any endowment fund, the bulk of the benefit will be seen in future years. Most of the money collected is put into a trust and only the interest on the trust is used for disbursement of funds. We've been