

real women.
real harmony.
real fun. 

InTune

North by Northwest Region 13  Sweet Adelines International

FROM YOUR CONVENTION TEAM

The **2017 Region 13 Convention and Contest** is just around the corner! Your convention team has been hard at work preparing for this fun and memorable event. Here is some helpful information as you look ahead to the last weekend in April.

Our contest weekend is filled with activities and events that actually begin late Thursday afternoon with a “high tea” to honor our queens, **Frenzy!** Break out your white gloves and raise your pinkies in a royal “toast” to our International winners. This will be your **ONLY** chance to hear Frenzy sing during the weekend, and you might even get a chance to try on a crown and grab a photo!

Another reason to arrive on Thursday: the **Harmony Emporium** will be open Thursday from 12:00 to 10:30 p.m. and Friday 8:00 a.m. to noon for your shopping pleasure. Several vendors have already committed to joining us, but we can always use more. Spread the word!

The **First Timer’s Class** is scheduled for Friday morning at 9:00 a.m. All Region 13 newbies are invited to attend. The class includes a special small gift, as well as a walk-through of the traffic pattern and a chance to stand on the risers in “your” spot.

Our contest/convention weekend does not happen without the invaluable help of many volunteers. Perhaps you would like to give back to our region by volunteering for a 2-4 hour shift during the contest weekend. Opportunities include assisting vendors at the Harmony Emporium, serving as a quartet escort, and helping in the traffic pattern. Please contact [Sally Ryerson](#) if you would like to volunteer.

Plan to let down your hair and party at the **Afterglow**, which will be held in the ballrooms at the **DoubleTree**. We will have tag singing, dancing, no-host bars, relaxation/conversation areas, a raffle drawing, and the ever-popular photo booth. It will be a great finish to the 2017 convention and contest!

Submitted by Sally Ryerson

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Now you can visit us on our Region 13 Fan page, even if you’re not a member of Facebook.

Simply visit us at [facebook.com/Region13](https://www.facebook.com/Region13)—no sign-up required—and catch up on all the latest goings-on in North by Northwest Region 13.

AN OPEN LETTER TO CHORUS MEMBERS

Dear adult chorus member,

I've heard that you don't have time to practice your music outside of rehearsal. Look, I get it. You have a life outside of chorus (and if you don't, we should discuss immediately!). Perhaps you're working a 40+ hour a week job, you have a family to take care of, a partner that you need to spend time with, other hobbies (even other choruses!) that are equally as important to you, you're dealing with the daily struggles of life (AKA #adulting), and you're just tired. Trust me, SOML!

And you think, hey—I'm not getting paid for this! You signed up for the chorus because you love it.

You love the feeling that you get when a chord locks perfectly and shivers crawl up and down your spine. You enjoy the camaraderie with your fellow chorus mates. You are inspired by your director and the other leaders in the chorus every day. And you love performing and making a musical impact on your community.

But here's the thing: when you signed up for this chorus, it became more than you. You became part of an ensemble, a group, a second family. And as an individual member of this ensemble, you made a commitment to hold up your end of the bargain. And yes, this bargain includes practice outside of rehearsal.

I'm not asking for you to spend hours practicing every week (unless you want to!). But I am asking that you put in some time, any time, every week. Raise your hand if you've ever gone multiple weeks without practicing (sheepishly raises hand while typing). That's what I thought. Can we all agree that this is not the kind of commitment we want to give to our group? We are doing ourselves a disservice and we all deserve more than that! Even if it's only putting in five minutes a week working on your toughest measure, any time is better than no time at all.

So, here is my request: take out your calendar and choose a date and time for a weekly practice session. You don't need to put an end time, only a start time. That way, you can rehearse for as long as you feel like. But the trick is to actually get a practice session on your schedule, start the session every week, and hold yourself accountable.

The joys of singing don't come without some work. And we all have to work! You can't have a chord lock perfectly if someone doesn't know her pitch. You can't have the camaraderie if your fellow chorus mates are feeling let down. You can't have leaders who inspire you if they aren't themselves inspired by the music. And you can't have an impact on your community if you're not putting in the time to accurately develop and deliver the message.

My point: make some time, any time. And then let's make some beautiful music together!

Sincerely,

Your passionate chorus director and fellow chorus members

Submitted by Nancy Kurth

NEW LEADERSHIP TRAINING COMING TO YOU

We are hearing it more and more—when are we going to get some training for our chorus leaders? We hear you loud and clear. Our **Leadership Academy Design Team** has been working diligently to find a way to economically bring this important training to you. Right now we are looking at three options.

- Embed leadership classes into the curriculum at SET
- Embed leadership classes into the curriculum at Area Schools
- Add on a Leadership Academy to Area Schools

We believe offering leadership training every year is important. So leadership classes will be offered at SET! And in some way they will be offered in conjunction with Area Schools (either embedded or as a separate add-on to Area Schools).

If you have questions or comments, please feel free to contact a member of our Leadership Academy Design Team: [Sally Wallace](#) (chair), [Judy Beckman](#), and [Dottie Dedrick](#).

Submitted by Debra Aungst

PRIMETIME—THE JOURNEY CONTINUES!

And what a journey it has been! We've had a busy year and there's much more on the agenda in the months to come.

After teaching and performing at **Harmony College** and also at **SET**, we set our sights on the journey to Vegas II. Preparing for that journey, we were honored to perform on the **Pride of Portland Show** and also the **Voices Northwest Show**. After Vegas, we were faculty for **Sing Your Part Smart**, sponsored by **Song of Seattle Chorus**. The SYPS event is the brainchild of **Northwest Harmony Chorus** and is a wonderful experience for both faculty and students. (If you haven't attended before, check it out!) In December, we were in full swing for the holiday season and some amazing performances, including a private party in Leavenworth.

Now we're hitting the bricks again as we prepare for regional quartet and chorus competition. We are thoroughly blessed to be part of such a loving and supportive Region and can't wait to hug you all in Spokane!

Sylvia, Katy, Patti, Sonja
PrimeTime

Proud members of Song of Seattle Chorus & Voices Northwest Chorus



Submitted by Patti Burklund

HARMONY COLLEGE NORTHWEST

Mark your calendar for **Harmony College Northwest**, happening June 16-18, 2017 in Tacoma, WA on the beautiful campus of the **University of Puget Sound**. This is one of the premier barbershop educational events in the country. And on top of all that great education, there is so much more: great faculty teaching awesome classes, the opportunity to reconnect with old friends and make new ones, networking opportunities, singing into the wee hours, and amazing coaching, not to mention the FABULOUS Saturday Night Show.

There are nearly a hundred classes for you to pick from: classes for general singers, quartets, singers new to barbershop, and even techno-geeks. There are over 30 classes designed specifically for Directors and Music Team members.

Our headliner quartets will be **Signature** (an up-and-coming favorite quartet in the BHS world) and two of our own SAI International Champion Quartets, **Frenzy** and **Speed of Sound**. Our faculty this summer includes barbershop stars **Jean (the "Queen Maker") Barford, Brian Barford, Ryan Heller, Ron Black, Judy Pozsgay, Raymond Schwarzkopf, Ted Chamberlain**, and many, many more.

Tuition is the same as it was in 2016: Residents, \$215 and Commuters, \$150. Registration will open March 15, 2017.

So mark the date on your calendar: June 16-18, 2017. Come a day early and join the **Arrangers' Workshop** with **Chuck Roegiers** and **Janice Wheeler**. Get your chapter involved and all will reap the benefits! Have your chorus send your director and your music team members! Encourage other chorus members to attend with you. You can even come for chorus coaching. Put Harmony College NW's registration in your personal budget. Bring your quartet for coaching.

See the website, harmonycollege.org for more information. If your family is stumped for your present for Mother's Day gift, let them get you a registration for HCNW. WHAT A DEAL!!!

Submitted by Nancy Kurth

AREA SCHOOLS COMING IN 2018

Area Schools are back! We want to bring education to you. Beginning in August 2018 there will be three to five separate music schools scattered throughout the region. In an effort to bring our educational programming closer to you, we are initiating a new schedule. In odd numbered years we will schedule one big regionwide educational event in the summer (SET). And in even numbered years we will schedule three to five educational events (area schools) scattered throughout the region. We are targeting the second weekend in August for these events so save the date—August 11, 2018 for the area school near you. Your **Education Team** and **Regional Management Team** are committed to bringing more educational opportunities to members and to bringing some of them closer to you!

Submitted by Debra Aungst

SET 2017

Shine with **Bling!** at SET (Summer Enrichment Training) this August. SET is our must-attend annual regionwide music school. There are classes taught by our **Regional Faculty** as well as our 2015 International Queens of Harmony, **Bling!** You can also sign up for PVIs and quartet coaching. Here are the details:

When: Thursday, August 10 – Saturday, August 12

Where: Heathman Lodge, Vancouver, Washington

Registration: Will open May 15. Watch for an eblast and posting on the website.

Lodging: Reservations for the Heathman Lodge will also open May 15. Watch for an eblast and posting on the website.

The **Novice Quartet and VLQ Festival** is on Saturday night! It is for everyone! The novice groups must have at least 50% novices. That means our experienced quartetters can also be a part of a novice group. Don't wait...put together your group now. It's fun!

Submitted by Debra Aungst



A WORD FROM WINK

To our incredible supporters, we are sad to say that **Wink** will not be moving forward (in the current configuration) after 2017 Region 13 contest.

No worries though! As many of you know, things are always changing and life has a way of linking you up with amazing people. **Wink** is a great example of this. We have learned so much during our time together. And although quartets may end or change, the friendships remain. We continue to enjoy our time together during our champion year.

We enjoyed meeting many of you at **Sing Your Part Smart** in Vancouver, WA on February 4! Then on March 18 in Chehalis and April 1 in Tumwater, the super cool **Connie Alward** has agreed to be our stunt bass where we're headlining the **Two Town Tuners** and **Puget Sounders** annual shows! Also, it appears that we'll all be on the Regional stage: look for us in the quartet contest (**Wink** is, at this writing, planning to compete, with **Connie** on bass, and **Susan** is singing with **After Midnight**) and singing with our choruses!

We have been so fortunate to have our time together. Winning Regional and advancing to the International stage was an amazing experience. But most importantly, we can never thank you enough for the overwhelming support and love that you poured over us this last year! That was the greatest gift of all. From the bottom of our hearts we thank you for that.

Submitted by Susan Kegley

REGION 13 PROCEEDS WITH GOVERNANCE PILOT

We are now one step closer to the appointment of our three Regional Executive Directors: Regional Administrative Director, Regional Musical Director, and Regional Membership Director. The Regional Management Team has submitted three names for consideration and confidential appraisal forms have been sent to references for feedback on each candidate. The appointments will be made by the International Leadership Specialists.

Once the Directors are appointed, they will begin to fill their resource staff positions. The Resource Staff Application is available on the Region 13 website. We hope you will consider being part of the regional resource teams. We need all types of positions filled and the more members we have involved, the more successful our region and this pilot program will be. We hope those already in regional appointed positions will continue, but this is a great opportunity for us to expand our resources. No matter how specialized your skills are, they can be utilized at the regional level. Let us hear from you and what you would like to contribute to the continued growth of the programs and members in Region 13.

Submitted by Nancy Kurth

QUARTET WORKSHOP WITH BLING!

Calling all quartets, in-between quartetters, want-to-be quartetters, and thinking-about-if-I-want-to-be-a-quartetters! Put Sunday, August 13, 2017 on your calendar. You won't want to miss it!

Our 2015 International Champion Quartet, **Bling!** is our Guest Faculty for SET this year. And they have agreed to stay over an extra day to be our faculty for a mini Quartet Workshop Sunday morning following the end of SET (Summer Enrichment Training). During SET (August 10-12), quartet coaching by our **Regional Faculty** is available. And there will also be lots of great classes that are valuable for quartets during SET. But our time on Sunday morning will specifically target quartetting. You can register for just SET or just the Quartet Workshop. We hope you will choose both. More information will be available on the Regional website in April.

Submitted by Debra Aungst

NEW CERTIFICATION—HARMONY 500 DIRECTOR

The Judge Specialists and the Education Direction Committee (EDC) have developed a new Directors Certification Program level! Starting in 2017, directors who score at least 500 points at regional competition for the first time, and who have already achieved the level of Certified, are eligible for the advancement of Harmony 500 Director.

Submitted by Nancy Kurth

REGIONAL FACULTY PROGRAM

NEW: We are recruiting for new **Regional Faculty**. Would you like to explore the possibility of joining the faculty? Do you have some experience but need an opportunity to get some training or mentoring before you feel you are ready? Contact **Education Coordinator** [Debra Aungst](#) to get more information about how to join our elite Regional Faculty. Don't wait. You want to get started in time to participate in our first ever **Faculty Retreat**, targeted for May.

CURRENT: If you are currently a member of the Regional Faculty, watch your email in the coming weeks. You will be receiving more information about the unveiling of our new Regional Faculty Program. Our first ever Faculty Retreat is in the planning stages. We hope to have it scheduled for mid to late May. Many, many thanks for all you contribute to the Region. Your selfless gift of your time and sharing your expertise is so appreciated!

Submitted by Debra Aungst

DIRECTOR CERTIFICATION PROGRAM TESTING

There will be an opportunity for DCP candidates to test at **Regional Convention** in April. DCP Coordinator Judy Beckman announces the testing will take place on Thursday, April 27, from 3:00 to 4:00 p.m. (Location TBA.) Candidates who wish to test during that time should [email](#) or call Judy 504-493-2006. Be prepared to list which tests you are likely to want to take to assure that she has enough test copies on hand.

Testing will also be offered at **Harmony College Northwest** in June and at **SET** in August.

Submitted by Judy Beckman

SCHOLARSHIP APPLICATIONS DUE MAY 15

Are you interested in financial assistance with your registration to an upcoming educational event? What about some financial help covering the cost of SAI educational materials or tools? Just submit an application outlining your request. Our next application deadline is not until May 15. But you don't need to wait until the application deadline. You can submit your application at any time. All applications received by May 15 will be considered in this next round. Scholarships will be awarded soon thereafter. If you miss this window, there is another round for consideration next spring.

How to get an application: Just log into the Members Only site on the Regional [website](#). From there go to the 'Documents' tab and select the 'Forms, Downloads and Miscellaneous Information' box. Then click on the 'Education Scholarship Information and Application' link to access the application form. All the submission directions are included on the form. The direct link is [here](#).

Please remit your application to [Debra Aungst](#), Education Coordinator no later than May 15. You can submit it by email or by snail mail.

Submitted by Debra Aungst

REGION 13 CHORUS CHATTER

a cappella Joy Chorus

a cappella Joy is pleased to announce the lineup for their Fall Show. Headlining the show will be our own 2017 Queens of Harmony, **Frenzy**, along with the 2006 Barber-shop Harmony Society International Quartet winners, **Vocal Spectrum**. You can find more information about Vocal Spectrum [here](#). In addition, AJoy will also be performing in preparation for the International Competition in Las Vegas in October. Location and times for the fall show are being finalized but we encourage everyone to put Saturday, September 23 on their calendars now. You won't want to miss it! For more information, email [Arlene](#).

Submitted by Arlene Blackmer

Cascade Harmony Chorus

Cascade Harmony Chorus was busy this past quarter! November 12th was our annual show, "**Nice 'n' Easy**," an homage to Frank Sinatra, and it was a rousing success. **Speed of Sound** was our guest quartet and the audience loved them! Our show was the only West Coast appearance for SOS this past year and we consider ourselves very fortunate to have been able to enjoy them at our show.

In late November we formed a Christmas Chorus made up of current, former, and guest members and sang around the Portland area throughout the Christmas season.

We do this annually and everyone enjoys the community outreach and the bonds of friendship made and strengthened over the holidays.

We also have been working on goal setting plans for this year, after a visit from **Debra Aungst** in September. This effort is still in process but we are currently stressing how to sing with resonance and unit sound. Our section leaders are scheduling PVI sessions with each member so we ensure that everyone gets the vocal instruction specific to their individual needs.

Our annual retreat was held the first weekend in February at our favorite retreat center east of Salem, with **Tim McCormic** as our esteemed coach this contest season. Our Charades game, White Elephant exchange, and Karaoke into the wee hours on Saturday night were great fun after our hard work all day Saturday.

Finally, we want to acknowledge our master director, **Sandy Cahill**, who has been serving on the Region 13 Management Team this year as the Directors Coordinator. Sandy is honored to be a member of the RMT and is very grateful to all the talented women who dedicate their time and energies to making Region 13 the force it has become.

See you in Spokane!!

Submitted by Gail Shelton

REGIONAL EVENTS

MARCH

March 2-11: Alaska Sound Celebration Fur Rondy Melodrama Join Alaska Sound Celebration for a popcorn-throwing, booing hissing good time! Anchorage, AK every Thursday, Friday, Saturday, and Sunday February 24-March 11

March 7, 14, and 21: Pacific Sound Chorus Open House Pacific Sound invites women of all ages and singing abilities to our Open House nights Tuesday nights. Receive eight weeks of complimentary vocal education.

March 18: Young Women in Harmony Festival in Pasco, WA with faculty Lucy Heinkel and Kris Pederson

March 24-26: All-Northwest Barbershop Quartet Contest formerly known as the Forest Grove Ballad Contest, featuring BHS 2016 International Quartet Champion Flipside!

[Click here to see more upcoming regional events!](#)

CHORUS CHATTER CONTINUES...

Coeur d'Alene Chorus

The Coeur d'Alene Chorus held a retreat on January 20-21 at the Ross Point Camp and Conference Center in Post Falls. After getting settled in on Friday evening, we met in the dining room for the first of the excellent family-style meals served by this facility. A variety show was held after dinner, with roommates assigned to present something entertaining in a format of their choice. There were some very creative skits and songs that kept us laughing. The rest of the evening was relaxation time. Some spent the time resting in their rooms, and others participated in soothing activities such as aromatherapy, foot soaks, facials, and leg massages. On Saturday we focused on vocal development; specifically, working toward a more unified group sound. Sally Wallace, our in-house coach, led us in vocal exercises to increase this skill, and later in the day we had PVIs in small groups that worked on blending sound. A discussion of showmanship was also worked into the busy day that ended before dinner. This 24-hour event was a well-received opportunity for us to get better acquainted with each other in a beautiful, inspiring location, and we are talking about making it an annual event.

Submitted by Karen Claridge

Northwest Harmony Chorus

Northwest Harmony Chorus had a festive holiday season, with a dozen guests singing with us for our annual Christmas Chorus. We performed our sixteen song holiday repertoire at eight different venues, including the **Grotto** in Portland. Our annual Christmas party fed all of our spirits and bodies, with song and food.

2017 marks twenty years since Northwest Harmony Chorus began, so a party was called for. All past and present members were invited, and about 100 ladies came! We enjoyed a

lovely spread of delicious food, music from some of our quartets, and the chorus sang, of course. **Kathy Scheel** was invited to direct "Can You Feel the Love Tonight"—a song from when she was the director of NWH. A lively ice-breaker game gave us a chance to get to know each other better in just a few minutes, with funny questions like, "Did you ever ride a horse?" A slide show on the wall highlighted the fun and faces from the past. Also, a memorial table reminded us of the ones who have left us, and we shared a moment of silence in their memory.



Northwest Harmony Chorus contest photo 1999

We travelled through time as our director, **Nancy Kurth**, invited members to come up, starting with the very first charter members. As she read off the accomplishments of our chorus over the years, our regional medals and going to International, the stage filled with more and more faces. It was a wonderful moment to celebrate our accomplishments and friendships, and to give new members a glimpse of our history.

After a few weeks of holiday hiatus, we were back on the risers in high gear, getting ready for contest in April! **Beth Smith** gave us a workout of a coaching session in January, and on February 4 we hosted **Sing Your Part Smart**, an all-day seminar with **Wink!**, Region 13's first place quartet in 2016. We look forward to seeing everyone in April!

Submitted by Claudia Jamison

REGIONAL MANAGEMENT TEAM



Team Coordinator
Nancy Kurth
503-524-0522
team@sairegion13.org



Communications Coord.
Diane Lee
425-246-9898
communications@sairegion13.org



Directors Coordinator
Sandy Cahill
503-515-8100
directors@sairegion13.org



Education Coordinator
Debra Aungst
253-942-3841
education@sairegion13.org



Events Coordinator
Judy Galloway
541-490-2481
events@sairegion13.org



Finance Coordinator
Danie Stiles
425-488-8211
finance@sairegion13.org



Marketing Coordinator
Jo Sahlin
208-964-1855
marketing@sairegion13.org



Membership Coordinator
Sharon Stockstad
406-431-5039
membership@sairegion13.org



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quichok@gmail.com

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Send articles to Grace Rawsthorne
g_rawsthorne@hotmail.com.

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Check us out on the web: sairegion13.org

MORE CHORUS CHATTER Pride of Portland

We'll say, "G'Day Mates" on Sunday, February 19 in New Zealand. We had our final rehearsal for **Pride Kiwis and Kiwi Mates** and are ready and roaring to sing with our New Zealand sisters. One interesting note is that we leave here on Friday afternoon Feb. 17 (which is Sat., Feb. 18 in New Zealand) and land in Auckland Sunday morning Feb. 19 (which is Sat., Feb. 18 in Portland). We have a Pride Kiwi whose birthday is February 18 – sorry Gwen, you don't get a birthday this year! We'll be back home on Saturday, March 4 with lots of good stories, pictures, new friends, and wonderful memories to write about after we return.

Now we turn to preparation for Regional in Spokane. We are delighted to welcome **Erin Howden** to coach us on Sunday, April 2 from 2 p.m. to 9 p.m. As always, guests are welcome to come to our coaching sessions. For more information, visit our [website](#).

Other upcoming events include our **Friends and Family Show**, April 19, and our 3rd Annual **Spring Fete**, June 3.

Submitted by Margie Talley

FUN SWEET ADELINES FACT!

Did you know? Sweet Adelines International has 21,856 members in 18 countries around the world.

Country	Members	Country	Members
Australia	1,387	Malaysia	1
Belgium	1	Netherlands	92
Denmark	1	New Zealand	701
England	582	Scotland	218
Finland	36	Spain	3
France	2	Sweden	902
Germany	56	United Kingdom	352
Italy	1	Canada	2,130
Japan	64	United States	15,327

Submitted by Nancy Kurth