

Pride of Portland

Oct. 15-20, 2018 - St. Louis, Missouri

SAI International Competition



MARRIOTT

St. Louis Grand

800 Washington Avenue

St Louis, Mo 63101

Phone: 800-397-1282

Check in 4:00 - Check out 11:00

Amenities

- * NO hotel/airport shuttle service
- Hair dryers - Mini fridge
- Irons/ironing boards
- WiFi: in room is \$15 day. Free in lobby
- Safe - coffee maker
- Pillows: down/feather or foam
- Comforter: down or custom
- Fitness center nearby
- Convenience store
- Starbucks - Bar & Grille
- Parking \$28 day - Valet park \$38 day
No oversized vehicles
- Hotel is non-smoking
- Roll away beds not allowed in double rooms

***Notes Before You Go:** Contains a link for shuttle services for airport to hotel and back.

PRE-PLAN/ARRANGE.

PRIDE'S mini-SCHEDULE

St. Louis

LB = Landmark Ballroom 1 & 2

All Rehearsals and Meals

Mon 7-8:30 pm Pride Dinner 8:30-10:30 pm

Rehearsal, OPEN: LB (Landmark Ballroom)

Tues 1-4:30 pm Reg, 13 Rehearsal, RAH RAH,

Rehearsal OPEN: LB

Wed 9-11:30 am Rehearsal OPEN: LB

8-10 pm Rehearsal OPEN: LB

Thur 9:30 am Make-up/Hair checks: LB

10-11:55 am Warmup in costume with makeup, ready to go. CLOSED: LB

12:14-12:24 pm Check in/ Load buses

12:59 pm ON-STAGE!

9 pm ish Rehearsal CLOSED: LB

Fri 8-9 am Pride Breakfast: LB

9-12 noon Rehearsal OPEN: LB

7-10 pm Rehearsal OPEN: LB

Sat TBD Depends on draw CLOSED: LB

TBD | On Stage

6 pm Score Sheet Review: LB

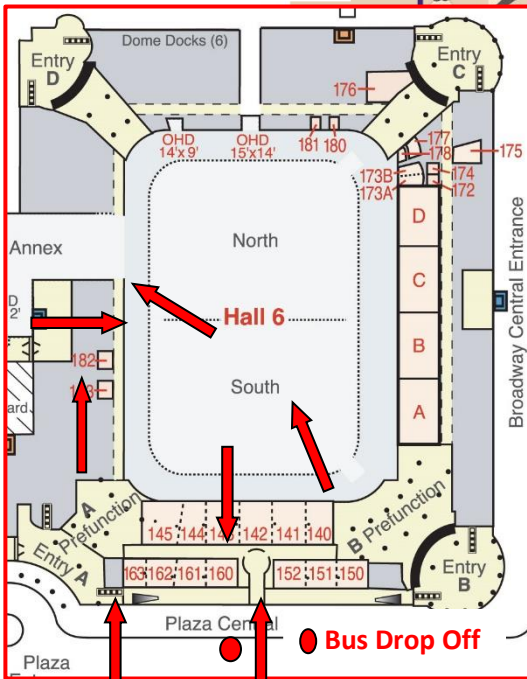
PARTY! After scoresheets: LB

ONE TEAM - ONE DREAM!





Center of America's Dome
Chorus Pattern
Follow Red Arrows



THE CHORUS JUDGES

Category	Chorus Judges
Sound	Bobbette Ganz Kim Vaughn
Music	Sharon Babb Corinna Garriock
Expression	Lea Beverley Marcia Pinvidic
Showmanship	Gina Kaiser Rene Porzel
Panel Chair	Paula Davis
Panel Secretaries	Linda Gummerson Emily Mock
Page	Th'er'ese Antonini

SWEET ADELINES ST LOUIS APP (free)

Don't miss a thing!

Visit your app store. Search: SWEET ADELINES ST LOUIS
Go to setting to enable "push settings." This will allow you to receive the latest scores, information and announcements.

Put your phone on the silent mode in the arena.

Take "selfies" galore! Tag with: #iamsweetadelines and st louis 2018. Post on Facebook or Instagram @SweetAdelinesIntl, and on Twitter @SweetAdsIntl

Airport

Upon landing, follow signs to baggage claim. Be sure the marquee reads "to baggage claim"

Ground Transportation

Some taxis may not accept credit cards. Ask the driver before entering the cab. There is a \$2.00 charge on all fares originating at the airport. Maximum number of passengers allowed in any taxi is five.

SAI International Headquarters

HQ hotel is the Marriott Grand. HQ business offices. Early registration, tickets, are all there. Competitions are held in Center of America's Dome. Rehearsal ballroom is Landmark Ballroom 1 and 2.

PRIDE'S COSTUMES

Semi Finals

Teal jacket with pink trim
Shoulder pads - if needed
Black velvet pants
Black velvet top
Shapewear
Black sheer knee high or panty hose
Black character shoes
Silver triangle earrings

Finals

New burgundy dress
Shoulder pads - if needed
Shapewear
Leggs sheer nude hose
Black character shoes or APPROVED ALTERNATE
New burgundy earrings

MAKEUP and HAIR

Full stage makeup with eyelashes and clear nail polish as described on the website.
Go to Documents > Showmanship > Makeup and Hair Design. **Hair:** No clips, barrettes, etc., visible. Plan hair ahead of time.
See Camille for assistance.
PRE-PLAN. Check Before St. Louis!



Webcast

See the live action! Go to: sweetadswebcast.com

Please donate while you're watching, to support this great undertaking.

Pride's first round Stage Time is 12:59 am on Thursday.

Region 13 Quartets and Choruses

Hey, PRIDE! We have super R13 people competing; **LiftOff**, **PrimeTime**, **Renegade**, **Brilliance (Wildcard)**, and **Sparkle (Reg.6)**, **Frenzy** will be there too! Let them know you're there for them. Cheer carefully! Wish them "Good Luck" at the Region 13 "Rah Rah", 3-3:30 pm, Tuesday in Pride's rehearsal room (Landmark Ballroom)

Be early. Be ready to work. Be flexible. Changes and announcements will be made during this time. We must focus. Ryan needs our attention.

Traffic Pattern

The traffic pattern is the route the chorus follows on the way to the stage. There are stops along the way. You must be quiet once we enter. Listen for directions, as there is a closely timed schedule to be followed. If rushing, steps and/or walking are a problem for you, consider using a wheelchair/scooter to help you through the pattern. There will be changes...stay flexible, pay attention.

You may not take a purse or bag, only a one quart clear Ziploc bag labeled with your name and "Pride of Portland". Take essentials only. Anything that does not fit into the bag will not be accepted. Bags will be collected as you leave the warm up room at the Dome and returned after you leave back stage. SAI states that you must have your ticket with you to compete.

Be in charge of your own needs. No fussing! Best to take nothing but your room keycard, money and your convention ticket. Put your valuables (credit cards, cash, camera, cell, iPad, plane tickets, and jewelry) in a safe.

Boom Camera

The boom camera will be working and moving during our time on stage. Be aware - It's there! Ignore it!

Chorus Pictures

Candid pictures are taken while we perform on stage.

SAI mini SCHEDULE

Complete Schedule in Program

Monday

2:00 pm **Harmony Bazaar** opens 2-6 pm

Hours vary throughout the Convention week
Located in Dome building

9-10:15 am & 10:30-12 pm Education Classes

1:30-3 pm Speed PVIs

Tuesday

9-10 am New Orleans AET's on Sale, Diversity Cafe.

5:15-6 pm Opening Session and
State of the Organization

6:00 pm Harmony Classic

Wednesday

10 am-10:30 pm Quartet Semi-Finals

Thursday

10 am-9 pm Chorus Semi-Final

10:45-11:15 am Mass Sing, Old Post Office
Plaza. South on 8th from hotel.

Friday

11:45 am-5 pm Quartet Finals

8-10:30 pm Coronet Club Show

Saturday

11:45 am-6 pm Chorus Finals

CELEBRATE
PRIDE



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At the final bow, the formal picture is taken for each set. 1. HOLD, 2. HOLD, 3. HOLD, 4. HOLD until lights are dimmed. (There may be no flashes or could be four flashes or more) Practice that smile and be in your window.

Party On!

Saturday night is the BIG PARTY! Many have been invited to share this fun time with us. Greet them and welcome them. Be there dressed in your best (no jammies please). There will be a no host bar available.

Packing Packing Packing

- **Unscented** deodorant and hairspray - **all products unscented!**
- One quart Ziploc bag for traffic pattern
- Small towel & washcloth (no make-up on hotel linens)
- Pack costumes and accessories carefully. Take on board your flight
- Makeup instructions from website > documents > show
- Medications, mini first aid kit
- Needle, thread, safety pins
- Small binoculars, cup, spoon, small snacks, etc., Ziploc bags, extension cord (for iron, curling iron, chargers)
- ALL liquids/gels in 3 oz. containers in a one quart clear plastic bag, if not in checked bag (TSA rule)

SAFETY - Hotel/Conference Center Area

Walk in groups, be aware of your surroundings and stay safe. Do not use cabs other than those at the hotel pickup. Use the safe for valuables. Separate cash, checks and credit cards. Leave extras at home.

REMOVE your name badge when leaving the hotel or the Convention Center.

For You - Just You

- Eat wisely. Drink water. Limit caffeine. Alcohol is not to be used for 24 hours prior to competition, until after our performance. It does nothing good for your voice and is offensive to others. Are you ready to be part of the "A" unit?
- Use only UNSCENTED products - all products. Many have allergies...don't cause another's discomfort.
- Use your energy wisely. Best to not "burn-out" before competition. Save for the stage!
- On the competition risers: NEVER, NEVER talk to anyone, whisper, or scratch, fix your hair, pat your face, adjust clothing, look at other chorus members, pick at your neighbor . . . are you thinking "A"?
- The judges are there to be entertained. Be a performer, with PRIDE!
- **Window Adjustments:** Windows are set from fifth to second row. Be sure you are between the appropriate singers of the row IN FRONT OF YOU. It is your job to move into the correct window. Second row may not have a window due to the different visual plans and movement of the front row on the floor. Thank you for your flexibility.
- Backstage: Quiet! Walk softly on the ramps. There is only an air wall between you and the audience. Stay focused. Listen for instructions. Changes happen *rapidly*.
- Be courteous as an audience member. Make positive comments and do be careful of negative facial expressions and comments. FEED THE POSITIVITY ZONE!
- Arrive at rehearsals, meetings, meals >>>> EARLY!

PRIDE LOGO WEAR

New colors! New bling!

Wear it Pride Proudly

Please, no old logo red or red sleeved logo wear.

White and black older clothing items are ok.

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- Some little thing might make a ONE point difference that could be PRIDE'S DIFFERENCE. Make that point!
- ADA - Scooter users: Scooters are allowed to move to the bottom of the ramp entering the stage

Need to Know

Extra jewelry, rings, watches, earrings, hair ornaments, etc., are not to be worn on stage. A wedding ring is OK. Be a team player. Please comply without having to be asked.

Leftovers (those things that didn't fit elsewhere)

Much more convention info is available in the SAI convention program. Not repeated here. Think about registering for next year's convention *early* on Tuesday morning 9 am. Best seats go quickly. Don't miss Harmony Bazaar. You won't believe your eyes...be ready to SHOP! The Mass Sing - biggest chorus you'll ever sing in! (Only if no rehearsal scheduled at that time)

Last Thoughts

Check schedules. Allow extra "elevator and walking time" when you leave to rehearse or compete, as the elevators will be slow and very crowded. Plan extra time for meals, especially when eating in the hotel or using room service. Keep in mind that fussing and griping have NO place with Pride. This is a PRIDE TEAM EFFORT.

Take good care of you and your space (Yes, just your own space). If everyone does that...well, WOW! Be a player in the Top 5 team that is Pride of Portland.

Thank you to each of you. It took a good deal of hard work on your part, super coaching, hardworking management, and above all RYAN to move Pride of Portland into this enviable position. We are one of the very few who have the honor of singing on the International Stage. It is up to you to take Pride the rest of the way to ONE.

Ryan has challenged, and praised, pleaded and taught, laughed and cried, while learning right along with us. We've experienced many wonderful times, and there will be many more. We've had the best of coaching with more to come. Look forward to continued growth together in this wonderful a cappella world.

"GO TO" People

Need assistance? Contact a "go to" person for your section or need. *Wait!* Could you solve the problem yourself?

Assist. Director	Sandy Cahill	503-515-8110 cell			
Tenors	Kristi Hinckley	503 753-5567 cell	Leads	Shirley Price	503 953-3011 cell
Bari's	Sarah Wallace	503 505-0916 cell	Basses	Dawn Wright	541-974-8433 cell



DON'T CONTACT RYAN in St Louis...he is off limits. He will be highly focused and soaking up all of the knowledge he can handle. Place in the Top Five and you can bother him all you like . . . *Afterward!*

**WAKE
UP
AND
DREAM**

**The magic lies not in the communication of sound,
but rather, in the sound of communication**

Hi Mighty Pride!

Here we are, at long last! The journey of the last year and a half has led to our performances this week, and to all those yet to come!

We are here. It is now. We are present.

Be sure to take as much time as needed for YOU this week. We want to give our audience not only our best selves, but our strongest **unit**. Save your energy, save your voice, and ask for whatever you need to keep yourself in the optimal energy flow. Try to rest early, and remember, it's okay to not sit and watch (and yell) all of the other events. Allow time before rehearsals to get your mind, body, voice, and spirit prepared for our time together. This is OUR TIME!

We are prepared.

Reflect on our journey. We have worked hard, learned music and visual plans early; had world-class coaching, enjoyed a great retreat, and have all the skills necessary to give great performances to our audiences. Celebrate the work we've done, remember that it's always with you, and stay aware of all of the knowledge and skills you have.

Stay on the path and sing the song.

Remember, we are great artists with the power to change lives. Be relentless in your desire to communicate to the audience. Not only do we open a 3D space on each breath, but we engage with the lyric in a way that says: "I have something I can't wait to tell you!"

Let your light shine bright.

Each time we share the risers, let's lift one another up, and be ready to unleash our energy, unified through me on the path, to our audience. Be unapologetically big, bold, and bright...Dolly wouldn't want it any other way, right? Share the love and joy, that is uniquely Pride of Portland, with all who encounter us. Be a **proud** member of The Mighty Pride!

As always, it is my joy, honor, and privilege to stand in front of our incredible chorus. Thank you for letting me share in this great journey, for challenging me to constantly reinvent the chorus in my head, and for the gift of time, talent, and treasure it takes for us to be successful. I have the best seat in the house and can't wait to share each moment with you!

ONE TEAM, ONE DREAM!

Now, let's unleash our dominantly elegant (or is that elegantly dominant?) ROAR! It's time to raise the roof!

Shine, shine, shine,

Ryan



THE PRIDE ROARS

Schedule in Detail



ROUND 1 Semi Finals

DAY	TIME	EVENT	ROOM	LOCATION
Monday	7-10:30 pm	Pride Dinner/Rehearsal	LB	Hotel
Tuesday	1-4/4:30 pm	RAH RAH! & OPEN Rehearsal	LB	Hotel
Wednesday	9-11:30 am	Rehearsal OPEN	LB	Hotel
	8-10 pm	Rehearsal OPEN	LB	Hotel
Thursday	9:30 am	Makeup/Hair Check	LB	Hotel
	10-12:14 pm	Warmup CLOSED-Check in/Buses	LB	Hotel
	12:59 pm	On Stage	ACD	Dome
<p>Set Windows from 5th row down to 2nd. 2nd row does not have windows. Be Flexible - Be Quiet - BE FOCUSED Eyes - always on the Director unless otherwise choreographed.</p> <p>1. There is no Greater Love. First line: "Sunshine loves the flowers". Flat out before lights go up (no curtain). Smile, Energy, Body Freedom! Turn inward with Ryan. Connect into the feeling of love, and be expressive Flat out after the cut-off. Then, energy as we transition to Strike.</p> <p>2. Strike Up/Everybody Step. First line: "Come'n hear the drummer's beat". Follow Ryan's tempo. Tempo changes! Flat out after the cut-off - keep energy high. No curtain.</p> <p>Picture Pose: Straight out, arms loosely at sides. Make sure you're in a WINDOW. Want to see you.</p> <p>Exit Stage Quietly. Move to arena quickly to receive audience "Loves"!</p>				
Thursday	9:15 pm ish	Rehearsal after contest ends	LB	Hotel
Friday	8:00 am	Pride Breakfast	LB	Hotel
	9:00 - noon	Rehearsal	LB	Hotel
	7:00 - 10:00 pm	Rehearsal	LB	Hotel
Saturday	TBA: Times for Rehearsal, Preparation, Departure and On Stage.			
	Meet in Landmark Ballroom 1 & 2. Warmup, rehearse, focus. All leave together for buses and America's Center Dome. You will be guided all the way. ON STAGE!!			

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<p>On Stage</p>	<p>Set Windows from 2nd row up to 5th, 2nd row does not have windows. Be Flexible - Be Quiet - BE FOCUSED Eyes - always on the Director unless otherwise choreographed. No curtain.</p> <p>Songs: 1. Hello Dolly. First line: "Hello Dolly, well hello Dolly". 2. So Long Dearie. First line: "Goodbye dearie don't you cry" 3. It Only Takes a Moment. First line: ooh for 3 measures then "It only takes a moment for your eyes...". 4. Before the Parade Passes By. First line: "Pum, pum. pum...".</p> <p>Picture Pose: Straight out. Lunge to your outside, inside arm at 45 degree angle, outside arm bent hand on hip. Hold up banners or sprays</p> <p>Exit Stage Quietly. Move to arena quickly to receive audience "Loves"!</p>			
	<p>6 pm est.</p>	<p>Ryan, Score Sheets</p>		
	<p>Following scoresheets</p>	<p>PARTY ON!</p>	<p>No-host bar</p>	



Change Out of Costume - Never eat, drink, smoke or party while wearing your costume



Created for Pride of Portland Chorus

by

Beverly Erickson

A Chipper Production

October, 2018

