

real women.
real harmony.
real fun. 

InTune

North Pacific Region 13  Sweet Adelines International

A Cappella Gone Wild!

The 2010 North Pacific Region 13 Convention is just 14 weeks away! You should already have received the first Convention Bulletin, which was sent out on December 18. (Didn't get your copy? Read it online at www.sairegion13.org/10contest/bulletin1.pdf, then contact Sue Middleton at suemiddleton@gmail.com to get on the mailing list.) Another Convention Bulletin will be coming your way soon, too, so keep an eye out for it.

Here are the latest updates:

Deadlines

Please note these **important deadlines**:

- 2/22/10: Quartet Entry Deadline*
- 2/23/10: Chorus Entry Deadline
- 3/1/10: Order of Appearance Drawing
- 3/15/10: Convention Program "Shout Outs" (see below)
- 4/23/10: Quartet Competition
- 4/24/10: Chorus Competition
- 4/29/10: Harmony Emporium Vendor Application (see below)

*The paperwork for new and renewing quartets must be submitted and processed before they may register for competition.



Lodging

The headquarters hotel is the **Hilton Anchorage** and hotel rates are as follows: Single (\$99); Double (\$109); Triple (\$119); and Quad (\$129). Please note that this Hilton has **DOUBLE** beds and not queen-size. The group room **rates are the same as 2002** and are available for an additional **FIVE** days before and **FIVE** days after contest! You can **make your hotel reservations right now** if you want! More details are available at www.sairegion13.org/reg-comp.html. For further information, contact Kathy Johnson, Housing Coordinator: kjinak@ak.net.

Harmony Emporium

A Vendor Application for the Harmony Emporium is available in this *InTune* (see page 7). Deadline to request a table is **March 29**. Choruses and quartets competing at the upcoming International Convention are allowed one **FREE** table; a completed application is still required to reserve booth space. For more **information**, contact Conce: rockcc@acsalaska.net.

Shout Outs

Want to wish your favorite quartet "good luck"? Thank a coach? Tell your roomies you're excited to be sharing the weekend with them? Then you need a "Shout Out!", which are short blurbs printed in the convention program. You can get a Shout Out for \$5 (25 words or less). You may buy as many as you wish...just note the deadline for copy is **March 15**. Make your check payable to *North Pacific Region #13* and send to: Carole Bergerson, 873 Cardigan Circle, Anchorage, AK 99503. Questions? Contact Carole at cbergerson@gmail.com.

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A New Look for InTune

You may have noticed that *InTune* is now a PDF document. This allows us more flexibility in design, as well as makes it easier to distribute to members.

Other changes to *InTune* include a switch to publishing three times a year instead of four. The first issue will be in January, followed by ones in approximately May and September. These newsletters will be supplemented with direct emails containing details of upcoming and pertinent events of interest to you.

Please let us know how you like our new format by emailing suemiddleton@gmail.com.

Say What?!?

At the date of this writing, we have 15 rehearsals until the Region 13 competition in Anchorage, Alaska! It seems like such a long time, but in reality, it is never enough time!

This article is devoted to ways you can improve your practice time, give more to your chorus, and, in general, be the best chorus member you can be.

First, take a look at the chorus member you are now. Are you an exemplary chorus member or are you resting on the person next to you when you know you shouldn't be? Are you early to rehearsal, ready to hit the risers right on time? Do you have your music learned, choreography plan committed to memory, and emotional plot mapped out?

I would encourage all chorus members to do these basic things during contest season:

- Be on time and ready to sing.
- Warm up in the car or at home before rehearsal.
- Know the music and any changes that have been made so that you don't waste rehearsal time

asking questions that may have been answered previously.

- Pay attention to any notes or emails that come out during the week with musical changes.

- Keep healthy.

What if you already do all of those things? And, if you are reading this, I bet you do! Here are some ideas for above and beyond!

- Take stock of your inner game. Many Olympic athletes swear their success is due to their inner game. Confidence and lack of outside negative voices help them to win gold medals.
- Warm up every day. Go out and get one of those vocal warm-up CDs, like "Sing, Baby, Sing" (available at www.singers.com) and sing every day.
- Keep yourself healthy. Sleep as much as you need to and limit alcohol and caffeine. Quit smoking. Take your vitamins, hydrate, eat a balanced diet and get some exercise.
- If you can't sing through your contest package out

loud, then do it in your head!

- Practice your music every day. Running through your contest package once a day can really solidify any changes that were made during the week and can help choreography become second nature.
- Demand more from yourself. People's inner dialogue limits what they think they can do. We put limits on our potential without even realizing it! So, every time you think you can't possibly do another run-through, sing the song any better, or remember one more detail, challenge yourself to dig deeper and find more energy and brain power!

I will see you all in just a few months – and until then, keep healthy, keep practicing and become the chorus member you've always wanted to be!

Submitted by Nikki Blackmer, M.M., Director of a cappella joy Chorus, Director Coordinator for the Region, and Member of the Education Direction Team

A Cappella Gone Wild! (continued)

Family Chorus

If you attended one of the last few International contests, then you know why our Anchorage Convention will have its own Family Chorus performance this year on Saturday! The key to success: your participation and support!

To be eligible to sing in the Family Chorus, you only need to be female...that's it! Singers from anywhere and any age—including mothers, daughters, aunts, sisters, cousins, grandmothers, chapter-at-large members, or good female friends—can join. The two songs for the Family Chorus performance will be "That's What Friends Are For" and "When I Take My Sugar To Tea." A rehearsal will be squeezed in somewhere that weekend, possibly after the Kick-Off on Thursday or late Friday night.

You may be in both the Star Chorus and Family Chorus. Music and learning tracks are available on the Region 13 web site, but you will need special sign-in information to access them, so contact the Family Chorus director, Sue Hahn, at sourdoughsuesb-b@alaska.com or 907-272-4245 for more information and she will email you the details.

REGIONAL EVENTS

2010

FEBRUARY 2010

- **February 14: Jet Cities Chorus Sweetie Pie Social;** Todd Beamer High School; Federal Way, WA.
- **February 25-28: Alaska Sound Celebration Melodrama;** Anchorage, AK

MARCH 2010

- **March 4-7: Alaska Sound Celebration Melodrama;** Anchorage, AK
- **March 7: Spirit of Spokane Chorus Show;** 2-4pm; Spokane, WA
- **March 13: RiversEdge Chorus Cabaret Show.**
- **March 18-20: Region 24 Annual Convention (SAI);** Spokane, WA

APRIL 2010

- **April 10: Pacific Sound Chorus Show;** IKEA Performing Arts Center; Renton, WA
- **April 22-24: Region 13 Annual Convention (SAI);** Anchorage, AK

MAY 2010

- **May 6-9: Region 26 Annual Convention (SAI);** Saskatoon, SK
- **May 9: InTune deadline.** Send your articles to Stacey at xspinks@yahoo.com

JUNE 2010

- **June 12: Western Washington Area School.** Host Chorus: Olympia
- **June 25-26: Director, Faculty and Music Leaders' Workshop** with Dede Nibler

JULY 2010

- **July 16-18: Harmony College Northwest;** Tacoma, WA
- **July 21-24: IES Global / West (SAI);** Rancho Mirage, CA

AUGUST 2010

- **August 14: Eastern Washington Area School.** Host Chorus: Coeur d'Alene

More Region 13 events on the next page!

Wow! What a Weekend!

November 20 and 21, 2009 will live long in the hearts and minds of North Pacific Region 13 and those lucky quartets and members who were able to attend the second Quartet Workshop sponsored by Ovation, our chorus of quartet champions!

Our faculty for this workshop was Moxie Ladies, the 2009 SAI Quartet Champions. They were nothing short of spectacular! All four of these talented champions taught classes and coached quartets. They were professional, well prepared, and gave insights into their "winning ways" generously and willingly. They told us all that we must do the "hard work" to gain the benefits. They shared their rehearsal techniques, learning techniques, the value of duetting and more. They demonstrated and entertained and were simply wonderful! I believe everyone in attendance will enthusiastically share what they learned at this terrific workshop.

We started on Friday night and, because of some flight issues, Jenn (the lead) found



Voices Northwest Show finale

herself handling the class by herself. No big deal! We all learned so much...including a brand new tag "Steamrollin' Man."

Then on Saturday, we started at 9:00 a.m. with a full contingency of Moxie Ladies! Joining Jenn, Gretchen, Stacey and Amy added their special styles and insights to the classes. We went non-stop

until nearly noon when we took a lunch break (catered, so we could all stay put)... but no one wanted to stop! Hungry for more information, we forged ahead and by 1:00 p.m. added a dozen high school students and their teacher to the mix.

Meanwhile, regional leaders were coaching quartets.

By 4 p.m. everyone was pretty well spent, but on we went...because Voices Northwest had a show that night ("Movin' Right Along"...a sequel to a performance given in June, 2009) featuring LiveWire, 2009 Region 13 Champs; Mojo, 2009 International 9th Place Quartet; and, Moxie Ladies! What a show! The audience went wild. For a chorus barely three years old, this was a milestone of monumental proportions!

Thanks to Ovation and Region 13 for supporting this important and valuable educational event and for supporting Voices Northwest in their first BIG show!

*Submitted by Sue Beck
Director, Voices Northwest*



Stacey and Gretchen of Moxie Ladies

Facebook Fanatic? We're looking for some help!

Are you "hooked on Facebook"? After rehearsal, do you love to post how much fun you just had? If so, then we could use your help to create and maintain a Facebook fan page for Region 13. If you are interested, please contact Jan Matthews, Marketing Coordinator at 907-522-1988 or jlm@alaska.net.

MORE REGIONAL EVENTS

2010

AUGUST 2010 (cont.)

- August 13 – 14: Alaska Area School. Host Chorus: Alaska Sound Celebration

SEPTEMBER 2010

- September 12: *InTune* deadline. Send your articles to Stacey at: xspinks@yahoo.com

OCTOBER 2010

- October 17: "All Over the World" Show. Seattle Swedish Club; Seattle, WA
- October 17: Pacific Sound Chorus Show; Seattle Convention Center, Seattle, WA.
- October 19-23: SAI International Convention; Seattle, Washington!!

2011

MARCH-APRIL 2011

- March 31-April 3: Region 13 Annual Convention (SAI); Spokane, WA

JUNE 2011

- June 10-11: Director, Faculty and Music Leaders' Workshop with International Faculty Member, Sandy Robinson-Marron

AUGUST 2011

- August 5-7: Summer Enrichment Time (SET) with International Faculty Member, Darlene Rogers; Eastern Washington

OCTOBER 2011

- October 18-22: SAI International Convention; Houston, TX

For detailed information on these events, visit www.sairegion13.org/calendar.html.

To get your event listed, contact: **Tracie Cogdill**, Calendar Coordinator
PO Box 80007
Fairbanks, AK 99708;
907-457-5244 (home);
tracie@mosquitonet.com

Region 13 Chorus Chatter

Coeur d'Alene



The Coeur d'Alene Chorus had a delightfully successful...and BUSY...holiday season. We added two new songs to our Christmas song repertoire and, on December 7, our second annual "Caroling of the Belles" Christmas Concert was again held in a beautiful and quaint church that enhanced the Victorian-era setting. The show was well-attended and served as the official kick-off for our month-long holiday songfest. Our community eagerly anticipates our Victorian-garbed carolers strolling throughout the world-famous Coeur d'Alene Resort and the downtown shops. It's a testament to the dedication of our chorus that we sang for over three hours each occasion, and often added our harmonies to corporate parties and other celebrations.

If that wasn't enough to keep us busy, there was more! Two daytime performances at area women's clubs wove our music among the storylines of a 19th century Christmas-time avalanche (gasp!) that threatened train-travel-weary passengers. Rest assured! They safely--and musically--made it to their destination.

Another performance, enjoyed by patients and staff alike, was caroling through our community hospital, Kootenai Medical Center. A nearby convalescent facility also appreciated the com-

passion and service in song our members shared.

Every one of these occasions has been a chance to bring Christmas joy and wonder to the community through song. If you were to ask chorus members how they could manage all of these per-

formances AND accomplish other, sometimes overwhelming, holiday activities, you would see smiles and hear how being able to do this really makes the holidays even more delightful and magical. It truly is "the most wonderful time of the year!"

The Coeur d'Alene Chorus wishes a beautiful and happy New Year to their sister choruses of Region 13!!

Submitted by Melodie Hays
www.cdachorus.com

Harmony Northwest

This was the busiest Fall schedule in recent memory for Harmony Northwest!

We started with our Spaghetti and Song show in Mt. Vernon on October 24. As in the past, it was basically a concert, except that this time we added a fun mini-package entitled Camp Harmony, where we sang "The Teddy Bears' Picnic," "The Lion Sleeps Tonight" and "It's Rainin' Men." The program included Q4 Quartet (with our bass, Carol Ward)!

The next weekend we were proud to perform with the Mt. Baker Toppers Men's chorus in Bellingham, WA, for their Fifth Annual Musical Salute to Veterans. It was a grand event on a big scale and an excellent tribute to all service veterans.

We love to sing Christmas music and this year we had enough performances to make it really worth all the rehearsal time. We even learned a new song, "Feliz Navidad". The first engagement was at the Burlington Costco. It was fun to see the wide eyes of children when we sang their favorites.

Next was our Holiday Harmony show on December 6, featuring guests and solo performances from our own members. At the end, there were many happy faces on the people who won great gifts from our "bag raffle." The season finished with sets for a company party in Mt. Vernon, newcomers at the Bellingham Golf and Country Club, Bellingham Senior Center and Highland Care Center.

Submitted by Marion Southcott
www.harmonynorthwest.org

Jet Cities

Jet Cities began its five-week Performance Opportunity Program in October. During that time, we invited guests to learn two new songs with us. In the middle of it, we had a flu outbreak in the chorus where one rehearsal brought us down to half our size! Despite the outbreak, we made it through to performance time, which resulted in eight guests joining us on the risers at a Community Concert in November. A few quartets, a large ensemble, and the Auburn Children's Dance Theater rounded out the entertainment program.

Donning Christmas attire, we spent a December Saturday touring half a dozen retirement communities in Federal Way. It was nice to deliver the joy of music to

(continued on next page)

The RMT Chimes in:

Marketing Coordinator

Welcome to 2010! Time seems to be flying by at the speed of light. I know how busy we all are, but January is the time for reflection, goal setting and hopefully carving out some "me" time. Some of us are opting for healthier habits, but do you know about the health benefits of singing? And guess what? It's contagious!

Remember that old shampoo commercial where she told two friends, and they told two friends...? As we stand on the risers and release the stress of the day into the joyful music around us, we get invigorated. Share this secret with everyone! You never know when someone you are talking to could be a potential guest, audience attendee, or sponsor. All of us are Ambassadors of barbershop harmony and Sweet Adelines.

Many chapters are on their individual roads for attracting new members, but I urge you to use the fabulous tools we have available at the International web site. There are also archived webinars that you can watch at your convenience. Consider watching them in 10-15 minute increments so it's not such a daunting task.

For the membership and marketing coordinators and their teams, remember that we have a networking Yahoo Group up and running. We have a few fliers shared, but I would love to see more interaction and the sharing of ideas or challenges. The group name: SAIRegion13Marketing-Membership. Feel free to request to join or send me an email and I will issue you an invitation.

As always, if you have any questions, please feel free to call or email me. Happy 2010!

Jan Matthews
907-522-1988
jim@alaska.net

More from the RMT on the next page!

Region 13 Chorus Chatter...continued

them, but it was one of our own chorus members who reminded us of the power that music can bring. You see, we'd sung for her friend's mother that day, who went on to have a nice visit with her family, despite the severe dementia that had made previous visits difficult. She passed away later that evening.

Later in December, we performed for the Federal Way Women's Club. Leading the way was our lovely emcee, Marsha Stööört (a.k.a., Marsha Lumsden) who gave us helpful last-minute Christmas gift ideas using everyday items in our homes. A personal favorite: Dixie Cup earrings adorned with chocolate chips and sprinkles!

Submitted by Stacey Stevens
www.jetcities.org

Mountain Melodies

The Mountain Melodies Chorus shared Christmas harmony with people in nursing homes, retirement centers, church, the Grange and a bank in our corner of Northeast Washinton. Those turned out to be good "warm-up exercises" for our annual Christmas variety show that benefited the local food bank.

This year's program featured instrumental music, singers of all ages and types, and a variety of dancers. Our area seems especially blessed with top-quality teachers of music and dance and a wealth of talent. Two songs the chorus particularly enjoyed performing were "Mary Did You Know" and "There's a New Kid in Town". Even with the tough economy, we were able to take a sizable contribution to the food bank.

This month we turn our attention to our own fundraiser, Singing Valentines. What a good time we have surprising people with uplifting songs and enjoying each other's company for a few days on the town! A plus for us: we know those songs backwards and forwards by the end of the tour!

Submitted by Kathy Berrigan
www.homepage.plix.com/mpickett/melodies.html

Pacific Sound

Pacific Sound Chorus (PSC) is thrilled and honored to be representing Region 13 at the 2010 International Competition in Seattle. It will be exciting to compete "in our own backyard" in front of family and friends. We would like to extend this **extraordinary opportunity** to other Region 13 members who wish to join us on this memorable journey!

By becoming a dual member with PSC, you will receive several master classes (vocal and visual) between January and October with four amazing coaches: Patty Cobb-Baker, Carole Kirkpatrick, Dede Nibler and Diane Porsch! We are offering this chance to spend an exciting and short commitment of several months, singing together towards musical excellence. This opportunity is sure to enhance individual vocal skills and enhance your own chorus' skill level. Plus, it will be lots of fun!

If you're entertaining the idea of "dual-ing" in Seattle, please visit www.pacificsound.org/09DualMemberPolicy.pdf. Applicants age 25 and under who qualify for PSC's Youth Membership will receive full privileges in PSC without paying

membership dues. A Youth Member informational flier is available for download from our web site. Or, stop by any Tuesday night. The rehearsal schedule and directions are on our web site.

Please contact us if you have questions. We hope you can join us on this great ride!

Submitted by Carol Drew and Glenn Law
www.pacificsound.org

Rolling Hills

Rolling Hills describes our area, but sometimes we think our chorus name should be Icy Slopes due to the frequency of black ice in this area! Many of our members travel 45-60 miles each way for rehearsal, but we seldom let the weather get the better of us. After all, it's show time!

"Hometown Heroes" is our show theme this year, featuring local folks who are quietly doing extraordinary things in their every day lives. However, they will be unsung heroes no longer once we honor at our show with tunes like "Heart Of My Heart", "Armed Forces Medley" and "Let There Be Peace On Earth".

Join us as we honor these heroes on January 29; 7:30 pm; Princess Theater in Prosser, WA and January 30, 7:30 pm; Chief Joseph Middle School in Richland, WA. Tickets are \$10 at the door. We guarantee good music, a little laughter and possibly some tears. Our special guest performers, local group, The Broadway Babes, are sure to be entertaining, as well.

Submitted by Ginger Linkel
www.rollinghillschorus.org

The RMT Chimes in:

Education Coordinator

2010 offers many education opportunities for members of Region 13. Please review the dates listed below, mark your calendar and participate in our educational offerings.

- **April 23, 2010:** Education Classes – Regional Convention/Competition; Anchorage.
- **June 12, 2010:** Western Washington Area School. Host Chorus: Olympia
- **June 25 – 26, 2010:** Director/Faculty/Music Leaders Workshop with Dede Nibler, International Faculty Member; SeaTac Marriott Hotel
- **July 22 – 25, 2010:** International Education Symposium; Palm Springs, CA
- **August 14, 2010:** Eastern Washington Area School. Host Chorus: Coeur d'Alene
- **August 13 – 14, 2010:** Alaska Area School. Host Chorus: Alaska Sound Celebration
- **October 19 – 23, 2010:** Sweet Adelines International Convention; Seattle, WA

Please let me know if your chorus is in need of education in specific areas. The Education Direction Team will review the request, provide information and schedule a visit if deemed appropriate.

Patty Martin
360-754-9450
pgmartin1@comcast.net

Team Coordinator

Sweet Adelines International just announced that the Chapter Board of Directors can now have 6 to 12 members instead of the 8 to 12 members, as was in the past. This is a great benefit to smaller choruses who may have trouble filling eight spots when everyone in the chorus is already doing two-to-three jobs or more!

Karen Leet
907-745-8371
ckleet@gci.net

Real Women, Real Fun, Real New!

For this issue of InTune, we feature new members from Coeur d'Alene Chorus, Fairbanks Frontier Chorus and Rolling Hills Chorus. Welcome to North Pacific Region 13!

Cathy Mech, bass Rolling Hills Chorus



I joined Rolling Hills Chorus in November 2009, which encompasses my Sweet Adelines membership so far. Married to John, I have three sons Cory (20), Jason (16) and Tanis (12) and I am an office manager for Einan's Funeral Home in Richland, Washington.

I've always loved music but have never sung in a group prior to Sweet Adelines. I was in band during school (long, long ago!) and played several brass instruments including trumpet, baritone and French horn. Singing provides an emotional outlet, so my feelings and state of mind dictate my musical taste more than any other factor.

My Sweet Adelines membership was the first thing I chose for myself in many years, as motherhood had a way of bringing out the unselfish part of me! I'd always been told I had a nice voice, but I lacked the confidence to find out whether that was true until recently. Now I have Thursday evening "me" time with a roomful of kindred spirits and I always leave revitalized; it's like riser therapy!

If there's one thing I'd like the choruses in Region 13 to know about me, it's that I rarely read fiction. I love books about gardening, psychology, cooking and the simple life, but almost never know what's on the best sellers list.

Diane O'Driscoll, bass Fairbanks Frontier Chorus

I joined Fairbanks Frontier Chorus and Sweet Adelines in December 2009. I have two daughters, Mandi (40) and Tanya (37), and three grandchildren,



Devin (21), Liam (18) and Hope (12). Once a retired accountant, I now work as an office manager/book-keeper for Killion Land Company, LLC.

I have always loved to sing and grew up singing in choirs (school and church), although I haven't sung in a group for about 30 years. I performed in musical productions back in college. I joined Sweet Adelines so I could sing and have the support of caring women around me. My musical tastes include the oldies but goodies, ballads and big band era music and I enjoy beadwork in my spare time.

Carrie Seaney, tenor Coeur d'Alene Chorus

I joined Coeur d'Alene Chorus on September 14, 2009. I am single and work for North Star Child Development Center as a behavioral interventionist, working with children who have disabilities and need behavior intervention to function properly with peers and family members.

I have always loved to sing. When my mother and brother played piano, I would join in and sing from as early an age as I can remember. In addition to singing with them, I sang in the kid's choir at church, a junior high choir and one year in a college choir. I am enjoying getting to know the chorus members and our director and I would love to become the best singer that I personally can become. I enjoy gospel music, musical scores and anything that is catchy!

Julie Wright, lead Coeur d'Alene Chorus

I was a member of the Coeur d'Alene Chorus as Julie Hoss for about three years, rejoining 16 years later in November 2009. It is exciting for me to sing once again with my Sweet Adeline sisters.

I married Mr. Wright (Terry) two years ago in September of 2007 and I have

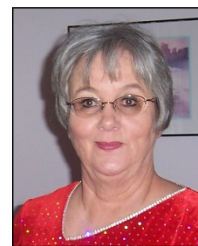
three children and four grandchildren. They all love to sing...well, at just 20 months, my youngest grandchild, Josiah, is *close* to loving it!

For 28 years, I have been a home economist in foods and business for Hagadone Corp and am the personal chef for Duane Hagadone for his business luncheons.

My interest in music developed when I was about four. My father sang bass in a men's barbershop quartet in Reno. He taught my sister and me how to sing harmony and I sang in school choirs from the first grade throughout high school. I was in musical productions at the Panida Theater (Sandpoint, ID) including *The King and I* and *Guys and Dolls*. I also sang in several church choirs.

If there's one thing I'd like the choruses in Region 13 to know about me, it's that I was a member of the Clown Squad at Kootenai Medical Center in Coeur d'Alene. Joyful Heart was my clown name. Visiting nursing homes, patients in the hospital and participating in parades were wonderful experiences. This is what I want to guide my life. "Worship the Lord with gladness; come before him with joyful songs." *Psalm 100:2*

Lee Wright, lead, Rolling Hills Chorus



I became a member of Rolling Hills Chorus in August of 2009 and have been busy trying to learn a lot of music since!

Married to Gary for over 30 years, I have lived in the Pasco area for most of that time. We have a daughter, Monica who was raised here in Pasco and now lives in San Diego with her husband, Nick.

I have enjoyed music all my life and I play piano, which seems to help with learning these songs. Barbershop is new to me and I am enjoying it very much. This is a wonderful adventure!

VENDOR INVITATION

Sweet Adelines Region 13 is inviting vendors to participate in their Harmony Emporium during the Region 13 competition **April 22-24, 2010** at the **Hilton Anchorage Hotel**.

HARMONY EMPORIUM VENDOR INFORMATION

Each booth consists of one six-foot table that is draped and skirted. If space allows, additional tables will be available, with prior approval, for \$50.00 each.

FEES FOR BOOTH SPACE ARE AS FOLLOWS:

Choruses & Quartets:	\$50.00
Sweet Adeline Business Owners:	\$100.00
Outside Vendors:	\$150.00

*Choruses & Quartets competing at the upcoming International Convention are allowed one FREE table.
Completion of Vendor Application is still required to reserve booth space.*

HOURS OF OPERATION ARE:

Thursday, April 22	<i>Set-up</i>	10:00 am – 3:00 pm
	Open	3:00 pm – 7:00 pm
Friday, April 23	Open	9:00 am – 7:00 pm
Saturday, April 24	Open	9:00 am – 6:00 pm

Booths may remain open during Chorus and Quartet Competition.

Each vendor application must be submitted and received with payment by the

DEADLINE DATE: MARCH 29, 2010

VENDOR APPLICATION

Name of company, chorus, or quartet: _____

Contact person: _____

Phone: _____ email: _____

Type of merchandise or service: _____

Type Of Booth: Chorus or Quartet Sweet Adeline Business Owner Outside Vendor \$ _____

Additional table(s) _____ @ \$50.00ea \$ _____

TOTAL ENCLOSED \$ _____

Questions? Call Cory Graham @ 907-338-2828, email: cory_in_ak@hotmail.com or Conce Rock @ 907-440-8102, email: rockcc@acsalaska.net. Send this form and payment to: Conce Rock, 4311 Mars Drive, Anchorage, AK 99507

Make checks payable to: **North Pacific Region 13**

REGIONAL MANAGEMENT TEAM



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InTune is published three times a year for the membership of North Pacific Region 13, Sweet Adelines International.

For questions or comments, please contact Sue Middleton / suemiddleton@gmail.com.

The next issue will be distributed in May; deadline is May 9, 2010.

We'd love to hear about your chorus or quartet! Send articles to Stacey Stevens, xspinks@yahoo.com.

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Check us out on the web:
www.sairegion13.org

Spark the New Year

The New Year is a great time to **SPARK** your chorus. Make a personal commitment to arrive at rehearsal with a genuine smile on your face and a positive attitude. Find **FUN** in every aspect of rehearsal from physical and musical warm-ups to drilling a song and learning new choreography.

Decide to **LEARN** something new each week, practice and implement. **SEEK** additional

music education whether it is learning from a coach, scheduling a Private Voice Instruction (PVI), signing up for a music class in your community, or attending one of Region 13's scheduled education opportunities.

Your chorus will **EXPLODE** with knowledge, increased musical abilities and attract new members. A **POSITIVE** spark will spread and fuel the fire of your chorus as you

prepare for the 2010 Alaska Competition, public performances and chorus shows. Imagine the **ENERGY** that could spread if each individual member became a spark in their chorus.

SPARK the excitement this year and your chorus will present an exciting flaming front.

*Submitted by Patty Martin,
Education Coordinator*

Join the R13 Star Chorus

The Star Chorus is a regional chorus that is open to all members of Region 13, including chapter-at-large members. Each year at Summer Enrichment Time (SET) and regional contest, we perform for the general membership during the weekend. We have had as few as 25 participants and as many as 60 on the risers. We receive wonderful responses from our audiences every time!

The music we will be singing at the 2010 Anchorage Contest Kick-Off on Thursday night will be "Thank You For the Music" and "Nowadays (It's Good, Isn't It)". "Thank You For the Music" has been around for a couple of years but "Nowadays" is brand new! Both are now available on the newly password-protected Star Chorus site;

to access them, please email Sue Hahn at the address below for sign-in information! Those are the two songs to concentrate on this time around.

We have a beautiful "star" pin that is yours to wear when you join us. I will have them with me as I scurry around the hotel...just stop me!

We don't have a costume but we'll come up with a color or two to give us some distinction when we perform. Don't worry...the big smile on your face and the humming in the closet as you fine tune your music will give you away!



Checking off your music is on the honor system and we will have one rehearsal on Thursday afternoon (time to be announced) but you need to arrive, prepared to sing with notes and words at the ready!

Questions? Contact me, Sue Hahn, Star Chorus Director, at sourdoughsuesb-b@alaska.com or phone: 907-272-4245.

Want Extra \$\$\$?!!?

Are you a "secret agent"? Want to earn some extra money? Share the secrets of your business, product, or service with your sister Sweet Adelines and the public by featuring it in a booth at the **Harmony Emporium** at this year's Regional Convention in Anchorage. You can cover some of your expenses, have more spending money and help others find great products or services.

Booths are **FREE** to competing choruses and quartets. Special rates are available to non-competing Sweet Adelines. Applications are available on page 7 of this newsletter, on the Region 13 web site, or by contacting Conce Rock, 907-440-8102, rockcc@acsalaska.net or Cory Graham, 907-338-2828, cory_in_ak@hotmail.com