



InTune Winter 2025

A newsletter for members of North by Northwest Region 13

Save the dates!

Region 13 Area Schools 2025!

*Oregon/SW Washington Area School: Hosted by Northwest Harmony Chorus
July 19, 2025, Vancouver, WA*

*Idaho/Eastern Washington Area School: Hosted by Inland Harmony Chorus
August 9, 2025, Moscow, ID*

Each school only \$25!

*Western Washington Area School: Hosted by Sound Harmony Chorus
August 23, 2025, North Seattle area*

*Montana Area School: Hosted by Five Valley Chorus
October 4, 2025, Missoula, MT*

More information coming soon!



**Soaring
in Harmony**
NxNW Region 13 – Area School 2025

Summertime, Summertime, Summ, Summ, Summer-time! While many of us are longing for warmer weather, it's not too early to start *planning* your summer! Area Schools are back and will be held in three different states for your convenience.

- **July 19** – Vancouver, WA
- **August 9** – Moscow, ID
- **August 23** – North Seattle, WA
- **October 4** – Missoula, MT

Mark your calendars NOW! Much more information is coming soon.

**Submitted by Cherie Letts,
Region 13 Marketing Coordinator**

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Your Convention Team hears you!

The Region 13 Convention Team is happy to report we heard your feedback! Based on that, we have made positive changes that will impact all members and create an exciting, pleasurable 2025 contest experience. In addition, we reviewed and made changes to the convention budget, which are outlined below.



2025 Convention/Contest Enhancements

- Saturday evening Afterglow: Designated room for choruses and quartets to perform
- Sunday morning with available judges: “Meet & Greet” opened to all Region 13 members; breakfast not provided
- Judges Green Room assignment: Closer proximity to the judges’ pit
- Hotel/Convention Center third floor breezeway: Directional arrows/lanes for a better flow of traffic
- Contest seating configuration: Staggered for better contest viewing

2025 Convention Contest/Budget Savings

- The Convention Team meets via Zoom
- Events Coordinator (EVC), Chair of the Regional Convention (CRC), Convention Coordinator (CC), and Facilities Specialist meet in person for one day at the beginning of Convention/Contest Year
- Candid photos eliminated. Only Friday and Saturday contests will be photographed.
- Back-to-back Order of Appearance contest sheets will be printed with a larger font and additional writing space for each contestant.
- Convention/contest signage development and printing in-kind contribution
- AETs will not be mailed; they will be available for pick-up at Registration

We look forward to singing with you in Spokane, May 15-18, 2025!

*Submitted by Patty Martin,
Region 13 Events Coordinator*

We're adding ads!

Does your chorus or quartet have a super fundraiser coming up? Maybe you have a business that caters to Sweet Adelines. Is your quartet searching for that perfect baritone? Do you specialize in logo wear, chorus novelties, special classes, and coaching or voice lessons? If so, you'll now have an opportunity to advertise in our region's monthly eBlasts, as well as in the InTune, our twice-a-year newsletter. But wait, there's more! All the "Looking for a director" ads will be free!

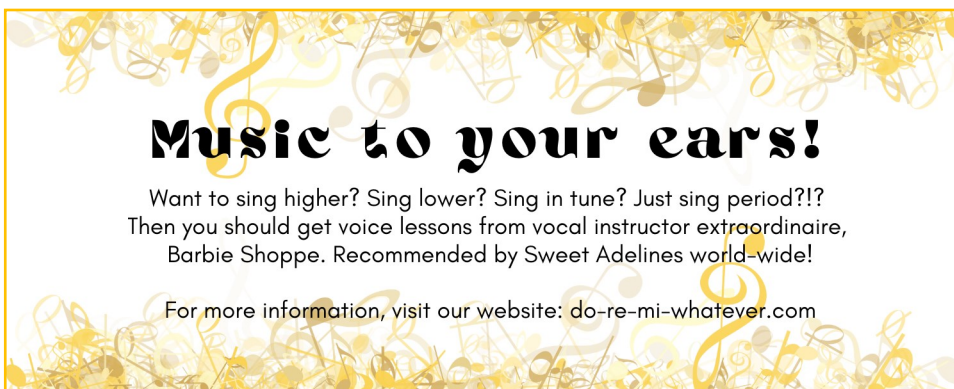
Here are some details:

- **eBlast ads** cost \$50* and can be no more than 2.25" high and will be the full width of the eblast (~6" on a computer monitor; size will vary depending on your viewing device). Eblasts are sent to the entire Region 13 mailing list. **** Special offer:** Purchase two eblast ads and get a third one free! They can be in the same or different eblast.
- **InTune ads** are \$50 for a quarter page (horizontal or vertical); \$100 for a half-page (horizontal or vertical), and \$175 for a full page. InTune newsletters are sent late January - early February and in June. Issues are sent electronically to the entire Region 13 mailing list.
- Ads in either publication can be in color or black and white. The buyer must supply the copy and artwork (though we're happy to offer a helping hand if you need one!).

To find more detailed information about this, plus size mock-ups, and a link to ordering, [just click here.](#)

We are currently accepting ads for the February eblast with a deadline of February 15; the eblast will come out towards the end of February. If you have questions about purchasing an ad, please [contact me.](#)

*Submitted by [Sue Middleton](#),
Region 13 Communications Coordinator*

A sample advertisement for voice lessons. The background is a light yellow with a pattern of musical notes and a treble clef. The text is centered and reads: "Music to your ears!" in a large, bold, black serif font. Below this, in a smaller black serif font, it says: "Want to sing higher? Sing lower? Sing in tune? Just sing period?!? Then you should get voice lessons from vocal instructor extraordinaire, Barbie Shoppe. Recommended by Sweet Adelines world-wide!" At the bottom, it says: "For more information, visit our website: do-re-mi-whatever.com".

Music to your ears!

Want to sing higher? Sing lower? Sing in tune? Just sing period?!?
Then you should get voice lessons from vocal instructor extraordinaire,
Barbie Shoppe. Recommended by Sweet Adelines world-wide!

For more information, visit our website: do-re-mi-whatever.com

← Sample ad that might go into an eblast!

DE&I Committee updates

Happy New Year Region 13! Your DE&I Committee is doing something different this year, starting with a new raising awareness campaign. Each month, we will feature information on a current month's Awareness Days. January is chockful of these important days, so we narrowed it down to three. We hope you will find this new campaign interesting.

January 4: World Braille Day. Established by the United Nations to celebrate awareness of the importance of braille in education, communication, and social inclusion in the full realization of the human rights for blind and visually impaired people. It is celebrated on January 4, the anniversary of when its founder, Louis Braille, was born.

January 20: Martin Luther King Jr. Day. This day is a celebration of Dr. Martin Luther King Jr.'s birthday, a day to promote equal rights for all Americans, regardless of their background. Dr. King was an important civil rights activist and a leader in the movement to end racial segregation in the United States. His most famous address was the "[I Have A Dream](#)" speech. He was an advocate of non-violent protests and became the youngest man to be awarded the Nobel Peace Prize. He was assassinated in 1968. January 20, 2025 marks the 30th anniversary as a National Day of Service.

January 27: Holocaust Memorial Day. Often abbreviated as HMD, this day is dedicated to remembering the victims of the Holocaust and other genocides. It's a time for reflection, education, and raising awareness about the consequences of discrimination, hatred, and prejudice; a day that encourages individuals and communities to stand together against hatred and persecution. This year marks the 80th anniversary of the Auschwitz-Birkenau concentration camp's liberation.



**Submitted by [Cherie Letts](#),
Region 13 Marketing Coordinator**

Knowledge is power, and it can help you overcome any fear of the unexpected. When you learn, you gain more awareness through the process, and you know what pitfalls to look for as you get ready to transition to the next level. ~ Jay Shetty

Chorus Chatter

Alaska Sound Celebration Chorus



Alaska Sound Celebration (ASC) celebrated our 18th charter-versary! On January 11th, 2007, Alaska Sound Celebration became an official SAI chorus when we merged Anchorage Sourdough and Top of the World chapters. ASC's official charter date with SAI is August 19, 1966 (59 years this year!); we maintained Top of the World's charter date during the merger, as theirs was the oldest.

Since our last InTune article, ASC put on our fall show, which showcased local youth in our 15th annual Sing for Scholarship competition; the photo above is from our 14th Annual Alaska Acapella University, and includes the 2023 Queens of Harmony, Lady Acapella, our Sing for Scholarships contestants, and our Alaska Acapella University singers!

ASC has stayed busy singing at local community events, learning from amazing coaches, preparing for our upcoming Melodrama, and preparing to compete in the 2025 Harmony Classic. Two of our members, **Amanda Wiley** and **Laura Swanson**, recently completed year one of Region 13's Leadership Cohort. And **Elaine Dahlgren**, our Fundraising Coordinator, is working to publish a guide to writing grants to share within Region 13.

ASC is looking forward to all that we will accomplish this year and is proud to celebrate each of our talented members.

*Submitted by Amanda Wiley,
ASC Communications Coordinator*

more Chorus Chatter

Harmony Northwest Chorus



Harmony Northwest Chorus in Mount Vernon, WA enjoyed the holiday season doing what we love to do best: SINGING!

Starting before Thanksgiving and going almost until Christmas, we sang for local communities at their holiday events, for local clubs, and at other venues. Even better, many venues have booked us to return for multiple performances in 2025!

We finished off the season with a fun holiday party that included games and gifts. We also had two new members from our Community Holiday Chorus audition, so we are off to a great start for 2025!

*Submitted by Denise Michaelsen, President
Harmony Northwest Chorus*

2025 Heart of the Northwest Award



It's time to nominate candidates for our **2025 Heart of the Northwest Award**! The Heart of the Northwest award is presented annually by the Regional Leadership Team (RLT) to a Region 13 member who displays enthusiasm, commitment, has a positive influence on her chorus and the organization, and exemplifies all that is a Sweet Adeline. Chorus chapters and members may nominate any member of Region 13 for this award.

After reviewing all information submitted for each candidate, the final selection will be made by Region 13's Membership Coordinator and the past four winners of this award. The decision will be made prior to our regional convention, and the award will be presented during our competition weekend.

Nomination forms are available here or by emailing **Sharon Stockstad**. The deadline for submitting nominations and photos is **February 15, 2025**. Info about the award recipient and other candidates will be posted on the regional website after this year's Regional Convention.

Please contact me if you have any questions. Thank you.

*Submitted by **Sharon Stockstad**
Heart of the Northwest Award Chair*

more Chorus Chatter

Jet Cities Chorus



Jet Cities Chorus has had a busy few months! First, we moved to a fabulous new rehearsal space at Federal Way's Performing Arts and Events Center just in time for our *Once Upon a Tune* show in October. Our show featured guest quartets: The Newfangled Four, Rhapsody, Touchstone, Sea to Sea, and Hot Notes. The photo above gives you a good idea of what fun we had!

We had several local sing-outs in Federal Way: the city's Community Festival, a City Council meeting, the City Tree Lighting, and holiday songs at the Commons Mall. Our upcoming Pi Day Show will be in March at Todd Beamer High School, where we sing...and enjoy slices of pie.

These past six months we have added SEVEN new members: Sharon Falger (bari), Kelsey Crist (bass), Julie Hagstrom (lead), Patty Martin (bass), Lisa Budzynski (bari), Sofia Nguyen (bass), and Patty Hale (bari).

We're working hard on our new contest set and fundraising for International – We'd love your support! We just had a great coaching session with Lea Beverly (so many vowels!), and are excited for our upcoming session with Shawn Mondragon. We hope to do you proud with our swan song at Regional and again at International in Columbus. What a ride!

Submitted by Michelle Smith,
Communications Manager

more Chorus Chatter

Pride of Portland Chorus



The highlight of **Pride of Portland Chorus'** fall season was the opportunity to compete at the 2024 Sweet Adelines International Competition in Kansas City, MO. We had a wonderful time singing, watching outstanding performances, and enjoying some famous Kansas City barbeque!

In early October, we sang our contest set as mic testers at the BHS Evergreen District contest in Portland.

We are grateful for continuing opportunities to perform, and the holiday season inspires us to come together. We appeared at Woodburn United Methodist Church for their third Sunday performance series. And once again this year, we performed at the Grotto, as well as the Kaiser Retirees Luncheon in Clackamas. We love community performances!

The highlight of the holiday season was our **Season of Harmony Show**. What a joy it was to share the stage with **PDX Voices** mixed chorus, **Vocal Summit** men's chorus, and **Mugshot** and **Argonauts Quartets**. Also joining us was "POP and Friends," singing some fun, contemporary holiday numbers. Barbershop harmony is thriving here in the Northwest!

2025 brings new opportunities to connect with our community, sharing our music and changing lives.

*Submitted by Gretta Young
Pride of Portland Communications*

Quartet Corner

Rhapsody Quartet

Rhapsody Quartet has had a busy few months!

Leading up to internationals, we performed at Westcoast Harmony's show in Surrey, BC; we loved connecting with barbershop friends across the border.

At contest in Kansas City, we learned so much and were inspired by the talent around us. We're especially proud of our friends in Pride of Portland Chorus for their beautiful performance, Prime-Time Quartet who placed 13th, and A Joy Chorus who won Harmony Classic— congratulations to all! Thank so much to Jet Cities, Grand Olympics, Song of Seattle, and Voices Northwest for their support and thoughtful gifts leading up to our trip.



In November, we performed at the first-annual Song of Seattle Holiday Tea. It was a joy to kick off the holiday season with the barbershop community.

After a holiday break, we're back together, excited to learn new music, name our sourdough starters, and prepare for upcoming performances. Next up, we'll sing on the Jet Cities Chorus Pi Day Show on March 15 in Federal Way. Mark your calendars!

Can't wait to see you at regional contest in May. Thank you for being part of our journey!

Submitted by Rhapsody Quartet: Rachel, Julie, Anna and Connie

Voxy Quartet

Voxy Quartet members Kadi, Alena, Megan and Judy are beyond thrilled to return to the Region 13 stage as Voxy!

Since winning her crown with Frenzy at International a few years ago, bass Judy has been competing with choruses, teaching, coaching and judging in SAI and BHS and is itching to get back to the quartet contest stage. Baritone Megan is currently singing with Jet Cities Chorus. She has been on hiatus from quartetting while raising her sweet babies Grace and Gabe, but it is time to share

continued on next page

Voxy Quartet ~ continued

that beautiful baritone voice again! Alena, our lead, has been singing up a storm in several bands, earning her Bachelor of Music and becoming a mommy herself, but she can't seem to kick the barbershop bug. And Kadi as been a very active Region 13 quarteter in recent years. In this new ensemble, she is making a rockin' return to her original tenor voice part. We think it's definitely where she belongs.

We are ready to get Voxy! We can't wait to meet up with our Region 13 family and share our music with you all of you!



Submitted by Voxy Quartet
Kadi, Alena, Megan, and Judy

Touchstone Quartet

Touchstone Quartet joyfully celebrated the holiday season with audiences at various locations including Song of Seattle Chorus's first ever Holiday Tea, the Argosy Christmas Ship, in the lobby for the Nutcracker ballet, and at our favorite retirement communities. We fully believe the holidays are without a doubt the "most wonderful time of the year."

A fun first for Touchstone at the end of 2024 was a coaching session with Jana Gutenson on FaceTime. We must be really easy to coach because she had so much to say! We had established a foundation on a new contest up-tune with Beth Smith a couple months earlier, and Jana built on this foundation. We will have a great time at our January retreat tearing it apart and putting it all back together. Deconstructing is where you find all those little gremlins, and then the inspiration to give it rebirth!



Submitted by Touchstone Quartet:
Robin, Debra, Syd and Paula

Heading to Columbus for SAI's 2025 Convention?

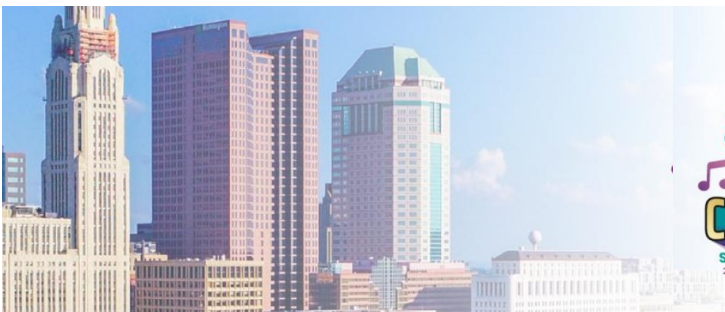
Have we got a great deal for you!



Hello Region 13 members! If you are competing and/or planning to attend SAI's Convention in Columbus, OH this year, we have some good news! We reached out to our friends at Alaska Airlines, and they have given us a 7% discount off Alaska Airlines published fares (except companion and other promotional fares) for travel to Columbus, OH from any city in Region 13 (except Prudhoe Bay, AK). **ANY** Region 13 member may take advantage of this great offer.

If interested, please contact me at marketing@sairegion13.org and will send you the code and information. **Travel must be on Oct. 17 through Oct. 28, 2025, and you book your own travel.**

*Submitted by [Cherie Letts](#),
Region 13 Marketing Coordinator*



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The next **InTune** for members of North by Northwest Region 13 will be published in June 2025.

For questions or comments, please contact Sue Middleton,
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or Carol Drew,
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